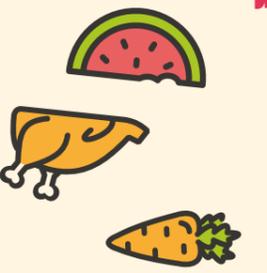


Menu calendar

14 DEC	WK 1	13 JUL	WK 2
7 DEC	WK 3	6 JUL	WK 1
30 NOV	WK 2	29 JUN	WK 3
23 NOV	WK 1	22 JUN	WK 2
16 NOV	WK 3	15 JUN	WK 1
9 NOV	WK 2	8 JUN	WK 3
2 NOV	WK 1	1 JUN	WK 2
26 OCT - HALF TERM		25 MAY - HALF TERM	
19 OCT	WK 2	18 MAY	WK 3
12 OCT	WK 1	11 MAY	WK 2
5 OCT	WK 3	4 MAY	WK 1
28 SEPT	WK 2	27 APR	WK 3
21 SEPT	WK 1	20 APR	WK 2
14 SEPT	WK 3	13 APR	WK 1
7 SEPT	WK 2		
1 SEPT	WK 1		
Autumn Term 2026		Summer Term 2026	
15 FEB - HALF TERM		4 JAN	WK 1
8 FEB	WK 3	11 JAN	WK 2
1 FEB	WK 2	18 JAN	WK 3
25 JAN	WK 1	22 FEB	WK 2
18 JAN	WK 3	1 MAR	WK 3
11 JAN	WK 2	8 MAR	WK 1
4 JAN	WK 1	15 MAR	WK 2
Spring Term 2027		22 MAR	WK 3



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Pizza Bar – Cheese and Tomato Pizza
V with a selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms, Sliced Onions V, Sweetcorn V, Gerkin's V

Diced Potatoes, Garden Peas, Sweetcorn, Seasonal Salad, Wholemeal Bread and White Bread, Garlic Bread

Icecream

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Beef Bolognese Farm Assured Minced Beef in a Chef's Rich Tomato Sauce

Vegetarian Chilli Mixed Beans and Vegetables in a Chefs Mild Chilli Sauce V

Pasta Twists or Boiled Rice, Green Beans, Sliced Carrots, Seasonal Salad, Wholemeal Bread and White Bread

Chocolate Crispy Cake

Early Years options: Red Velvet Cake or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Filled Yorkshire Pudding Seasonal Roasted Vegetables and Mixed Beans served in a Yorkshire Pudding with Rich and Tasty Gravy V

Roast Potatoes, Creamed Potatoes, Batton Carrots, Cauliflower, Broccoli, Seasonal Salad, Wholemeal Bread and White Bread

Lemon Short Bread

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Thursday

Hot Dog Farm Assured Pork Sausage in a Soft Finger Roll

Quorn Hot Dog Quorn Sausage in a Soft Finger Roll V

Jacket Wedges, Baked Beans, Garden Peas, Seasonal Salad, Wholemeal Bread and White Bread

Fruit Sponge and Custard

Early Years options: Fruit Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Battered Fish Fillet of Fish coated in crispy Breadcrumbs or **Salmon Star Fish** MSC Salmon and Creamed Potato seasoned with a Crispy Crumb

Home Made Quiche Grated Cheese and a Savoury Egg Custard in a Shortcrust Pastry Case V

Chips, Couscous, Sweetcorn, Seasonal Salad, Wholemeal Bread and White Bread

Fruit Jelly

Early Years options: Banana Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Monday

Pork Sausage Farm Assured Pork Sausage served with a Rich and Tasty Gravy

Tomato Pasta Bake Seasonal Vegetables, Lentils and Pasta Twists in a Chef's Tomato Sauce topped with Cheese V

Creamed Potatoes, Green Beans, Carrots, Seasonal Salad, Wholemeal Bread and White Bread

FlapJack, Cheese and Crackers

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Handmade Chicken Goujons Farm Assured Chicken Strips in Golden Breadcrumbs served with BBQ or Sweet and Sour Sauce

Quorn Dunkers V

Boiled Rice, Garden Peas, Sweetcorn, Seasonal Salad, Wholemeal Bread and White Bread,

Biscuit Selection, Yoghurt

Early Years options: Fruit Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with a Rich and Tasty Gravy

Oven Roasted Vegetables in a Yorkshire Pudding Seasonal Roasted Vegetables and Mixed Beans served with Rich and Tasty Gravy V

Roast Potatoes, Creamed Potatoes, Cauliflower, Batton Carrots, Seasonal Salad, Wholemeal Bread and White Bread

Ice Cream, Cheese and Crackers

Early Years options: Fresh Fruit Salad or Cheese and Crackers or Yoghurt and Fruit

Thursday

Pasta Bake – Beef Bolognese or Chicken Pasta Bake Minced Beef or Diced Chicken and Pasta Twists in a Chef's Tomato Sauce

Roasted Vegetables and Mixed Bean Parcels Seasonal oven Roasted Vegetables and Mixed Beans in a Puff Pastry Parcel

Diced Potatoes, Sweetcorn, Broccoli, Seasonal Salad, Wholemeal Bread and White Bread

Mini Biscuit and Milk Shake

Early Years options: Apple Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Battered Fish Fillet of Fish coated in Crispy Breadcrumbs or **Salmon Star Fish** MSC Salmon and Creamed Potato seasoned with a Crispy Crumb

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce V

Chips, Couscous, Garden Peas, Beans, Seasonal Salad, Wholemeal Bread and White Bread

Chocolate Brownie, Cheese and Crackers

Early Years options: Red Velvet Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Fresh Fruit available daily. All items subject to availability.

Monday

Big Breakfast Farm Assured Pork Sausage Pattie, Free Range Scrambled Egg, Baked Beans

Quorn Sausage, Free Range Scrambled Egg V

Smiley Faces, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Pizza Bar – Cheese and Tomato Pizza
V with a Selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V, Gerkin's V

Diced Potatoes, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Sponge and Custard

Early Years options: Fruit Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Wednesday

Traditional Roast of the Day Sliced Meat served with a Rich and Tasty Gravy

Sweet Potato and Roasted Pepper Bake V

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread

Biscuit Selection, Fresh Fruit Salad

Early Years options: Cheese and Crackers or Yoghurt and Fruit

Thursday

Handmade Meatballs Farm Assured Minced Beef Balls served with a Chefs Toamto Sauce

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce V

Pasta Twists, Green Beans, Batton Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Carrot Cake Muffin

Early Years options: Carrot Cake Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Fish Finger Fillet of Fish coated in Crispy Breadcrumbs or **Battered Fish** Fillet of Fish coated in Crispy Breadcrumbs

Frittata A selection of Fresh Vegetables and Potatoes baked in a Savoury Egg Custard V

Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Cheese or Fruit Scone

Early Years options: Cheese or Fruit Scone or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

FUN FOOD FACT

Ripe cranberries bounce like rubber balls

Sandwich Option
Packed lunch available

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!