



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Ham, Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping

**Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping **V H**

**Diced Crispy Potatoes, Baked Beans, Sweetcorn, Salad, Sponge and Custard**

## Tuesday

**Red Tractor Beef Bolognese** Fresh Minced Beef cooked in a Rich Tomato based Sauce **or Lasagne** Our bolognese sauce layered with pasta and cheese sauce

**Vegetarian Bolognese** Quorn mince cooked in a Rich Tomato based Sauce **V H**

**Pasta Twists, Green Beans, Cauliflower, Salad, Garlic Bread Mousse**

## Wednesday

**Traditional Roast with a Rich and Tasty Gravy** Farm Assured Sliced Meat

**Vegetable and Bean Crumble** Sweet Peppers with Roasted vegetables and beans topped with a Savoury Crumble **V H**

**Mashed Potato, Roast Potatoes, Broccoli, Carrots**

**Cookie**

## Thursday

**Chicken Curry** Red Tractor Diced Chicken in a Chef's Curry Sauce **or Sweet and Sour Chicken** Red Tractor Diced Chicken in a Sweet and Sour Sauce

**Vegetarian No-Meatballs in Gravy** **V H**

**Boiled Rice, Seasonal Mixed Vegetables, Salad, Pitta Bread**

**Marble Sponge**

## Friday

**Fish Finger** Fillet of Fish Coated in a Crispy Breadcrumb **or Salmon Fishcake**

**Mixed Bean Mushroom and Tomato Pasta Bake** Button Mushrooms and Tomatoes with a Trio of Beans in a Tomato Sauce with Pasta Twists and baked with Mozzarella Cheese **V H**

**Chipped Potatoes, Baked Beans, Pea's, Salad, Bread, Cooks Choice**

# Week 2

## Monday

**Meatballs** Farm Assured Red Tractor Pork Meat Balls served in gravy or tomato sauce

**Vegetarian No-Meatballs in Gravy** **V H**

**Savoury Rice, Peas, Sweetcorn, Bread**

**Muffin**

## Tuesday

**Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping

**Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping **V H**

**Diced Crispy Potatoes, Baked Beans, Peas, Salad, Bread**

**Chocolate Sponge and Mint Custard**

## Wednesday

**Traditional Roast with a Rich and Tasty Gravy** Farm Assured Sliced meat

**Vegetable Filled Yorkshire Pudding** Roasted Vegetables and Beans in a Gravy sauce in a Yorkshire pudding **V H**

**Mashed Potatoes, Roast Potatoes, Carrots, Cauliflower Cheese**

**Shortbread**

## Thursday

**Big Breakfast** Farm Assured Back Bacon, Pork Sausage, Free Range Scrambled Egg

**Vegetarian Sausage with Scrambled egg** **V H**

**Potato Smiles, Baked Beans, Tomato, Mushrooms, Bread**

**Angel Mousse**

## Friday

**Battered Fillet of Fish** White Fillet coated in a light Batter

**Vegetable and Bean Pasta Bake** Roasted Vegetables with Mixed Beans in a Tomato Sauce topped with Cheese **V H**

**Chips, Couscous, Baked Beans, Salad**

**Ice Cream**



**eatwell**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

# Week 3

## Monday

**Pork Sausage** Farm Assured Pork Sausages with Gravy

**Vegetarian Sausage** **V H**

**Mashed Potato, Peas, Carrots, Bread**

**Ice Cream**

## Tuesday

**Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping

**Cheese and Tomato Pizzas** on a Deep Crust Base with a Cheese Topping **V H**

**Wedges, Mixed Vegetables, Salad, Bread**

**Iced Sponge Cake**

## Wednesday

**Traditional Roast with a Rich and Tasty Gravy** Farm Assured Sliced Meat

**Vegetable Filo Scrunched Parcel** Filo Pastry parcel filled with seasonal Vegetables and Mixed Beans **V H**

**Mashed Potato, Roast Potatoes, Carrots, Cabbage**

**Cookie Selection**

## Thursday

**Red Tractor Beef Bolognese** Fresh Minced Beef cooked in a Rich Tomato based Sauce **with Garlic Bread**

**Vegetarian Bolognese** Vegetarian Mince cooked in a Rich Tomato based Sauce **V H**

**Pasta, Sweetcorn, Green Beans, Salad**

**Apple Crumble and Custard**

## Friday

**Chicken Nuggets** Farm Assured Chicken coated in a Ligh Batter

**Vegetarian Bites** Individual Shaped Pattie coated in Crispy Breadcrumbs **V H**

**Chips, Couscous, Baked Beans, Peas, Salad, Bread**

**Selection of Muffins**

**FUN FOOD FACT**

**Lemons float, but limes sink...** and ripe cranberries bounce like rubber balls.

**FUN FOOD FACT**

**RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.