

14 JUL	WK 3	17 NOV	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2		
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

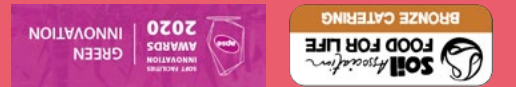
Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Cauliflower and Broccoli Bake *Cauliflower and Broccoli Florets in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Cookie Selection

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat or Pork Sausage Farm Assured Pork Sausage*

Vegetarian Sausage V

Roast Potatoes, Creamed Potato, Carrot, Cauliflower, Seasonal Salad Selection, Bread

Cupcake Selection

Tuesday

Chicken in a Tomato and Herb Sauce *Farm Assured Chicken in a Chef's Sauce*

Tomato and Cheese Pasta Bake *Chef's Rich Tomato Sauce with Pasta and topped with Cheese* V

Potato Wedges, Broccoli, Green Beans, Seasonal Salad Selection, Bread

Vanilla Iced Sponge

Thursday

Chicken Goujons *Farm Assured Chicken Strips coated in Breadcrumbs served with Sauces*

Quorn Dunkers *Quorn pieces in a light batter* V

Diced Potatoes, Sweetcorn, Baked Beans, Seasonal Salad Selection, Bread

Chocolate Cake and Chocolate Sauce

Friday

Cheese and Tomato Pizza *with a selection of toppings* V

Noodles, Peas, Sweetcorn, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Week 2

Monday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* or **Fishcake**

Couscous Bake *Roasted Seasonal Vegetables in Tomato Couscous* V

Pasta, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread

Chocolate Iced Sponge

Tuesday

Beef Burger *Farm Assured Minced Beef Burger*

Vegetarian Burger V

Diced Potatoes, Baked Beans, Carrots, Seasonal Salad Selection, Bread

Syrup Sponge and Custard

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy* or **Chicken Pie** *Farm Assured Chicken in a Sauce and topped with Pastry*

Quorn fillet Slice *served with Rich and Tasty Gravy* V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Cookie Selection

Thursday

Sausage Roll *Farm Assured Sausage Meat encased in Puff Pastry*

Cheese Puff *Creamed Potato and Cheese encased in Puff Pastry* V

Potato Wedges, Sweetcorn, Cauliflower, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Cheese and Tomato Pizza *with a selection of toppings* V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate Brownie

Week 3

Monday

Battered Fish *White fillet of fish coated in a light batter* or **Fishcake**

Sweet Potato and Cheese Bake *Creamed Sweet Potato and Grated Cheese topped with Sliced Tomatoes* V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Crispy Cornflake Cake

Thursday

Meatballs *Farm Assured Meatballs served in a Rich Tomato Sauce*

Quorn Balls *served in a Rich Tomato Sauce* V

Pasta, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Marble Sponge and Custard

Friday

Cheese and Tomato Pizza *with a selection of toppings* V

Potato Wedges, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Cookie Selection

Tuesday

Chinese Chicken *Farm Assured Chicken and Vegetables in a Chinese Spiced Chef's Sauce*

Vegetarian Chow Mein V

Noodles, Broccoli, Green Beans, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat or Pork Sausage Farm Assured Pork Sausage*

Roasted Vegetables with a Yorkshire Pudding *Seasonal Vegetables and Mixed Beans in a Chef's Sauce and served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Seasonal Salad Selection, Bread

Jam and Coconut Sponge

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.