

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



Free School Meals

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to re-apply to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until the end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

| Spring Term 2027 | | Autumn Term 2026 | |
|--------------------|------|--------------------|------|
| 4 JAN | WK 1 | 1 SEPT | WK 1 |
| 11 JAN | WK 2 | 7 SEPT | WK 2 |
| 18 JAN | WK 3 | 14 SEPT | WK 3 |
| 25 JAN | WK 1 | 21 SEPT | WK 1 |
| 1 FEB | WK 2 | 28 SEPT | WK 2 |
| 8 FEB | WK 3 | 5 OCT | WK 3 |
| 15 FEB - HALF TERM | | 12 OCT | WK 1 |
| 22 FEB | WK 2 | 19 OCT | WK 2 |
| 1 MAR | WK 3 | 26 OCT - HALF TERM | |
| 8 MAR | WK 1 | 2 NOV | WK 1 |
| 15 MAR | WK 2 | 9 NOV | WK 2 |
| 22 MAR | WK 3 | 16 NOV | WK 3 |
| 29 JUN | WK 3 | 23 NOV | WK 1 |
| 6 JUL | WK 1 | 30 NOV | WK 2 |
| 13 JUL | WK 2 | 7 DEC | WK 3 |
| 20 APR | WK 2 | 14 APR | WK 2 |
| 27 APR | WK 3 | 21 APR | WK 3 |
| 4 MAY | WK 1 | 28 APR | WK 1 |
| 11 MAY | WK 2 | 5 MAY | WK 2 |
| 18 MAY | WK 3 | 12 MAY | WK 3 |
| 25 MAY - HALF TERM | | 19 MAY | WK 1 |
| 31 MAY | WK 1 | 26 MAY | WK 2 |
| 7 JUN | WK 2 | 1 JUN | WK 2 |
| 14 JUN | WK 3 | 8 JUN | WK 3 |
| 21 JUN | WK 1 | 15 JUN | WK 1 |
| 28 JUN | WK 2 | 22 JUN | WK 2 |
| 5 JUL | WK 3 | 29 JUN | WK 3 |

Menu calendar



Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine Primary School Menu

April 2026 to March 2027

Download your copy at www.telford.gov.uk/schoolmeals



Our menus



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



V Vegetarian
Ve Vegan
H Halal

'Aiming high, growing dreams'

Week 1



Week 2



Week 3



Sandwich Bar

Monday

Cheese and Tomato Pizza or Chicken Pizza or Halal Chicken **H**
Cheese and Tomato Pizza **V H**
Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread
School Cake
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Mild Chicken Tikka Masala *Farm Assured Chicken* or Mild Chicken Tikka Masala *Tender pieces of Chicken in a Chef's Masala Sauce* **H**
Chickpea Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V H**
Savoury Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread
Jelly with a Swirl of Cream
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Wednesday

Roast Beef and Yorkshire Pudding with a Rich and Tasty Gravy *Farm Assured Sliced Meat* or Roast Chicken and Yorkshire Pudding with a Rich and Tasty Gravy **H**
Vegetable and Bean Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* **V H**
Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Cabbage, Seasonal Salad Selection, Wholemeal Bread
Vanilla Ice Cream
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Beef Burger *Farm Assured Minced Beef Burger with a Cheese Slice in a Soft Bread Roll* or Lamb Burger *Lamb Burger with a Cheese Slice in a Soft Bread Roll* **H**
Vegetarian Burger with a Cheese Slice in a Soft Bread Roll **V**
Potato Smiles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Lemon Drizzle Cake
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Friday

Fish Finger *White fillet of Fish coated in Breadcrumbs* **H** or Fishcake *MSC Salmon and Mashed potatoes with seasoning coated in a crispy crumb* **H**
Cauliflower and Broccoli Bake *Cauliflower and Broccoli Florets in a Chef's Creamy Cheese Sauce* **V**
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate Brownie
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers



Sandwich Bar

Monday

Big Breakfast *Farm Assured Pork Sausage or Pattie, Free Range Scrambled Egg*
Vegetarian Sausage *Savoury, meat-free Sausage* **V H**
Potato Waffles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal Bread
Crispy Cornflake Cakes
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Taco Day – a Taco with a choice of filling including Tomato Chicken **H**, Chilli Beef **H**, BBQ Mixed Beans **V H**
Cheese and Mixed Beans **V**
Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread
Golden Shortbread
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Wednesday

Traditional Roast of the Day with a Rich and Tasty Gravy *Farm Assured Sliced Meat* or Roast Chicken with a Rich and Tasty Gravy **H**
Mixed Bean and Vegetable Yorkshire *Mixed beans and Roasted Seasonal Vegetables encased in Yorkshire Pudding* **V H**
Creamed Potato, Roast Potatoes, Carrots, Garden Peas, Broccoli, Seasonal Salad Selection, Bread
Vanilla Ice Cream
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Spaghetti Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce* or Halal Spaghetti Bolognese *Halal Minced Beef in a Chef's Rich Tomato Sauce* **H**
Vegetable and Bean Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* **V H**
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread
Fruit Cheesecake
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Designed by



We hope you enjoy our new menu!

Sandwich Bar

Friday

Fish Finger *White fillet of Fish coated in Breadcrumbs* or Battered Fish *White fillet of Fish coated in a Light Batter* **H**
Cheese Flan *Pastry case filled with savoury Cheese Custard* **V H**
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread
Fruit Muffins
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Monday

Mild Chicken Tikka Masala *Farm Assured Chicken* or Mild Chicken Tikka Masala *Tender pieces of Chicken in a Chef's Masala Sauce* **H**
Chickpea Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V H**
Savoury Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Bread
School Cake
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Chicken Nuggets *Farm Assured Chicken Strips coated in Breadcrumbs served with BBQ or Chilli Sauce* or Chicken Nuggets **H**
Quorn Dunkers **V H**
Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate Sponge and Custard
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Wednesday

Roast Beef and Yorkshire Pudding with a Rich and Tasty Gravy *Farm Assured Sliced Meat* or Roast Chicken and Yorkshire Pudding with a Rich and Tasty Gravy **H**
Vegetable and Bean Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* **V H**
Creamed Potato, Roast Potatoes, Cabbage, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread
Jelly with a Swirl of Cream
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Pasta and Jacket Potato Day with a selection of fillings including Bolognese, Cheese and Beans **V**
Tomato and Roasted Vegetables *Roasted Vegetables and Mixed Beans in a Rich Tomato Sauce* **V H**
Jacket Potato, Pasta, Seasonal Vegetable Selection, Big Seasonal Salad Selection, Bread
Cookie Selection
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Friday

Fish Finger *White fillet of Fish coated in Breadcrumbs* **H** or Battered Fish *White fillet of fish coated in a Light Batter* **H**
Cheese Flan *Pastry case filled with savoury Cheese Custard* **V H**
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread
Vanilla Ice Cream
Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Available daily by pre order



Fresh Fruit available daily. All items subject to availability.

