

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine Primary School Menu

April 2026 to March 2027

Download your copy at www.telford.gov.uk/schoolmeals



Ladygrove Primary School



Free School Meals DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to re-apply to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until the end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Our menus



- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



Autumn Term 2026		Spring Term 2027	
13 APR	WK 1	4 JAN	WK 1
20 APR	WK 2	11 JAN	WK 2
27 APR	WK 3	18 JAN	WK 3
4 MAY	WK 1	25 JAN	WK 1
11 MAY	WK 2	1 FEB	WK 2
18 MAY	WK 3	8 FEB	WK 3
25 MAY - HALF TERM		15 FEB - HALF TERM	
1 JUN	WK 2	22 FEB	WK 2
8 JUN	WK 3	1 MAR	WK 3
15 JUN	WK 1	8 MAR	WK 1
22 JUN	WK 2	15 MAR	WK 2
29 JUN	WK 3	22 MAR	WK 3
6 JUL	WK 1		
13 JUL	WK 2		
20 JUL	WK 3		
27 JUL	WK 1		
3 AUG	WK 2		
10 AUG	WK 3		
17 AUG	WK 1		
24 AUG	WK 2		
31 AUG	WK 3		
7 SEP	WK 1		
14 SEP	WK 2		
21 SEP	WK 3		
28 SEP	WK 1		
5 OCT	WK 2		
12 OCT	WK 3		
19 OCT	WK 1		
26 OCT - HALF TERM			
2 NOV	WK 1		
9 NOV	WK 2		
16 NOV	WK 3		
23 NOV	WK 1		
30 NOV	WK 2		
7 DEC	WK 3		
14 DEC	WK 1		

Menu calendar

V Vegetarian
Ve Vegan
H Halal



Every day counts, every minute matters



Week 1

Week 2

Week 3

Sandwich Bar

Monday

Spaghetti Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Cauliflower and Broccoli Bake *Cauliflower and Broccoli Florets in a Chef's Creamy Sauce* V

Garlic Bread, Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Apple and Raisin Muffins

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Big Breakfast *Farm Assured Pork Sausage or Sausage Pattie, Free Range Scrambled Egg*

Vegetarian Big Breakfast *Quorn Sausage with Free Range Scrambled Egg* V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Mandarin and Lemon Yoghurt Cake

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Monday

Traditional Cottage Pie *Farm Assured Minced Beef cooked in a Rich Gravy and topped with Creamed Potato*

Vegetable and Bean Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Banana Cake Muffin

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Big Breakfast *Farm Assured Pork Sausage or Sausage Pattie, Free Range Scrambled Egg*

Vegetarian Big Breakfast *Quorn Sausage with Free Range Scrambled Egg* V

Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Pear and Chocolate Yoghurt Cake

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Monday

Chicken and Sweetcorn Pasta Bake *Farm Assured Chicken cooked in Chef's Sauce Topped with Cheese*

Tomato and Basil Pasta *A mix of Beans and vegetables in a Rich Tomato and Basil Sauce* V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Carrot Cake Muffin

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Thursday

Chicken Goujons *Farm Assured Chicken Strips coated in Breadcrumbs served with BBQ, Sweet and Sour Sauce or Curry Sauce*

Chickpea Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Boiled Rice, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Apple and Raisin Muffins

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Pizza Bar – Cheese and Tomato V or **Chicken Pizza** or **Pasta with Tomato and Basil Sauce**

Vegetable and Bean Pasta Bake *Seasonal Vegetables, Mixed Beans and Pasta in a Chef's Tomato Sauce* V

Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Pear and Chocolate Yoghurt Cake

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Friday

Battered Fish *White fillet of Fish coated in a Light Batter* or **Fish Stars** *MSC Salmon and Mashed Potatoes with seasoning coated in a Crispy Crumb*

Chickpea Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Scone

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Chicken Curry *Farm Assured Chicken with a Chef's Curry Sauce* or **Pasta with Beef Bolognese**

Vegetable Curry *Seasonal Vegetables, in a mild Curry Sauce* V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread

Peach Yoghurt Cake

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Tuesday

Taco Tuesday – Mild Chili Beef with Cheese *Farm Assured Minced Beef Chili served in a Taco*

Veggie Chili *A mix of Beans, Lentils, and colourful Vegetables that's big on flavour and zero on spice* V

Tacos, Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Mandarin and Lemon Yoghurt Cake

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat* or **Chicken Italiano with Pasta**

Savoury Vegetarian Muffin *A Light and Fluffy Muffin baked with chopped seasonal Vegetables and a hint of Herbs* V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Fruit Cake and Custard

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers



Sandwich Bar

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat*

Pasta with Tomato Mascarpone and Mixed Beans V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Fruit Cake and Custard

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar

Friday

Battered Fish *White fillet of Fish coated in a Light Batter*

Cauliflower and Broccoli Bake *Cauliflower and Broccoli Florets in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Plain Scone

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar
Available daily by pre order



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Chip Shop Friday

Battered Fish *White fillet of Fish coated in a Light Batter* or **Fish Stars** *MSC Salmon and Mashed potatoes with seasoning coated in a crispy crumb*

Fishless Finger *Our Fish free alternative coated in a Crispy crumb* V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Scone

Natural Yogurt with Chopped Fruit or Fresh Fruit Salad or Cheese and Crackers

Sandwich Bar



Fresh Fruit available daily. All items subject to availability.