

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



FREE SCHOOL MEALS

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit

Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit

- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

www.telford.gov.uk/freeschoolmeals

14 JUL	WK 3	15 DEC	WK 1
7 JUL	WK 2	8 DEC	WK 3
30 JUN	WK 1	1 DEC	WK 2
23 JUN	WK 3	24 NOV	WK 1
16 JUN	WK 2	17 NOV	WK 3
9 JUN	WK 1	10 NOV	WK 2
2 JUN	WK 3	3 NOV	WK 1
26 MAY - HALF TERM		27 OCT - HALF TERM	
19 MAY	WK 1	20 OCT	WK 2
12 MAY	WK 3	13 OCT	WK 1
5 MAY	WK 2	6 OCT	WK 3
28 APR	WK 1	29 SEPT	WK 2
21 APR	WK 3	22 SEPT	WK 1
14 APR	WK 2	15 SEPT	WK 3
7 APR	WK 1	8 SEPT	WK 2
31 MAR	WK 3	1 SEPT	WK 1
24 MAR	WK 2		
17 MAR	WK 1		
10 MAR	WK 3		
3 MAR	WK 2		
26 FEB	WK 1		
19 FEB	WK 3		
12 FEB	WK 2		
5 FEB	WK 1		
29 JAN	WK 3		
22 JAN	WK 2		
15 JAN	WK 1		
8 JAN	WK 3		
1 JAN	WK 2		
25 DEC	WK 1		
18 DEC	WK 3		
11 DEC	WK 2		
4 DEC	WK 1		
27 NOV	WK 3		
20 NOV	WK 2		
13 NOV	WK 1		
6 NOV	WK 3		
30 OCT	WK 2		
23 OCT	WK 1		
16 OCT	WK 3		
9 OCT	WK 2		
2 OCT	WK 1		
25 SEP	WK 3		
18 SEP	WK 2		
11 SEP	WK 1		
4 SEP	WK 3		
28 AUG	WK 2		
21 AUG	WK 1		
14 AUG	WK 3		
7 AUG	WK 2		
31 JUL	WK 1		

Menu calendar

OUR MENUS



1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.

2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.

3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.

4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.

5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

6 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.

7 All of our suppliers ensure full traceability of our Food.

8 Some of our menu choices are developed with children through the Eatwell Project.



Download your copy at www.telford.gov.uk/schoolmeals



TIBBERTON

CE PRIMARY SCHOOL

SCHOOL MENU

Let's Dine
April 2025 to March 2026



V Vegetarian
Ve Vegan
H Halal

WEEK 1

BE COMPASSIONATE

WEEK 2

BE HONEST

WEEK 3

MONDAY

Pizza Bar – BBQ Chicken Pizza, Cheese and Pineapple Pizza **V**, Cheese and Tomato Pizza **V**
Big Seasonal Salad Selection, Bread
Jam Tart and Custard

TUESDAY

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*
Vegetarian Stuffed Yorkshire Pudding *Seasonal Vegetables and Mixed Beans in a Tomato Sauce with a Yorkshire Pudding* **V**
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Cookie Selection

WEDNESDAY

Chicken Korma *Farm Assured Chicken in a Chef's Curry Sauce*
Cheese and Potato Bake **V**
Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Cook's Cake of the Day

THURSDAY

Big Breakfast *Farm Assured Sausage, Bacon*
Vegetarian Sausage **V**
Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Jelly and Cream

FRIDAY

Battered Fish *White fillet of fish coated in a light batter*
Pasta Bake **V**
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread
Vanilla Ice Cream

MONDAY

Gluten Free Meatballs *served with a Chef's Sauce*
Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**
Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Angel Delight

TUESDAY

Soft Floured Wrap *with a choice of filling to include BBQ Chicken, Tuna Mayo, Cheese* **V**
Herby Diced Potatoes, Big Seasonal Salad Selection, Bread
Apple Crumble and Custard

WEDNESDAY

Sausage Roll *Sausage meat encased in Puff Pastry*
Quorn Sausage **V**
Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Iced Sponge

THURSDAY

Chicken Dunkers *Farm Assured Chicken in Natural Breadcrumbs*
Quorn Dunkers *Tender Quorn pieces in a Light Batter and Oven Baked* **V**
Smiley Faces, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Fruit Salad



FRIDAY

Battered Fish *White fillet of fish coated in a light batter or Fishcake*
Pasta Bake **V**
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Vanilla Ice Cream

MONDAY

Pizza Bar – BBQ Chicken Pizza, Cheese and Pineapple Pizza **V**, Cheese and Tomato Pizza **V**
Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Strawberry or Chocolate Mousse

TUESDAY

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*
Cheese and Potato Puff *Cheese and Creamed Potato encased in Puff Pastry* **V**
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Golden Shortbread

WEDNESDAY

Chicken Dunkers *Farm Assured Chicken in Natural Breadcrumbs*
Quorn Dunkers *Tender Quorn pieces in a Light Batter and Oven Baked* **V**
Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Jelly with a Swirl of Cream

THURSDAY

Handmade Beef Burger *Farm Assured Minced Beef Burger*
Sweet and Sour Stir Fry *Seasonal Vegetables and mixed Beans in a Sweet and Sour Sauce* **V**
Smiley Faces, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Cook's Cake of the Day

FRIDAY

Battered Fish *White fillet of fish coated in a light batter*
Pasta Bake **V**
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Vanilla Ice Cream

BE COURAGEOUS

BE THANKFUL

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

BE FRIENDLY

BE FORGIVING

BEING THE BEST WE CAN BE BECAUSE WITH GOD ALL THINGS ARE POSSIBLE.

