

# OUR INGREDIENTS

Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.**

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



# FREE SCHOOL MEALS

## DID YOU KNOW?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

[www.telford.gov.uk/freeschoolmeals](http://www.telford.gov.uk/freeschoolmeals)

Spring Term 2027		Autumn Term 2026	
4 JAN	WK 1	1 SEPT	WK 1
11 JAN	WK 2	7 SEPT	WK 2
18 JAN	WK 3	14 SEPT	WK 3
25 JAN	WK 1	21 SEPT	WK 1
1 FEB	WK 2	28 SEPT	WK 2
8 FEB	WK 3	5 OCT	WK 3
15 FEB - HALF TERM		12 OCT	WK 1
22 FEB	WK 2	19 OCT	WK 2
1 MAR	WK 3	26 OCT - HALF TERM	
8 MAR	WK 1	2 NOV	WK 1
15 MAR	WK 2	9 NOV	WK 2
22 MAR	WK 3	16 NOV	WK 3
29 JUN	WK 3	23 NOV	WK 1
6 JUL	WK 1	30 NOV	WK 2
13 JUL	WK 2	7 DEC	WK 3
		14 DEC	WK 1

## Menu calendar

# OUR MENUS



**£2.50**  
SCHOOL MEAL PRICE

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

**Download your copy at** [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



Protect, care and invest to create a better borough



# TIBBERTON CE PRIMARY SCHOOL

## SCHOOL MENU

**Let's Dine**  
April 2026 to March 2027



V Vegetarian  
 Ve Vegan  
 H Halal

# WEEK 1

BE COMPASSIONATE

# WEEK 2

BE HONEST

# WEEK 3

## MONDAY

**Meatballs** *Gluten Free Pork Meat Balls in a Chef's Tomato Sauce*  
**Macaroni Cheese** *Macaroni Pasta in a Creamy Cheese Sauce* **V**  
**Pasta Twists, Broccoli, Batton Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread**  
 Banana Muffin

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## TUESDAY

**Handmade Chicken Dunkers** *Farm Assured Chicken in Natural Breadcrumbs*  
**Quorn Dunkers** *Tender Quorn pieces in a Light Batter and Oven Baked* **V**  
**Potato Smiles, Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## WEDNESDAY

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*  
**Vegetarian Filled Yorkshire Pudding** *Seasonal Vegetables and Mixed Beans in a Tomato Sauce with a Yorkshire Pudding* **V**

**Roast Potatoes, New Potatoes, Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread**  
 Chocolate and Pear Cake with Custard

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## THURSDAY

**Big Breakfast** *Farm Assured Sausage, Free Range Scrambled Egg, Baked Beans*  
**Vegetarian Sausage, Scrambled Egg** **V**

**Hash Browns, Plum Tomatoes, Sliced Mushrooms, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## FRIDAY

**Battered Fish** *White fillet of Fish coated in a Light Batter*  
**Cheese and Tomato Pasta Bake** **V**  
**Chips, Couscous, Garden Peas, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread**  
 Lemon and Mandarin Cake

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## MONDAY

**Beef Bolognese** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*  
**Cheese and Potato Puff** *Creamed Potato and Grated Cheese in Puff Pastry* **V**

**Pasta Twists, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**  
 Peach and Yoghurt Cake

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## TUESDAY

**Chicken Curry** *Farm Assured Diced Chicken in a Chef's Curry Sauce*

**Cheese and Tomato Pizza** *Grated Cheese and Tomato on a Thin and Crispy Pizza Base* **V**

**Boiled Rice, Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## WEDNESDAY

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Vegetable Crumble** *Roasted Seasonal Vegetables and Beans in a Chefs Tomato Sauce with a Crumble topping* **V**

**Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## THURSDAY

**Hot Dogs** *Farm Assured Pork Sausage in a Soft Finger Roll*  
**Quorn Hot Dogs** *Quorn Sausage in a Soft Finger Roll* **V**

**Jacket Wedges, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Chocolate and Pear Cake with Chocolate Sauce**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit



## FRIDAY

**Battered Fish** *White fillet of Fish coated in a Light Batter* or **Salmon Fish Star** *MSC Salmon and Mashed Potato seasoned within a Crispy Crumb*

**Vegetable Pasta Bake** *Vegetables, Mixed Beans and Pasta Twists in a Chefs Tomato Sauce* **V**

**Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Lemon and Mandarin Cake**  
**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Fresh Fruit available daily. All items subject to availability.

## MONDAY

**Pizza Bar – BBQ Chicken Pizza or Cheese and Pineapple Pizza** **V**, **Cheese and Tomato Pizza** **V**  
**Jacket Wedges, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Banana Muffin**  
**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## TUESDAY

**BBQ or Sweet and Sour Chicken** *Chicken Pieces served with a Chefs BBQ or Sweet and Sour Sauce*  
**Quorn Dunkers** *Quorn Pieces served with a Chefs BBQ or Sweet and Sour Sauce* **V**

**Pasta Twists or Noodles, Cauliflower, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## WEDNESDAY

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Vegetarian Filled Yorkshire Pudding** *Seasonal Vegetables and Mixed Beans in a Tomato Sauce with a Yorkshire Pudding* **V**

**Roast Potatoes, Creamed Potato, Cabbage, Green Beans, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Carrot Cake**  
**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## THURSDAY

**Beef Bolognese** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*  
**Vegetable Bolognese** *Seasonal Vegetables, Pasta Twists and Mixed Beans in a Tomato Sauce* **V**

**Pasta Twists, Tomatoes, Mushroom, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## FRIDAY

**Battered Fish** *White fillet of Fish coated in a Light Batter*  
**Cheese and Tomato Pasta Bake** *Pasta Twists in a Chef's Tomato Sauce topped with Grated Cheese* **V**

**Chips, Couscous, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Fruit Muffins**  
**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

BE COURAGEOUS

BE THANKFUL



BEING THE BEST WE CAN BE BECAUSE WITH GOD ALL THINGS ARE POSSIBLE.