

Spring Term 2027		Autumn Term 2026	
4 JAN	WK 1	1 SEPT	WK 1
11 JAN	WK 2	7 SEPT	WK 2
18 JAN	WK 3	14 SEPT	WK 3
25 JAN	WK 1	21 SEPT	WK 1
1 FEB	WK 2	28 SEPT	WK 2
8 FEB	WK 3	5 OCT	WK 3
15 FEB - HALF TERM		12 OCT	WK 1
22 FEB	WK 2	19 OCT	WK 2
1 MAR	WK 3	26 OCT - HALF TERM	
8 MAR	WK 1	2 NOV	WK 1
15 MAR	WK 2	9 NOV	WK 2
22 MAR	WK 3	16 NOV	WK 3
		23 NOV	WK 1
		30 NOV	WK 2
		7 DEC	WK 3
		14 DEC	WK 1
		21 DEC	WK 2
		28 DEC	WK 3
		4 JAN	WK 1
		11 JAN	WK 2
		18 JAN	WK 3
		25 JAN	WK 1
		1 FEB	WK 2
		8 FEB	WK 3
		15 FEB - HALF TERM	
		22 FEB	WK 2
		1 MAR	WK 3
		8 MAR	WK 1
		15 MAR	WK 2
		22 MAR	WK 3

## Menu calendar

# FREE SCHOOL MEALS DID YOU KNOW?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until the end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Download your copy at



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



# OUR MENUS

Telford & Wrekin Co-operative Council  
Protect, care and invest to create a better borough



# SS PETER AND PAUL CATHOLIC PRIMARY SCHOOL

## SCHOOL MENU

Let's Dine  
April 2026 to March 2027



# OUR INGREDIENTS

Where our food comes from

- Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.
- The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.
- Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.
- Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.
- Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.
- Meat** - our meat is Red Tractor sourced in the UK.
- Cheese** - produced in Nantwich, Cheshire.
- Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

V Vegetarian  
 Ve Vegan  
 H Halal

# WEEK 1



# WEEK 2



# WEEK 3

## MONDAY

**Pizza Bar – Cheese and Tomato Pizza** V with a selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V, Gerkins V

Jacket Wedges, Peas, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## TUESDAY

**Chicken Curry** Farm Assured Diced Chicken pieces served in either Korma or Tikka Sauce

**Vegetable Curry** Roasted Vegetables and Lentils served in either Korma or Tikka Sauce V

Boiled Rice, Green Beans, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Sponge and Custard or Fruit Yoghurt

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## WEDNESDAY

**Big Breakfast** Farm Assured Pork Sausage Pattie, Free Range Scrambled Egg, Baked Beans

Quorn Sausage, Free Range Scrambled Egg V

Hashbrowns, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Wholemeal Bread and White Bread

Biscuit selection or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## THURSDAY

**Beef Bolognese** Farm Assured Minced Beef in a Chef's Rich Tomato Sauce

**Tomato Pasta Bake** Seasonal Vegetables, Lentils and Pasta Twists in a Chef's Tomato Sauce topped with Cheese V

Pasta, Carrots, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry Angel Delight or Fruit Yoghurt

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## FRIDAY

**Fish Finger** Fillet of Fish coated in Crispy Breadcrumbs or **Battered Fish** Fillet of Fish coated in Crispy Breadcrumbs

Chips, Peas, Mushy Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Muffin or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## MONDAY

**Mild Beef Chilli** Farm Assured Minced Beef in a Chef's Mild Chilli Sauce

**Vegetable and Bean Chilli** Roasted Vegetables and Mixed Beans in a Chef's Mild Chilli Sauce V

Boiled Rice, Jacket Potato, Carrot, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Biscuit Selection

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## TUESDAY

**Pork Meatballs** served with a Chef's Rich Tomato or BBQ Sauce

**Quorn Balls** served with a Chef's Rich Tomato or BBQ Sauce

Spaghetti, Peas, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Rice Pudding and Jam

**Early Years options:** Fresh Fruit Salad or Cheese and Crackers or Yoghurt and Fruit

## WEDNESDAY

**Traditional Roast of the Day** Farm Assured Sliced Meat served with Rich and Tasty Gravy

**Vegetarian Toad in the Hole** Quorn Sausages in a Yorkshire Pudding served with Rich and Tasty Gravy V

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread

Raspberry Buns

**Early Years options:** Peach and Yoghurt Cake or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## THURSDAY

**Chicken Curry** Farm Assured Diced Chicken pieces served in a Chef's Korma or Tikka Sauce

**Vegetable Curry** Roasted Vegetables and Mixed Beans served in either a Chef's Korma or Tikka Sauce V

Boiled Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Banana Muffin

**Early Years options:** Banana Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## FRIDAY

**Battered Fish** Fillet of Fish coated in Crispy Breadcrumbs

**Macaroni Cheese** Macaroni Pasta in a Chef's Creamy Cheese Sauce V

Chips, Garden Peas, Mushy Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## Sandwich Bar

Available daily by pre order

## MONDAY

**Beef Bolognese** Farm Assured Minced Beef in a Chef's Rich Tomato Sauce

**Vegetable Pasta Bake** Seasonal Vegetables, Mixed Beans and Pasta Twists in a Chef's Tomato Sauce topped with Cheese V

Pasta Twists, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Ice Cream

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## TUESDAY

**Pizza Bar – Cheese and Tomato Pizza** V with a selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V, Gerkins V

Jacket Wedges, Batton Carrots, Green Beans, Seasonal Salad Selection, Homemade Bread Selection

Fruit Crumble and Custard

**Early Years options:** Fruit Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## WEDNESDAY

**Big Breakfast** Farm Assured Pork Sausage Pattie, Free Range Scrambled Egg, Baked Beans

Quorn Sausage, Free Range Scrambled Egg V

Hash Brown, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Homemade Bread Selection

Muffin Selection

**Early Years options:** Red Velvet Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## THURSDAY

**Handmade Chicken Goujons** served with a Chef's Tomato or Sweet and Sour Sauce

**Quorn Dippers** served with a Chef's Tomato or Sweet and Sour Sauce

Boiled Rice, Sweetcorn, Batton Carrots, Seasonal Salad Selection, Homemade Bread Selection

Chocolate or Strawberry Angel delight

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

## FRIDAY

**Battered Fish** Fillet of Fish coated in Crispy Breadcrumbs or **Salmon Star** Fish MSC Salmon and Creamed Potato seasoned with a Crispy Crumb

**Cheese and Onion Puff** Creamed Potato Diced Onions and Grated Cheese in Golden Puff Pastry V

Chips, Couscous, Garden Peas, Mushy Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Biscuit Selection

**Early Years options:** Fruit or Cheese Scone or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.



Fresh Fruit available daily. All items subject to availability.

# WE LET OUR LIGHT SHINE

