

Spring Term 2026		Autumn Term 2025		Summer Term 2025	
23 MAR	WK 3	15 DEC	WK 1	28 APR	WK 1
16 MAR	WK 2	8 DEC	WK 3	5 MAY	WK 1
9 MAR	WK 1	1 DEC	WK 2	12 MAY	WK 3
2 MAR	WK 3	24 NOV	WK 1	19 MAY	WK 1
16 FEB - HALF TERM		17 NOV	WK 3	26 MAY - HALF TERM	
23 FEB	WK 2	10 NOV	WK 2	22 SEPT	WK 1
16 FEB - HALF TERM		3 NOV	WK 1	29 SEPT	WK 2
9 FEB	WK 3	27 OCT - HALF TERM		6 OCT	WK 3
2 FEB	WK 2	20 OCT	WK 2	13 OCT	WK 1
26 JAN	WK 1	16 JUN	WK 2	20 OCT	WK 2
19 JAN	WK 3	9 JUN	WK 1	27 OCT - HALF TERM	
12 JAN	WK 2	2 JUN	WK 3	3 NOV	WK 1
5 JAN	WK 1	19 MAY	WK 1	10 NOV	WK 2
		12 MAY	WK 3	17 NOV	WK 3
		5 MAY	WK 2	24 NOV	WK 1
		28 APR	WK 1	1 DEC	WK 2
		19 MAY	WK 1	8 DEC	WK 3
		26 MAY - HALF TERM		15 DEC	WK 1
		22 SEPT	WK 1	22 DEC	WK 3
		29 SEPT	WK 2	29 DEC	WK 1
		6 OCT	WK 3		

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The 'Guarantee' element of State Pension Credit
 - Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
 - Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
 - Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- 1 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 2 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 3 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 4 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biodiesel for use as vehicle fuel or for power and energy generation.
- 5 All of our suppliers ensure full traceability of our Food.
- 6 We offer a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 7 We Oven Bake in preference to Frying.
- 8 We offer a Vegetarian option as standard and a Vegan option where possible.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
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Telford & Wrekin Co-operative Council
Protect, care and invest to create a better borough

Let's Dine

Primary School Menu



V Vegetarian
 Ve Vegan
 H Halal

Week 1

Week 2

Week 3

Monday

Gluten Free Meatballs Farm Assured Meatballs served with Rich Tomato Sauce or Rich and Tasty Gravy

Vegetarian Balls served with Rich and Tasty Tomato Sauce **V**

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Cookie Selection

Wednesday

Traditional Roast Chicken with Trimmings and Gravy Farm Assured Sliced Meat

Oven Roasted Vegetables and Mixed Beans served with a Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Baton Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Bread

Apple Flapjack

Tuesday

Pizza Bar – Cheese and Tomato Pizza Selection of toppings on a Cheese and Tomato Deep Crust Base **V**

Jacket Wedges, Sweetcorn, Baked Beans, Seasonal Salad Selection, Bread

Muffin Selection

Thursday

Chicken Dippers Served with BBQ and Rich Tomato Sauce

Pasta Neapolitan **V**

Diced Potatoes, Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Sponge and Custard

Friday

Battered Fish White fillet of fish coated in a light batter or **Jumbo Fish Finger** White fillet of fish coated in breadcrumbs

Quorn Dunkers **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

Monday

Big Breakfast Farm Assured Sausage, Bacon, Free Range Scrambled Egg

Vegetarian Sausage, Free Range Scrambled Egg **V**

Potato Smiles, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Rice Pudding with Jam

Tuesday

Pizza Bar – Cheese and Tomato Pizza Selection of toppings on a Cheese and Tomato Deep Crust Base **V**

Quorn Parcel Roasted Vegetables and Diced Quorn encased in Puff Pastry **V**

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Muffin Selection

Wednesday

Traditional Roast Pork with Rich and Tasty Gravy Farm Assured Sliced Meat

Oven Roasted Vegetables Served with a Yorkshire Pudding and topped with Cheese **V**

Roast Potatoes, Creamed Potato, Broccoli, Sliced Carrots, Whole Green Beans, Seasonal Salad Selection, Bread

Golden Shortbread

Thursday

Chicken Curry Farm Assured Chicken in a Chef's Curry Sauce

Cheese Puffs Cheese and Creamed Potato encased in Puff Pastry **V**

Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge and Custard



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish White fillet of fish coated in a light batter or **Jumbo Fish Finger** White fillet of fish coated in breadcrumbs

Vegetable Nuggets **V**

Chips, Couscous, Peas, Sweetcorn, Baked Beans, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Option

Packed lunch available

Monday

Beef Burger Farm Assured Minced Beef Burger served in a Soft Bread Roll

Vegetarian Burger served in a Soft Bread Roll **V**

Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Golden Shortbread

Tuesday

Pizza Bar – Cheese and Tomato Pizza selection of toppings on a Cheese and Tomato Deep Crust Base **V**

Pasta Neapolitan **V**

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Muffin Selection

Wednesday

Traditional Roast Chicken with Sage and Onion Stuffing and Rich and Tasty Gravy Farm Assured Sliced Meat

Roasted Vegetable Parcel Seasonal Vegetables and Mixed Beans encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Garden Peas, Seasonal Salad Selection, Bread

Jelly with a Swirl of Cream

Thursday

Lasagne Farm Assured Minced Beef, layered with Pasta Sheets and topped with a Chef's Bechamel Sauce

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce **V**

Crusty Bread, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Swiss Crumble and Custard

Friday

Battered Fish White fillet of fish coated in a light batter or **Jumbo Fish Finger** White fillet of fish coated in breadcrumbs or **Fishcake**

Quorn Dunkers Tender Quorn pieces in a light batter **V**

Chips, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Potatoes were the first vegetable to be grown in space.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.