

14 JUL	WK 3	17 NOV	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2		
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2025 TO MARCH 2026

V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Cheese and Tomato Pizza** with a selection of toppings on a deep crust base

**Vegetarian Fingers** V

**Herby Diced Potatoes, Big Seasonal Salad Selection, Bread**

**Vanilla Ice Cream**

## Tuesday

**Spaghetti Bolognese** Farm Assured Minced Beef in a Chef's Rich Tomato Sauce

**Vegetable Chili** Seasonal Vegetables and Mixed Beans in a Chef's Rich Tomato Sauce V

**Spaghetti, Boiled Rice, Garlic Bread, Carrots, Green Beans, Seasonal Salad Selection, Bread**

**Chocolate Rice Crispy Cakes**

## Wednesday

**Traditional Roast of the Day** Farm Assured Sliced Meat served with Rich and Tasty Gravy

**Vegetarian Stuffed Yorkshire Pudding** Roasted Vegetables and Mixed Beans served with a Yorkshire Pudding V

**Roast Potatoes, Creamed Potato, Cauliflower, Broccoli, Carrots, Seasonal Salad Selection, Bread**

**Iced Lemon Shortbread**

## Thursday

**Hot Dog** Farm Assured Pork Sausage in a Soft Bread Roll

**Vegetarian Hot Dog** Vegetarian Sausage in a Soft Bread Roll V

**Potato Waffles, Sweetcorn, Onions, Seasonal Salad Selection, Bread**

**Fruit Sponge and Custard**

## Friday

**Battered Fish** White fillet of fish coated in a light batter or **Salmon Fishcake**

**Roasted Vegetable and Cheese Flan** V

**Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread**

**Fruit Jelly**

# Week 2

## Monday

**Pork Sausage** Farm Assured Pork Sausage served with a Rich and Tasty Gravy

**Vegetarian Sausage** served with a Rich and Tasty Gravy V

**Creamed Potato, Carrots, Green Beans, Seasonal Salad Selection, Bread**

**Cookie Selection**

## Tuesday

**Wrap Day – Hot Chicken Wrap**

**Hot Pulled Quorn Wrap** V

**Boiled Rice, Big Seasonal Salad Selection, Bread**

**Fruit Sponge and Custard**

## Wednesday

**Traditional Roast of the Day** Farm Assured Sliced Meat served with Rich and Tasty Gravy

**Roasted Vegetables and Mixed Bean Parcel** Roasted Vegetables and Mixed Beans encased in Puff Pastry V

**Roast Potatoes, Creamed Potato, Cauliflower, Broccoli, Carrots, Seasonal Salad Selection, Bread**

**Chocolate and Oat Cookie**

## Thursday

**Beef Burger** Farm Assured Minced Beef Burger served with a White Bread Roll

**Vegetable Burger** served with a White Bread Roll V

**Jacket Potato Wedges, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Bread**

**Milkshake with a Handmade Mini Shortbread Cookie**



**eatwell**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Battered Fish** White fillet of fish coated in a light batter or **Jumbo Fish Finger** White fillet of fish coated in breadcrumbs

**Fishless Fingers** V

**Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread**

**Strawberry Mousse**

# Week 3

## Monday

**Beef and Tomato Meatballs** served with a Rich Tomato Sauce

**Quorn Balls** served with a Rich Tomato Sauce V

**Pasta Twists, Carrots, Green Beans, Seasonal Salad Selection, Bread**

**Chocolate Sponge and Custard**

## Tuesday

**Cheese and Tomato Pizza** with a selection of toppings on a deep crust base V

**Potato Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread**

**Golden Shortbread**

## Wednesday

**Traditional Roast of the Day** Farm Assured Sliced Meat served with Rich and Tasty Gravy

**Cheese Potato Puff** Cheese and Creamed Potato encased in Puff Pastry V

**Cauliflower, Broccoli, Carrots, Seasonal Salad Selection, Bread**

**Fruit Muffin**

## Thursday

**Big Breakfast** Farm Assured Sausage, Bacon, Free Range Scrambled Egg

**Quorn Sausage, Free Range Scrambled Egg** V

**Hash Browns, Mushrooms, Plum Tomatoes, Baked Beans, Seasonal Salad Selection, Bread**

**Strawberry or Chocolate Mousse**

## Friday

**Battered Fish** White fillet of fish coated in a light batter or **Jumbo Fish Finger** White fillet of fish coated in breadcrumbs

**Vegetable Nuggets** V

**Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread**

**Biscuit Selection**

**FUN FOOD FACT**

**Potatoes were the first vegetable to be grown in space.**

**FUN FOOD FACT**

**A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.