

# Our ingredients

Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



[www.telford.gov.uk/treeschoolmeals](http://www.telford.gov.uk/treeschoolmeals)

Spring Term 2027		Autumn Term 2026	
4 JAN	WK 1	1 SEPT	WK 1
11 JAN	WK 2	7 SEPT	WK 2
18 JAN	WK 3	14 SEPT	WK 3
25 JAN	WK 4	21 SEPT	WK 4
1 FEB	WK 1	28 SEPT	WK 1
8 FEB	WK 2	5 OCT	WK 2
15 FEB	WK 3	12 OCT	WK 3
22 FEB	WK 4	19 OCT	WK 4
1 MAR	WK 1	26 OCT	WK 1
8 MAR	WK 2	2 NOV	WK 2
15 MAR	WK 3	9 NOV	WK 3
22 MAR	WK 4	16 NOV	WK 4
29 MAR	WK 1	23 NOV	WK 1
5 APR	WK 2	30 NOV	WK 2
12 APR	WK 3	7 DEC	WK 3
19 APR	WK 4	14 DEC	WK 4

## Menu calendar



# Free School Meals DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until the end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

# Let's Dine Primary School Menu

April 2026 to March 2027

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



DESIGNED by the children for the children

# Our menus

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.
- Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



V Vegetarian  
 Ve Vegan  
 H Halal

A school where we **IGNITE** something inside children which will grow and flourish

# Week 1



# Week 2



# Week 3

## Sandwich Bar Monday

**Pork Sausages** *Farm Assured Pork Sausages*

**Quorn Sausage** *Savoury, meat-free Sausage* **V**

**Mashed Potato, Broccoli, Carrot, Seasonal Salad Selection, Bread**

Assorted Muffins

## Sandwich Bar Tuesday

**Sweet 'n' Sour Chicken** *Farm Assured Chicken in a Chef's Sweet 'n' Sour Sauce*

**BBQ Mixed Roasted Vegetables and Beans** *Mixed Beans and Seasonal Vegetables in a BBQ sauce* **V**

**Boiled Rice, Squeaky Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread**

Chocolate Shortbread Biscuits



## Sandwich Bar Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Quorn Casserole** *Quorn and Vegetables in a Rich and Tasty Gravy* **V**

**Mashed Potato, Roast Potatoes, Broccoli, Carrot, Garden Peas, Seasonal Salad Selection, Bread**

Fruit Jelly

## Sandwich Bar Thursday

**Mild Chili Beef** *Farm Assured Minced Beef Chili*

**Vegetarian Balti** *Mixed Beans and Seasonal Vegetables in a Mild Balti Sauce* **V**

**Boiled Rice/Pasta Twists, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread**

Fruit Pots

## Sandwich Bar Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter or Fish Stars* *MSC Salmon and Mashed Potatoe with seasoning coated in a Crispy Crumb*

**Mac 'n' Cheese** *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

**Chips, Baked Beans, Mushy Peas, Seasonal Salad Selection, Bread**

Chefs' Choice of Dessert

## Sandwich Bar Monday

**Chicken Dunkers** *Farm Assured Chicken coated in Breadcrumbs*

**Cheese Flan** *Pastry case filled with savoury Cheese Custard* **V**

**Pasta Twists, Jacket Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread**

Ice Cream

## Sandwich Bar Tuesday

**Chicken Hot Pot** *Farm Assured Chicken with Vegetables and Gravy*

**Herby Chickpea Balls** *Marinated Seasonal Vegetables and Chickpea Balls* **V**

**New Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread**

Assorted Shortbread Biscuits

## Sandwich Bar Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Quorn Toad in the Hole** *Savoury, meat-free Sausage with a Rich and Tasty Gravy in a Yorkshire Pudding* **V**

**Mashed Potato, Roast Potatoes, Yorkshire Pudding, Broccoli, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread**

Fruit Pots

## Sandwich Bar

Available daily by pre order

## Sandwich Bar Thursday

**Big Breakfast** *Farm Assured Sausage, Free Range Scrambled Egg*

**Vegetable Bake** *Seasonal Vegetables and Pasta in a Chef's Tomato Sauce* **V**

**Hash Browns, Mushrooms, Baked Beans, Tomatoes, Seasonal Salad Selection, Wholemeal Bread**

Chefs' Choice of Dessert



## Sandwich Bar Friday

**Jumbo Fish Finger** *White fillet of Fish coated in Breadcrumbs*

**Stuffed Jacket Skins** *Golden-brown Potato Skins baked, loaded with a savoury blend of Cheese, Vegetables* **V**

**Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread**

Chocolate Brownie



## Sandwich Bar Monday

**Beef and Tomato Meatballs** *Served with a Rich Tomato Sauce or Rich and Tasty Gravy*

**Roasted Vegetable and Bean Parcel** *Seasonal Roasted Vegetables and Beans encased in a Pastry Parcel* **V**

**Pasta Twists, Broccoli, Garden Peas, Seasonal Salad Selection, Bread**

Assorted Shortbread Biscuits

## Sandwich Bar Tuesday

**Spaghetti Bolognese** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce or Lasagne*

**Shepherdess Pie** *A Rich and Savoury base of Lentils, Carrots, and Onions, Tomato and Herb Gravy, topped with a layer of Creamy Mashed Potato*

**Pasta Twists, Squeaky Beans, Sweetcorn, Big Salad Bar, Wholemeal Bread**

Chefs' Choice of Dessert

## Sandwich Bar Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Quorn Fillet** *Savoury, meat-free Alternative to Roast Meat with a Rich and Tasty Gravy* **V**

**Mashed Potato, Roast Potatoes, Broccoli, Carrot, Cauliflower, Seasonal Salad Selection, Bread**

Ice Cream

## Sandwich Bar Thursday

**Chinese Chicken** *Farm Assured Chicken in a Chef's Sauce*

**Vegetarian Stir Fry** *Chinese style Vegetables served with Chefs Choice Chinese Sauce* **V**

**Boiled Rice, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread**

Flapjack

## Sandwich Bar Friday

**Windmill Chippy Day – Battered Fish** *White fillet of Fish coated in a Light Batter*

**Vegetable and Tomato Pasta Bake** *Seasonal Vegetables, Tomatoes and Pasta in a Chef's Tomato Sauce*

**Chips, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread**

Strawberry Mousse or Chocolate Mousse



**FUN FOOD FACTS**  
 Ripe cranberries bounce like rubber balls

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.