

My Assessment Conversation –

What to think about before your assessment

An introduction to your Care Act Assessment

What is the Care Act?

The Care Act is a law that Adult Social Care work within to ensure the wellbeing of people in need of care and support services. There is an eligibility criterion in the Care Act, which Adult Social Care will use to talk about your current circumstances. It also aims to bring about the personalisation of care and support services, putting the person at the centre of the assessment process.

What should I expect from my assessment?

We will talk to you, and with your permission your family, friends, carer or advocate, and/or any other professionals supporting you about the things that are working well for you, and how they are supporting/working with you.

This will help us to understand all the strengths that you have in your life, what you are able to do and what support you may need to regain, or develop skills, to continue, or begin, to live as independently as possible. Your thoughts and views, and those of people important to you, will be captured as part of this conversation.

This form is designed to support you to think about the conversation we will have together and who you could include as part of this conversation.

Our Adult Social Care Charter

We have developed our Adult Social Care Charter with experts by experience who use or have used Adult Social Care. There are 5 key commitments that all our staff pledge when working with people.

 Our Adult Social Care Charter 				
We will always promote independence.	We will listen with empathy and understanding.	You will know who to contact and we will always get back to you.	Our conversations will be honest and personal to you. We won't just tick boxes.	We will respect your decisions and be honest and open.
				

Consent to Information Sharing

Telford & Wrekin Council Adult Social Care are collecting your personal data to enable the best possible advice, care or support to be provided and to meet the statutory requirements under the Care Act 2014, wider legislation and the Data Protection Act (DPA) 2018.

Telford & Wrekin Council will not share any of your personal data collected with external organisations unless required/permited to do so by law. However, there may be occasions where we request further information from key third party organisations such as Health or Provider organisations. For further details on the council's privacy arrangements please view the privacy page on the council's webpage: <http://www.telford.gov.uk/terms>

Jargon

There is a lot of 'jargon' in Health and Social Care and we do our best not to use it. If you do come across any 'jargon' Think Local Act Personal have a useful 'jargon buster' available on their website online here:

<https://www.thinklocalactpersonal.org.uk/Browse/Informationandadvice/CareandSupportJargonBuster/> or just ask the person having the conversation with you.

Your conversation with us

At the start of the Care Act Assessment we will ask you to confirm your personal details like name, address and contact information and will ask for your National Health Service (NHS) Number and National Insurance Number if we do not have this information already, so it will be good to have this information at hand.

We will ask you about your finances as you may have to pay a financial contribution to any care and/or support we arrange for you.

Together we will talk about how you, or someone who supports you, already manages with things like:

- Managing your home, including getting your shopping, paying bills and your housework
- How you get around the inside and outside of your home
- Supporting yourself with personal care and support, including your personal hygiene
- If you support another person such as a child, parent or partner the impact this has on you
- Getting out and about in your community
- Relationships with the people important to you

Thinking about the list above try to think about what an average day is like for you and make some notes in the space below:

Morning	
Afternoon	
Evening	
Night	

In talking through what an average day is like for you we may ask you more questions to help increase our understanding of your life.

Some of these questions may not seem relevant to the reason you have asked us to help but they are important to help us understand who you are and what is important 'to you' and 'for you' so together we can help you make a plan for the future.

Think about things in your life that are important for you and make a note in the box below:

Next you will see a list of specific questions we will ask. We have left some space for you to make some notes:

Tell us the reason for the assessment. What is most important to you and what you would like to achieve? Think about your independence is there an impact on this – what is that impact and how can we support you?

What is working well in your life right now?

What personal support could you build on to achieve what's important to you? Your personal strengths and skills, people you know such as family and friends, people in your local community.

What is not working for you at the moment? What are you worried about?

What have you tried before to help you? This could be equipment you have purchased, technology that you have used, and people who have supported you in the past.