

V Vegetarian
 Ve Vegan
 H Halal

Week 1

BE YOUR BEST

Week 2

Week 3



Sandwich Bar Monday

Pork Sausage Farm Assured Pork Sausage served with a Rich and Tasty Gravy

Vegan Sausage served with a Rich and Tasty Gravy **V Ve**

Creamed Potato, Carrots, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Lemon and Mandarin Cake

Early Years options: Lemon and Mandarin Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Tuesday

Beef Bolognese Farm Assured Minced Beef in a Chef's Tomato Sauce or **Beef Lasagne** Farm Assured Minced Beef in a Chef's Tomato Sauce layered with Pasta Sheets and a Creamy Sauce topped with Cheddar Cheese

Sweet Potato Couscous Bake Layers of Sweet Potato and Couscous topped with Cheese **V**

Pasta, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Cheesecake topped with Fruit

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Seasonal Vegetables and Mixed Beans Served with a Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Cauliflower, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Homemade Scones – Fruit or Cheese

Early Years options: Homemade Scones – Fruit or Cheese, or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Thursday

Chicken Curry Farm Assured Chicken in a Chef's Curry Sauce

Quorn Curry Quorn pieces in a Chef's Curry Sauce **V**

Boiled Rice, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Sponge and Custard

Early Years options: Fruit Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Friday

Battered Fish White fillet of Fish coated in a Light Batter or **Jumbo Fish Finger** White fillet of Fish coated in Breadcrumbs

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce **V**

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Muffin Selection

Early Years options: Banana Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar

Available daily by pre order



BE HONEST

Sandwich Bar Monday

Pizza Bar – Cheese and Tomato Pizza **V** with a selection of toppings including Chicken, Pineapple **V**, Peppers **V**, Sliced Onions **V**, Sweetcorn **V**, Gerkins **V**

Pasta Neapolitan Seasonal Vegetables and Pasta in a Chef's Tomato Sauce **V**

Diced Potatoes, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Carrot Cake Muffins

Early Years options: Carrot Cake Muffins or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Tuesday

Handmade Chicken Goujons Farm Assured Chicken coated in Natural Breadcrumbs served with BBQ or Tomato Sauce

Vegetable Enchiladas Seasonal Vegetables and Mixed Beans encased in a floured wrap, topped with Chef's Tomato Sauce and Cheese **V**

Boiled Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Peach and Yoghurt Cake

Early Years options: Peach and Yoghurt Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Cheese Puff Creamed Potato and Cheese encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fresh Fruit Salad

Early Years options: Fresh Fruit Salad or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Thursday

Beef Burger Farm Assured Minced Beef Burger served in a Soft Bap

Quorn Burger Quorn Burger served in a Soft Bap **V**

Potato Wedges, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate Cake and Chocolate Sauce

Early Years options: Chocolate and Pear Cake and Chocolate Sauce or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit



Sandwich Bar Friday

Battered Fish White fillet of Fish coated in a Light Batter or **Salmon Fish Star** MSC Salmon and Mashed Potato seasoned within a Crispy Crumb

Pizza Roll Soft Bread dough with Tomato and Cheese rolled and cut into Pin Wheels and oven baked **V**

Chips, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Biscuit Selection

Early Years options: Red Velvet Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Monday

Big Breakfast Farm Assured Sausage, Free Range Scrambled Egg, Baked Beans

Vegan Sausage **V Ve**

Mini Waffles or Smiley Faces, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Wholemeal Bread and White Bread

Banana Muffins

Early Years options: Banana Muffins or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Tuesday

Handmade Gluten Free Meatballs Farm Assured Meatballs served with a Chef's Rich Tomato Sauce

Vegetarian Balls served with a choice of Chef's Sauce **V**

Pasta Twists, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Mandarin and Lemon Cake

Early Years options: Mandarin and Lemon Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Cauliflower Cheese Cauliflower Florets in a Chef's Creamy Cheese Sauce **V**

Roast Potatoes, Creamed Potato, Carrots, Green Beans, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Fresh Fruit Salad or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Thursday

Pizza Bar – Cheese and Tomato Pizza **V** with a selection of toppings including Chicken, Pineapple **V**, Peppers **V**, Sliced Onions **V**, Sweetcorn **V**

Sliced Potato, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Blueberry and Yoghurt Cake and Custard

Early Years options: Blueberry and Yoghurt Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Friday

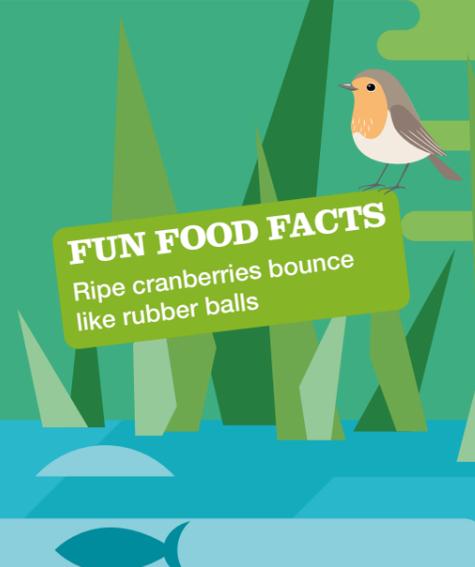
Battered Fish White fillet of Fish coated in a Light Batter or **Jumbo Fish Finger** White fillet of Fish coated in Breadcrumbs

Cheese and Potato Pie Creamed Potato and Cheese in a Short crust Pastry Flan topped with Sliced Tomatoes **V**

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Scones – Fruit or Cheese

Early Years options: Scones – Fruit or Cheese or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit



FUN FOOD FACTS
 Ripe cranberries bounce like rubber balls

BE KIND

BE YOUR BEST

Fresh Fruit available daily. All items subject to availability.