

14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2025 TO MARCH 2026

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Gluten Free Meatballs *Farm Assured Meatballs served with a Chef's Sauce*

Vegetarian Meatballs *served with a Chef's Sauce* V

Diced Potatoes, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Fruit Crumble and Custard or Summer Mousses

Wednesday

Big Breakfast *Farm Assured Pork Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns or Potato Waffles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce* or **Cottage Pie with a Mini Yorkshire Pudding**

Vegetarian Cottage Pie *Seasonal Vegetables and Mixed Beans with a Creamed Potato topping* V

Pasta Twists, Couscous, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Fruity Flapjack

Thursday

Jumbo Fish Finger *served with a choice of Sauces* or **Fish Cake**

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V or **Tomato Pasta Bake** V

Chips, Couscous, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Iced Buns

Friday

Beef Burgers *Farm Assured Minced Beef Burgers*

Veggie Burger V

Diced Potatoes

Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Brownies

Week 2

Monday

Toad in the Hole *Farm Assured Pork Sausage with a Yorkshire Pudding and Rich and Tasty Gravy*

Cheese and Potato Bake *Creamed Potato and Grated Cheese topped with Sliced Tomato* V

Creamed Potato, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Flapjack

Thursday

Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Vegetarian filled Yorkshire Pudding *Seasonal Vegetables and Mixed Beans in a Chef's Sauce served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Cookie Selection

Tuesday

Wrap Day – Choose from a Selection of filled Wraps to include **Ham, Tuna, Egg** V, **Cheese** V

Diced Potatoes, Big Seasonal Salad Selection to include Coleslaw, Potato Salad, Pasta Salad, Bread

Fruit Crumble and Custard or Muffin Selection



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Wednesday

Big Breakfast *Farm Assured Pork Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Friday

Chicken Dunkers *Farm Assured Chicken* or **Jumbo Fish Finger** *served with a choice of sauces*

Quorn Dunkers *Quorn pieces coated in a light batter and served with a choice of sauces* V

Chips, Couscous, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Muffin Selection

Week 3

Monday

Ham and Pineapple Pizza

Cheese and Tomato Pizza V

Pasta Twists, Big Seasonal Salad Selection, Bread

Muffin Selection

Tuesday

Chicken Curry *Farm Assured Diced Chicken in a Chef's Curry Sauce* or **Sweet and Sour Chicken** *Farm Assured Chicken in a Chef's Sweet and Sour Sauce*

Vegetarian Curry *Seasonal Vegetables and Mixed Beans in a Chef's Curry Sauce* V or **Pasta Neapolitan** V

Boiled Rice, Carrots, Cauliflower, Seasonal Salad Selection, Bread, Pitta Bread Finger

Fruit Crumble and Custard or Golden Shortbread

Thursday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* or **Fish Cake**

Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Cookie Selection

Friday

Chicken Burger

Vegetarian Burger V

Chips, Couscous, Selection of Seasonal Vegetables, Seasonal Salad Selection, Bread

Jelly and Angel Delight

Wednesday

Big Breakfast *Farm Assured Pork Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns or Potato Waffles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Selection of Mousses

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.