

14 JUL	WK 3	17 NOV	WK 3	23 MAR	WK 3
7 JUL	WK 2	10 NOV	WK 2	16 MAR	WK 2
30 JUN	WK 1	3 NOV	WK 1	9 MAR	WK 1
23 JUN	WK 3	27 OCT - HALF TERM		2 MAR	WK 3
16 JUN	WK 2	20 OCT	WK 2	23 FEB	WK 2
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2025 TO MARCH 2026

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Pizza** with selection of toppings  
Cheese and Tomato Pizzas on a  
Deep Crust Base with a Cheese  
Topping

**Quorn Fillet with BBQ Sauce** V

**Pasta, Sweetcorn, Baton Carrots,  
Seasonal Salad Selection, Bread  
Selection**

Mousse

## Tuesday

**Traditional Savoury Sausage Roll**  
Pork sausage meat encased in Puff  
Pastry

**Vegetarian Sausage** V

**Potato Wedges, Mixed Seasonal  
Vegetables, Green Beans,  
Seasonal Salad Selection, Bread  
Selection**

Iced Chocolate Cake with sprinkles

## Wednesday

**Traditional Roast with a Rich and  
Tasty Gravy** Farm Assured Sliced  
Meat

**Vegetable Filled Yorkshire  
Pudding** Roasted vegetables  
and Beans in a Gravy sauce in a  
Yorkshire Pudding V

**Roast Potatoes, Creamed  
Potatoes, Seasonal Mixed  
Vegetables, Seasonal Salad  
Selection, Bread Selection**

Flapjack

## Thursday

**Chicken Goujons** Farm  
Assured Chicken Strips coated in  
Breadcrumbs served with BBQ  
Sauce

**Mixed Bean and Vegetable and  
Tomato** Seasonal Vegetables and  
Tomatoes with a Trio of Beans in  
a Tomato Sauce and Pasta twists  
baked with Mozzarella cheese V

**Rice, Green Beans, Sweetcorn,  
Seasonal Salad Selection, Bread  
Selection**

Muffin Selection

## Friday

**Battered Fish** Fillet of Fish Coated  
in a Crispy Batter or Salmon  
Fishcake

**Mac and Cheese Bake** Macaroni  
with A Rich Cheese sauce baked in  
the oven V

**Chips, Baked Beans, Peas,  
Seasonal Salad Selection, Bread  
Selection**

Shortbread

# Week 2

## Monday

**Meatballs** Farm Assured Red Tractor  
Pork Meat Balls served in Gravy or  
Tomato Sauce

**Vegetarian Bites** Individual Shaped  
Pattie coated in Crispy Breadcrumbs V

**Savoury Rice, Green Beans,  
Sweetcorn, Seasonal Salad  
Selection, Bread Selection**

Mousse

## Tuesday

**Big Breakfast** Farm Assured Back  
Bacon, Pork Sausage, Free Range  
Scrambled Egg

**Vegetarian Sausage, Free Range  
Scrambled Egg** V

**Potato Waffles, Seasonal Mixed  
Vegetables, Seasonal Salad  
Selection, Bread Selection**

Ice Sponge and Custard

## Wednesday

**Traditional Roast with a Rich and  
Tasty Gravy** Farm Assured Sliced  
Meat

**Cheese Quiche** Shortcrust Pastry  
case filled with savoury Cheese filling  
V

**Roast Potatoes, Mashed Potato,  
Broccoli, Cauliflower, Carrots,  
Seasonal Salad Selection, Bread  
Selection**

Jelly and Cream

## Thursday

**Beef Burger in Bap** Beef Burger  
served in Seeded Bap or Hot Dog  
served a torpedo roll

**Vegetable Pattie** served in a soft  
Bap V

**Potato Wedges, Sweetcorn,  
Carrots, Seasonal Salad  
Selection, Bread Selection**

Chocolate Crunch

## Friday

**Battered Fillet of Fish** White Fillet  
coated in a light Batter

**Fishless Fingers** Quorn Vegan fish  
less fingers V

**Chips, Couscous, Peas, Baked  
Beans, Seasonal Salad Selection,  
Bread Selection**

Flapjack

**Sandwich Option**  
Packed lunch available

# Week 3

## Monday

**Big Breakfast** Farm Assured Pork  
Sausage, Back Bacon, Free Range  
Scrambled Egg

**Vegetarian Sausage, Free Range  
Scrambled Egg** V

**Potato Waffles, Tomatoes, Baked  
Beans, Seasonal Salad Selection,  
Bread Selection**

Ice Cream

## Tuesday

**Beef Bolognese** Farm Assured  
Minced Beef cooked in a Rich Italian  
Tomato based Sauce

**Cheese and Tomato Pizzas** on  
a Deep Crust Base with a Cheese  
Topping V

**Pasta, Green Beans, Carrots,  
Seasonal Salad Selection, Bread  
Selection**

Fresh Fruit Salad

## Wednesday

**Traditional Roast with Rich and  
Tasty Gravy** Farm Assured Sliced  
Meat

**Cauliflower and Broccoli Bake**  
Broccoli and Cauliflower baked in a  
Cheese Sauce V

**Roast Potatoes, Mashed Potato,  
Seasonal Vegetable Selection,  
Seasonal Salad Selection, Bread  
Selection**

Plain or Chocolate Shortbread

## Thursday

**Chicken Goujons** Farm Assured  
Chicken Strips coated in  
Breadcrumbs served with BBQ or  
Sweet and Sour Sauce

**Vegetable and Bean Pasta Bake**  
Roasted Vegetables with Mixed  
Beans in a Tomato Sauce topped  
with Cheese V

**Rice, Sweetcorn, Peas, Seasonal  
Salad Selection, Bread Selection**

Cheesecake

## Friday

**Battered Fillet of Fish** White Fillet  
coated in a light Batter

**Quorn Nuggets** V

**Chips, Peas, Baked Beans,  
Seasonal Salad Selection, Bread  
Selection**

Shortbread

**FUN  
FOOD  
FACT**

**potatoes  
were the first  
vegetable to  
be grown in  
space.**

**FUN  
FOOD  
FACT**

**A POMEGRANATE  
CAN HOLD UP TO  
1400 SEEDS.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday.  
Individual Yoghurts available Tuesday and Thursday. All items subject to availability.