

## FUTURE GENERATIONS MISSION STATEMENT

`To show and develop the next generation how to gain life skills and improve their health and wellbeing in order to create more resilient individuals who can be part of a stronger community.'

We are focused on supporting children and young people aged 10 - 18 years old, who are in care and those getting ready to leave the care system. We prepare these young people for the real world with life skills, qualifications and experience to take to future employers.

We provide an individual focused progression plan to help improve both physical health and well being. We support all year round, so each individual can achieve their goals.

## DROP IN SESSIONS

Tuesday and Thursday

4pm – 6pm every week.

Drop in sessions for young people in the care sector every week to come together, learn something new and develop life skills.

Looking to improve health and well-being

## LOVE

A chance for young people to let off some steam, take a step out of their comfort zone and get stuck into a variety of awesome activities in an outdoors centre setting.

### DO SOME GOOD

Working in teams or individually, young people put some of the new found skills they have devloped into practice, by planning and delivering a soical action project to their choice in the local area or for a cause.



#### INCLUSIVE

We are commited to support all of our participants regardless of race, gender, ability and will ensure our programmes will reflect this.

#### PASSION

We are passionate about what we deliver for Shrewsbury Town Football Club and how we can make a difference in the community we live in.

#### PROFESSIONAL

Our workforce are coaches, mentors, teachers and role models and always conduct themselves in a professional manner.

#### PROACTIVE

We are determined to be forward thinking, innovative and ambitious in continually looking to improve our performance and impact.

#### FUN

We want all participants to share our enjoyment and enthusiasm in what we deliver in a fun and safe environment.

# FUNDED BY BBB Children in Need

In 2018 the Department of Health established that there were 53,420 children and young people in the care system. This is a huge number of young people who could need extra support, so we decided to team up with Children in Need to form a first-of-its-kind project aiming to help young people in care aged between 10-18 to improve their life chances through improving their self-confidence, communication skills and enhancing their life skills.

#### DELIVERED BY



Established in 1996, our mission is to utilise the power of sport to engage, inspire and strengthen our local community. We work hard to deliver a service that can be judged as 'first class' by our participants, funders and community partners. Our vision is to take Shrewsbury Town into the hearts of the local community, helping poeple realise their potential and achieve their goals

#### SESSION LEAD



Our Future Generation Project Leader is Sophie Challinor.

"We are excited to be launching this new programme where we will be learning and developing life-skills in a fun environment, with weekend residential visits away, applying these skills to projects within the local community."





Powered by Shrewsbury Town in the Community.

For more information Call: 01743 289177 ext 225 Email: sophie.challinor@stitc.co.uk