

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



FREE SCHOOL MEALS

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Menu calendar

Summer Term 2026		Autumn Term 2026		Spring Term 2027	
13 APR	WK 1	1 SEPT	WK 1	4 JAN	WK 1
20 APR	WK 2	7 SEPT	WK 2	11 JAN	WK 2
27 APR	WK 3	14 SEPT	WK 3	18 JAN	WK 3
4 MAY	WK 1	21 SEPT	WK 1	25 JAN	WK 1
11 MAY	WK 2	28 SEPT	WK 2	1 FEB	WK 2
18 MAY	WK 3	5 OCT	WK 3	8 FEB	WK 3
25 MAY - HALF TERM		12 OCT	WK 1	15 FEB - HALF TERM	
1 JUN	WK 2	19 OCT	WK 2	22 FEB	WK 2
8 JUN	WK 3	26 OCT - HALF TERM		1 MAR	WK 3
15 JUN	WK 1	2 NOV	WK 1	8 MAR	WK 1
22 JUN	WK 2	9 NOV	WK 2	15 MAR	WK 2
29 JUN	WK 3	16 NOV	WK 3	22 MAR	WK 3
6 JUL	WK 1	23 NOV	WK 1		
13 JUL	WK 2	30 NOV	WK 2		
20 JUL	WK 3	7 DEC	WK 3		
27 JUL	WK 1	14 DEC	WK 1		

www.telford.gov.uk/freeschoolmeals

Telford & Wrekin Co-operative Council
Protect, care and invest to create a better borough

HOLLINSWOOD PRIMARY SCHOOL

SCHOOL MENU

Let's Dine
April 2026 to March 2027



OUR MENUS

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

www.telford.gov.uk/schoolmeals

Download your copy at



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
 Ve Vegan
 H Halal

WEEK 1

WEEK 2

WEEK 3

MONDAY

Pasta Neapolitan *Mixed Beans and Pasta in a tomato Sauce*

Mac 'n' Cheese *Macaroni Pasta and Quorn in a Chef's Creamy Cheese Sauce* V

Pasta Twists, Batton Carrots, Sweetcorn, Seasonal Salad Selection, Homemade Garlic Bread

Assorted Yoghurts

Fresh Fruit Salad or Fresh Fruit Bowls or Cheese and Crackers

WEDNESDAY

Savoury Mince with Peas and Carrots

Shepherdess Pie *A rich and Savoury base of Lentils, Carrots, and Onions Tomato and Herb Gravy, topped with a layer of Creamy Mashed Potato* V

Creamed Potato, Squeaky Beans, Cauliflower, Seasonal Salad Selection, Bread

Mandarin and Lemon Yoghurt Cake

Cheese and Crackers or Fresh Fruit Salad or Fresh Fruit Bowls

MONDAY

Cheese and Tomato Pizza V

Pasta Bake *Mixed Beans and Vegetables in a Tomato Sauce* V

Smiley Faces, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread

Assorted Yoghurts

Fresh Fruit Salad or Fresh Fruit Bowls or Cheese and Crackers

THURSDAY

Sweet 'n' Sour Chicken *Farm Assured Chicken in a Sweet 'n' Sour Sauce* or **BBQ Chicken** *Farm Assured Chicken in a BBQ Sauce*

Vegetarian Sweet 'n' Sour *Mixed Beans and Vegetables in a Sweet 'n' Sour Sauce* V

Noodles, Ringed Carrots, Squeaky Beans, Seasonal Salad Selection, Bread

Fruit Yoghurts or Fresh Fruit Salad or Fresh Fruit Bowls

MONDAY

Beef Bolognese *Farm Assured Minced Beef with a Chef's Rich Tomato Sauce* or **Lasagne**

Vegetarian Bolognese *Mixed Beans and Vegetables with a Chef's Rich Tomato Sauce* V

Pasta, Spaghetti, Squeaky Beans, Sweetcorn, Seasonal Salad Selection, Bread

Assorted Yoghurts

Fresh Fruit Salad or Fresh Fruit Bowls or Cheese and Crackers

THURSDAY

Beef and Tomato Meatballs *served in a Rich Tomato Sauce*

Herby Chickpea Balls *served in a Rich Tomato Sauce* V

Spaghetti, Squeaky Beans, Cauliflower, Seasonal Salad Selection, Bread, Garlic Bread

Assorted Fruit Cakes and Biscuits

Fruit Yoghurts or Fresh Fruit Salad or Fresh Fruit Bowls

TUESDAY

Chicken Curry *Farm Assured Chicken served in a Korma Sauce*

Vegetable Curry *Mixed Vegetables in a Tikka Sauce* V

Boiled Rice, Savoury Couscous, Ringed Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread or Nann Bread

Fruit Jelly

Fruit Yoghurts or Fresh Fruit Salad or Fresh Fruit Bowls

THURSDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and tasty Gravy*

Vegetable Lasagne V

Roast Potatoes, Chef Choice of Carbohydrate, Seasonal Vegetables, Seasonal Salad Selection, Wholemeal Bread

Assorted Yoghurts

Fresh Fruit Yoghurt or Fresh Fruit Salad or Fresh Fruit Bowls

TUESDAY

Taco Tuesday – Beef Chili *Farm Assured Minced Beef in a Mild Chille Sauce*

Vegetable Chili *Mixed Vegetables in a Mild Chille Sauce* V

Boiled Rice, Carrots, Broccoli, Seasonal Salad Selection, Bread

Fruit Turnovers

Fruit Yoghurts or Fresh Fruit Salad or Fresh Fruit Bowls

WEDNESDAY

Toad in the Hole *Pork Sausages served in a Yorkshire Pudding*

Vegetarian Toad in the Hole V

Creamed Potato, Batton Carrots, Cauliflower, Seasonal Salad Selection, Bread

Cook's Choice of Hot Pudding

Cheese and Crackers or Fresh Fruit Salad or Fresh Fruit Bowls

LOVE
FOOD
HATE
WASTE



RESPECTFUL

ZERO
FOOD
WASTE

FRIDAY

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* or **Battered Fish** *White fillet of Fish coated in a Light Batter*

Frittata *Cheese, Onion, sweetcorn and Mixed Beans Frittata* V

Chips, New Potatoes, Baked Beans, Seasonal Vegetables, Seasonal Salad Selection, Bread

Apple and Raisin Muffins

Fresh Fruit Salad or Fresh Fruit Bowls or Cheese and Crackers

FRIDAY

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* or **Battered Fish** *White fillet of Fish coated in a Light Batter*

Cheese and Onion Quiche V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread

Banana Cake Muffins

Fresh Fruit Salad or Fresh Fruit Bowls or Cheese and Crackers

WEDNESDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Vegetarian Parcels *Mixed Beans and Vegetables in Puff Pastry* V

Roast Potatoes, Chef Choice of Carbohydrate, Seasonal Vegetable Selection, Wholemeal Bread

Pear and Chocolate Yoghurt Cake

Cheese and Crackers or Fresh Fruit Salad or Fresh Fruit Bowls

RESPONSIBLE



RESOURCEFUL

Fresh Fruit available daily. All items subject to availability.

ALL SAUCES ARE SERVED SEPARATELY

RESILIENT

