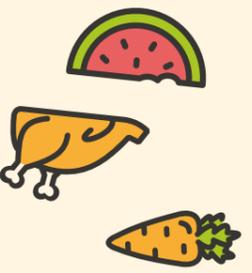


Menu calendar

14 DEC	WK 1	13 JUL	WK 2
7 DEC	WK 3	6 JUL	WK 1
30 NOV	WK 2	29 JUN	WK 3
23 NOV	WK 1	22 JUN	WK 2
16 NOV	WK 3	15 JUN	WK 1
9 NOV	WK 2	8 JUN	WK 3
2 NOV	WK 1	1 JUN	WK 2
26 OCT - HALF TERM		25 MAY - HALF TERM	
19 OCT	WK 2	18 MAY	WK 3
12 OCT	WK 1	11 MAY	WK 2
5 OCT	WK 3	4 MAY	WK 1
28 SEPT	WK 2	27 APR	WK 3
21 SEPT	WK 1	20 APR	WK 2
14 SEPT	WK 3	13 APR	WK 1
7 SEPT	WK 2	Summer Term 2026	
1 SEPT	WK 1	Autumn Term 2026	
15 FEB - HALF TERM		4 JAN	
8 FEB	WK 3	11 JAN	
1 FEB	WK 2	18 JAN	
25 JAN	WK 1	25 JAN	
18 JAN	WK 3	1 FEB	
11 JAN	WK 2	8 FEB	
4 JAN	WK 1	15 FEB - HALF TERM	
Spring Term 2027		22 FEB	
		1 MAR	
		8 MAR	
		15 MAR	
		22 MAR	
		29 MAR	



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

- Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.
- The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.
- Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.
- Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.
- Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.
- Meat** - our meat is Red Tractor sourced in the UK.
- Cheese** - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs*

Tuna and Bean Pasta Bake
Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce

Pasta Twists or Jacket Wedges

Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread

Brownie or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Oven Roasted Vegetables with a Yorkshire Pudding *Seasonal Vegetables and Mixed Beans* **V**

Roast Potatoes, New Potatoes, Cauliflower, Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread

Strawberry Mousse or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Monday

Meatball Monday! *Gluten Free Pork Meatballs Served with a Rich Tomato Sauce or Gravy*

Vegetable and Bean Pasta Bake
Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce **V**

Pasta Twists, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal Bread

Golden Shortbread or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Thursday

Pasta Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Quorn Nuggets **V**

Pasta Twists, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread

Fruit Sponge Cake and Custard or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Monday

Big Breakfast – Farm Assured Pattie, Free Range Scrambled Egg

Vegetarian Sausage, Free Range Scrambled Egg **V**

Smiley Faces, Baked Beans, Plum Tomatoes, Mushroom, Seasonal Salad Selection, Wholemeal Bread

Chocolate Shortbread or Natural Yogurt with Fruit Puree or Fresh Fruit Salad or Cheese and Crackers

Thursday

Pasta Bolognese Bake *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Vegetable Bolognese Bake *Mixed Vegetables and Lentils in a Chef's Rich Tomato Sauce* **V**

Pasta Twists, Cauliflower, Garden Peas, Seasonal Salad Selection, Wholemeal Bread

Fruit Jelly or Natural Yogurt with Fruit Puree or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Pork Sausages *Farm Assured Sausages served with a Rich and Tasty Gravy*

Quorn Dunkers **V**

Creamed Potato, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread

Fruit Jelly or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Tikka or Korma Sauce*

Vegetable Curry *Vegetables and Mixed Bean served in a Chef's Tikka or Korma Sauce* **V**

Jeweled Rice, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal Bread, Naan Bread Finger

Iced Sponge Cake and Custard or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Battered Fish *White fillet of Fish coated in a light Batter* or Fishcake

Chickpea Macaroni Cheese
Macaroni Pasta in a Chef's Creamy Cheese Sauce **V**

Chips, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread

Fruit Muffin or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Pizza Bar – Cheese and Tomato Pizzas with a choice of toppings including Pineapple **V**, Sweetcorn **V**, Mixed Peppers **V**, Gherkins **V**, Mixed Beans **V**, Chicken

Herby Diced Potatoes, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread

Chocolate Brownie or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Oven Roasted Vegetables with a Yorkshire Pudding *Seasonal Vegetables and Mixed Beans* **V**

Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread

Vanilla Ice Cream or Natural Yogurt with chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Mixed Bean and Vegetable Parcel
Mixed beans and Roasted Seasonal Vegetables encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread

Angel Delight Dessert or Natural Yogurt with Fruit Puree or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Battered Fish *White fillet of fish coated in a light batter*

Chickpea Macaroni Cheese
Macaroni Pasta in a Chef's Creamy Cheese Sauce **V**

Chips, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread

Chocolate Cake with Custard or Natural Yogurt with Fruit Puree or Fresh Fruit Salad or Cheese and Crackers

Friday

Pizza Bar – Cheese and Tomato Pizzas with a choice of toppings including Pineapple, Sweetcorn, Mixed Peppers, Gherkins, Mixed Beans, Chicken

Potato Wedges, Couscous, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread

Artic Roll or Natural Yogurt with Fruit Puree or Fresh Fruit Salad or Cheese and Crackers

FUN FOOD FACT

Ripe cranberries bounce like rubber balls.

Sandwich Option
Packed lunch available

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!

● Fresh Fruit available daily. All items subject to availability. ●