

14 JUL	WK 2	15 DEC	WK 2
7 JUL	WK 1	8 DEC	WK 1
30 JUN	WK 2	1 DEC	WK 2
23 JUN	WK 1	24 NOV	WK 1
16 JUN	WK 2	17 NOV	WK 2
9 JUN	WK 1	10 NOV	WK 1
2 JUN	WK 2	3 NOV	WK 2
26 MAY - HALF TERM		27 OCT - HALF TERM	
19 MAY	WK 2	20 OCT	WK 2
12 MAY	WK 1	13 OCT	WK 1
5 MAY	WK 2	6 OCT	WK 2
28 APR	WK 1	29 SEPT	WK 1
		22 SEPT	WK 2
		15 SEPT	WK 1
		8 SEPT	WK 2
		1 SEPT	WK 1
Summer Term 2025		Autumn Term 2025	
		5 JAN	WK 1
		12 JAN	WK 2
		19 JAN	WK 1
		26 JAN	WK 2
		2 FEB	WK 1
		9 FEB	WK 2
		16 FEB - HALF TERM	
		23 FEB	WK 2
		2 MAR	WK 1
		9 MAR	WK 2
		16 MAR	WK 1
		23 MAR	WK 2
		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Monday

Pork Sausage *Farm Assured Pork Sausage served with a Rich and Tasty Gravy*

Vegetarian Sausage Roll **V**

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Fruit Flapjack

TEA Filled Pitta and Fresh Fruit

Tuesday

Cheese and Ham Pasta Bake *Farm Assured Ham and Pasta in a Chef's Creamy Cheese Sauce*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

Garlic Bread, Sweetcorn, Mixed Vegetables, Seasonal Salad Selection, Bread

Fruit Muffins

TEA Sandwich Selection and Jelly

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Shepherdess Pie *Seasonal Vegetables and Mixed Beans in a Chef's Sauce and topped with a Savoury Crumb* **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Crispy Cornflake Tart and Custard

TEA Cheese and Crackers and Fruit Yoghurt

Thursday

Chicken Goujons *Farm Assured Chicken coated in Breadcrumbs and served with BBQ Sauce*

Vegetarian Stuffed Jacket Potato **V**

Brown Rice, Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Handmade Biscuit Selection

TEA Tomato Pasta Salad and Cookie

Friday

Battered Fish *White fillet of fish coated in a light batter* or **Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs*

Cheese and Potato Pie *Creamed Potato and Grated Cheese in a Shortcrust Pastry Flan and topped with Tomato* **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Mousse

TEA Handmade Bread with Fruit Preserve and Fresh Fruit

Monday

Meatballs *Farm Assured Meatballs in a Chef's Tomato Sauce*

Quorn Balls *served with a Sauce* **V**

Pasta, Carrots, Broccoli, Seasonal Salad Selection, Bread

Fruit Sponge and Custard

TEA Filled Pitta and Fresh Fruit

Tuesday

Ham and Pineapple Pizza

Cheese and Tomato Pizza **V**

Potato Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread

Chocolate Brownie

TEA Sandwich Selection and Jelly

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Quorn Fillet *served with a Rich and Tasty Gravy* **V**

Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

TEA Cheese and Crackers and Fruit Yoghurt

Thursday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg **V**

Potato Waffles, Baked Beans, Tomatoes, Seasonal Salad Selection, Bread

Fruit Jelly

TEA Tomato Pasta Salad and Cookie



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of fish coated in a light batter* or **Fishcake**

Cheese Puffs *Creamed Potato and Cheese encased in Puff Pastry* **V**

Chips, Couscous, Peas, Sweetcorn, Seasonal Salad Selection, Bread

Golden Shortbread

TEA Handmade Bread with Fruit Preserve and Fresh Fruit

**FUN
FOOD
FACT**

potatoes were the first vegetable to be grown in space.

**A POMEGRANATE
CAN HOLD UP TO
1400 SEEDS.**

**FUN
FOOD
FACT**

● Fresh Fruit available daily. All items subject to availability. ●