

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



Free School Meals DID YOU KNOW?

Menu calendar

Summer Term 2025	28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Autumn Term 2025	5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
	12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
	19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
26 MAY - HALF TERM	26 MAY	WK 2	29 SEPT	WK 2	2 FEB	WK 2
	2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
	9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
	16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
	23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
	30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
	7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
	14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
	21 JUL	WK 1	24 NOV	WK 1		
	28 JUL	WK 2	1 DEC	WK 2		
	4 AUG	WK 3	8 DEC	WK 3		
	11 AUG	WK 1	15 DEC	WK 1		
	18 AUG	WK 2	22 DEC	WK 2		
	25 AUG	WK 3	29 DEC	WK 3		
	1 SEPT	WK 1	5 JAN	WK 1		
	8 SEPT	WK 2	12 JAN	WK 2		
	15 SEPT	WK 3	19 JAN	WK 3		
	22 SEPT	WK 1	26 JAN	WK 1		
	29 SEPT	WK 2	2 FEB	WK 2		
	6 OCT	WK 3	9 FEB	WK 3		
	13 OCT	WK 1	16 FEB - HALF TERM			
	20 OCT	WK 2	23 FEB	WK 2		
	27 OCT - HALF TERM		2 MAR	WK 3		
	3 NOV	WK 1	9 MAR	WK 1		
	10 NOV	WK 2	16 MAR	WK 2		
	17 NOV	WK 3	23 MAR	WK 3		
	24 NOV	WK 1				
	1 DEC	WK 2				
	8 DEC	WK 3				
	15 DEC	WK 1				

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)

Universal Credit - your household income must be less than £7,400

www.telford.gov.uk/treeschoolmeals

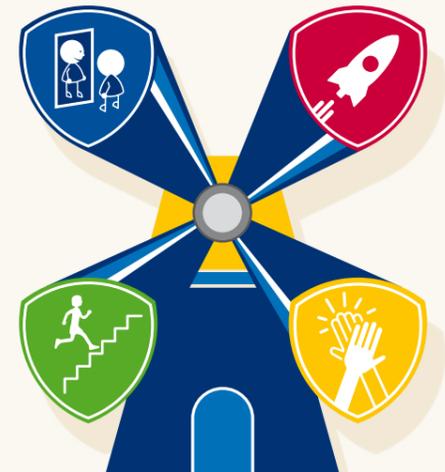
All information correct at the time of going to print

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine Primary School Menu

April 2025 to March 2026

Download your copy at www.telford.gov.uk/schoolmeals



DESIGNED by the children for the children

Our menus

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



- V Vegetarian
- Ve Vegan
- H Halal

A school where we **IGNITE** something inside children which will grow and flourish

Week 1



Week 2



Week 3

Sandwich Bar Monday

Chicken Dunkers *Farm Assured Chicken coated in Breadcrumbs*

Quorn Nuggets **V**

Magic Windows, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Mousses

Sandwich Bar Tuesday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

Boiled Rice, Squeaky Beans, Sweetcorn, Seasonal Salad Selection, Bread

Flapjack



Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn pieces in a Rich and Tasty Gravy **V**

Mashed Potato, Roast Potatoes, Yorkshire Pudding, Broccoli, Carrot, Garden Peas, Seasonal Salad Selection, Bread

Assorted Muffins

Sandwich Bar Thursday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg **V**

Hash Browns, Mushrooms, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread

Chefs' choice of Dessert

Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs or Fishcake*

Stuffed Jacket Potatoes **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar Monday

Pork Sausages *Farm Assured Pork Sausages*

Quorn Sausage **V**

Mash Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar Tuesday

Cheese and Tomato Pizza **V**

Quorn with a Chef's BBQ Sauce **V**

Magic Windows, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn fillet with a Rich and Tasty Gravy **V**

Mash Potato, Roast Potatoes, Yorkshire Pudding, Broccoli, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Available daily by pre order

Sandwich Bar Thursday

BBQ Chicken and Wedges Bake *Farm Assured Chicken with a Chef's BBQ Sauce on a bed of Potato Wedges*

Cheese and Potato Pie *Creamed Potato and Grated Cheese in a Short crust Pastry Case* **V**

Pasta Twists, Sweetcorn, Roasted Peppers, Big Salad Bar, Bread

Iced Sponge



Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger White fillet of fish coated in breadcrumbs*

Stuffed Peppers **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chefs' choice of Dessert



Sandwich Bar Monday

Beef and Tomato Meatballs *served with a Rich Tomato Sauce or Rich and Tasty Gravy*

Quorn Balls **V**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar Tuesday

Cowboy Pie *Farm Assured Pork Sausage, Baked Beans and Creamed Potato*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

Farmhouse Vegetables, Big Salad Bar, Bread

Chocolate Brownie

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Lightly Spiced Quorn Mince *served in a Roasted Pepper* **V**

Mashed Potato, Roast Potatoes, Broccoli, Carrot, Peas, Seasonal Salad Selection, Bread

Assorted Shortbread Biscuits

Sandwich Bar Thursday

Sausage Roll

Vegetarian Sausage **V**

Potato Waffles, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chefs' choice of Dessert

Sandwich Bar Friday

Windmill Chippy Day – Battered Fish *White fillet of fish coated in a light batter or Pork Sausage Farm Assured Pork Sausage*

Vegetarian Burger **V**

Chips, Couscous, Curry Sauce, Gravy, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread

Cookie Selection



FUN FOOD FACTS

Potatoes were the first vegetable to be grown in space and a pomegranate can hold up to 1400 seeds!

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.