

14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Pizza Bar *Thin and Crispy Pizza Cheese and Tomato with a Selection of toppings* V

Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Pork Sausages *Farm Assured Pork Sausages served with Gravy*

Vegetarian Sausage *served with Gravy* V

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Sponge Cake and Custard

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Roasted Vegetables and Beans *served with a Yorkshire Pudding* V

New Potatoes, Roast Potatoes, Cabbage, Carrots, Broccoli, Seasonal Salad Selection, Bread

Big Fruit Salad

Thursday

Chicken Dunkers *served with BBQ or Tomato Sauce*

Quorn Dunkers *served with BBQ or Tomato Sauce* V

Pasta Twists, Farmhouse Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Muffin Selection

Friday

Jumbo Fish Finger or Salmon Fish Cake

Filled Jacket Potato *choice of a vegetarian filling* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Monday

Meatballs *Farm Assured Meatballs served with Gravy or Tomato Sauce*

Vegetarian Balls *served with Gravy or Tomato Sauce* V

Pasta, Broccoli, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Beef Burrito *Farm Assured Minced Beef in a Soft Wrap*

Roasted Vegetable and Mixed Bean Wrap *Seasonal Vegetables and Mixed Beans served in a Soft Wrap* V

Savoury Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Bread

Muffin Selection

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Parcels *Seasonal Vegetables and Mixed Beans encased in Puff Pastry* V

New Potatoes, Roast Potatoes, Cauliflower, Carrots, Cabbage, Seasonal Salad Selection, Bread

Chocolate Sponge and Custard

Thursday

Toad in the Hole *Farm Assured Pork Sausage in a Yorkshire Pudding with a Rich and Tasty Gravy*

Quorn Sausage *Quorn Sausage Served in a Yorkshire Pudding with Rich and Tasty Gravy* V

Creamed Potato, Farmhouse Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Flapjack



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Monday

Beef Burger *Farm Assured Minced Beef Burger served in a Soft Bread Bun*

Vegetarian Burger *served in a Soft Bread Roll* V

Jacket Wedges, Sweetcorn, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Quorn Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Strawberry Jelly with Fruit

Thursday

Chicken Curry *Farm Assured Diced Chicken in a Chef's Tikka Masala Curry Sauce*

Vegetarian Curry *Seasonal Vegetables and Lentils in a Chef's Curry Sauce* V

Boiled Rice, Sweetcorn, Cauliflower, Seasonal Salad Selection, Naan Bread

Shortbread Biscuit

Friday

Battered Fish *White fillet of fish coated in a light batter*

Cheese and Potato Bake *Creamed Potato and Cheese topped with Sliced Tomato* V

Chips, Vegetable Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Mousse

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Yorkshire Pudding and Rich and Tasty Gravy*

Stuffed Roasted Vegetable Yorkshire Pudding *Seasonal Vegetables and Mixed Beans in a Yorkshire Pudding* V

Creamed Potato, Roast Potatoes, Broccoli, Carrots, Green Beans, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

Friday

Battered Fish *White fillet of fish coated in a light batter*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Sandwich Option
Packed lunch available

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.