

Spring Term 2027		Autumn Term 2026		Summer Term 2026	
4 JAN	WK 1	1 SEPT	WK 1	13 APR	WK 1
11 JAN	WK 2	7 SEPT	WK 2	20 APR	WK 2
18 JAN	WK 3	14 SEPT	WK 3	27 APR	WK 3
25 JAN	WK 1	21 SEPT	WK 1	4 MAY	WK 1
1 FEB	WK 2	28 SEPT	WK 2	11 MAY	WK 2
8 FEB	WK 3	5 OCT	WK 3	18 MAY	WK 3
15 FEB - HALF TERM		12 OCT	WK 1	25 MAY - HALF TERM	
22 FEB	WK 2	19 OCT	WK 2	1 JUN	WK 2
1 MAR	WK 3	26 OCT - HALF TERM		8 JUN	WK 3
8 MAR	WK 1	2 NOV	WK 1	15 JUN	WK 1
15 MAR	WK 2	9 NOV	WK 2	22 JUN	WK 2
22 MAR	WK 3	16 NOV	WK 3	29 JUN	WK 3
		23 NOV	WK 1	6 JUL	WK 1
		30 NOV	WK 2	13 JUL	WK 2
		7 DEC	WK 3		
		14 DEC	WK 1		

Menu calendar



Free School Meals

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Our menus

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biodiesel for use as vehicle fuel or for power and energy generation.

Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.

Some of our menu choices are developed with children through the Eatwell Project.

All of our suppliers ensure full traceability of our Food.

We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.

We Oven Bake in preference to Frying.

We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

MEADOWS

Aspire • Grow • Flourish

April 2026 to March 2027

V Vegetarian
 Ve Vegan
 H Halal

Making Meadows Magnificent

Week 1

Week 2

Week 3



Sandwich Bar Monday

Pizza Bar – Cheese and Tomato Pizza V with a selection of toppings including Ham, Pineapple V, Peppers V, Sliced Onions V, Sweetcorn V

Baked New Potatoes, Baby Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Strawberry or Chocolate Mousse

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Tuesday

Chicken Goujons Farm Assured Chicken in Natural Bread Crumbs served with BBQ or Curry sauce

Quorn Dippers served with BBQ or Curry Sauce V

Boiled Rice, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruity Jelly or Peach and Yoghurt Cake

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Wednesday

Roast of the Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Filled Yorkshire Pudding Roasted Vegetable and Mixed Beans in a Yorkshire Pudding V

Roast Potato, Creamed Potato, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Baked Apple with Fruit or Fruit Crumble or Fruit and Custard

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Thursday

Handmade Sausage Roll Farm Assured Pork Sausage wrapped in Puff Pastry

Cheese and Onion Roll Creamed Potato, Cheese and Onion wrapped in Puff Pastry V

Diced Potatoes, Cauliflower, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Muffins or Banana Muffin

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Friday

Salmon Star Fish MSC Salmon and Mashed Potatoes seasoned in a Crispy Crumb or **Battered Fish** White fillet of Fish coated in a Light Batter

Frittata A selection of fresh Vegetables and Potatoes baked in a Savoury Egg Custard V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar

Available daily by pre order

Sandwich Bar Monday

Beef Burger Farm Assured Minced Beef Pattie in a Floured Bap

Vegetable stuffed Mushroom Burger in a floured Bap V

Potato Wedges, Sweetcorn, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Tuesday

It's a wrap! Soft Tortilla Wrap with a selection of fillings including Mild Spicy Chicken, Tuna and Sweetcorn, Cheese and BBQ Beans V

Vegetable Croquettes V

Mixed Vegetable Rice or Couscous, Big Salad Bar, Wholemeal Bread and White Bread

Chocolate Crunch or Red Velvet Muffin

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Savoury Muffin A light and fluffy Muffin with Cheese, Vegetables and a hint of Herbs V

Roast Potatoes, Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruity Biscuit Selection

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Thursday

Beef Lasagne Farm Assured Minced Beef, layered with Pasta Sheets and topped with a Chef's Bechamel Sauce

Macaroni Cheese Macaroni Pasta in a Chef's Cheese Sauce V

Broccoli, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Jelly and Cream or Peach and Yoghurt Cake

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar Friday

Jumbo Fish Finger White fillet of Fish coated in Breadcrumbs or **Battered Fish** White fillet of Fish coated in a Light Batter

Fishless Fish Finger V

Chips, Sweetcorn, Mushy Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Flourishing Fruit Salad

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Monday

Pizza Bar – Cheese and Tomato Pizza V with a selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V

Baby New Potatoes, Garden Peas, Baby Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry Mousse

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Tuesday

Jacket Potatoes with a selection of fillings including Mild Beef Chilli, Chicken Curry, Tuna and Sweetcorn V, Cheese V, Beans V,

Sweetcorn, Big Salad Bar, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruity Crumble and Custard or Lemon and Mandarin Cake and Custard

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Roasted Vegetable Parcel V

Roast Potatoes, Creamed Potatoes, Carrot Batons, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar Thursday

Pork Meatballs served with Gravy or a Tomato Sauce

Vegetable and Mixed Bean Pasta Bake V

Pasta Twists or Vegetable Rice, Cauliflower, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Shortbread or Banana Muffin

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Chip Shop Friday

Battered Fish White fillet of Fish coated in a Light Batter or **Jumbo Fish Finger** White fillet of Fish coated in Breadcrumbs

Vegetarian Nuggets V

Chips, Herby Couscous, Garden Peas, Mushy Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruity Flapjack or Flourishing Fruit Salad

Early Years options: Fresh Fruit or Cheese and Crackers or Fruit and Yoghurt

Sandwich Bar



Fresh Fruit available daily.
 All items subject to availability.

