

Toileting

Equipment and Aids

Many people find that it is difficult to stand up from their toilet as these are typically lower than seating in their homes.

Types of Toileting Equipment:

Commode

What is it for? Used for someone who requires quick access to toileting.

Considerations?

- Need to consider how it will be emptied and by who.
- Consider purchasing liners or gel crystals to absorb liquids.
- Must be able to use both hands to assist with standing up to prevent tipping.
- Set to correct height with person's feet flat on the floor.
- Need to be able to stand up independently and be able to walk a short distance to the equipment.
- Weight restrictions of product.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Commodes for Home Care | Commode Chairs | Toilet Chairs for the Elderly & Disabled – Manage At Home](#)
- [Commode Chairs – Complete Care Shop](#)
- [Static Commodes from Essential Aids](#)

How much is it? £47-£100



Wheeled Commode

What is it for? Used for someone who cannot access the toilet quickly due to their mobility. Can be used as a toilet using pan or can be wheeled over the toilet.

Considerations?

- Will need someone to push the chair with the person in it.
- Need to consider how it will be emptied and by who.
- Consider purchasing liners or gel crystals to absorb liquids.
- Must be able to use both hands to assist with standing up to prevent tipping and to be able to stand up safely from this.
- Feet should be flat on the floor to allow someone to stand up safely.
- Will need to be able to walk a few steps.
- Not suitable over the toilet if the toilet is too high or there is boxed in pipework or large soil pipes that prevent the chair from wheeling over the aperture of the toilet.
- Weight restrictions of product.

You may wish to also consider a wheeled commode that can also be used in the shower for a more versatile item, but ensure that it is one that is safe to shower use.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Wheeled Commodes – Complete Care Shop](#)
- [Mobile Commodes from Essential Aids](#)
- [Wheeled Commodes | Wheeled Commodes for the Disabled & Elderly – Manage At Home](#)



How much is it? £70 - £150

Toilet Frame with raised seat

What is it for? To raise the height of the toilet while also providing assistance to stand.

Considerations?

- Must be able to use both hands to assist with standing up to prevent tipping.
- Set height so the person's feet are flat on the floor.
- Not suitable in narrow toilets or where there is boxed in pipework or large soil pipes that prevent the frame from standing back behind the toilet and allowing the seat to fit within in the aperture of the toilet.
- Weight restrictions of product.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Toilet Frame With Seat, Toilet Surround Frames, Toilet Safety Frame](#)
- [Toilet Frames & Surrounds | Toilet Seats with Arms | Bathroom Aids for the Disabled & Elderly – Manage At Home](#)
- [Toilet Frames & Rails – Complete Care Shop](#)

How much is it? £30 - £85



Fact sheet

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Raised Toilet Seat

What is it for? To raise the height of the toilet, may be used in combination with grab rails fixed to the walls.

Considerations?

- These can be difficult to fit, so ideally should only be removed for cleaning.
- Can come in a variety of heights, but when seated, hips should be in line with the knees and feet must be flat on the floor.
- Weight restrictions of product.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Raised Toilet Seats | Easy to Install Toilet Riser Seats for the Elderly & Disabled – Manage At Home](#)
- [Toilet Seat Raisers – Complete Care Shop](#)
- [Raised Toilet Seats For Elderly, Disabled Toilet Seat](#)

How much is it? £12 – £40



Toilet Frame

What is it for? To assist with a stand from the toilet when the height of the toilet is appropriate.

Considerations?

- Must be able to use both hands to assist with standing up to prevent tipping.
- Not suitable in narrow toilets or where there is boxed in pipework or large soil pipes that prevent the frame from standing back behind the toilet.
- Weight restrictions of product.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Toilet Frames & Rails – Complete Care Shop](#)
- [Toilet Frame With Seat, Toilet Surround Frames, Toilet Safety Frame](#)
- [Toilet Frames & Surrounds | Toilet Seats with Arms | Bathroom Aids for the Disabled & Elderly – Manage At Home](#)
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How much is it? £25 - £45



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If you are considering purchasing any of these items yourself, here are some things to consider:

- For toileting equipment that stands on the floor, the user needs to be able to push up using both hands when standing. This helps to prevent the equipment from tipping. If they are unable to do this, you should consider requesting an assessment, as grab rails or alternative solutions may be more appropriate.
- A person's feet should be flat on the floor when seated, as this makes standing up easier and safer.
- If the toilet is in a narrow room with walls on either side, equipment such as toilet frames may not be suitable. If the equipment were to tip, there is a risk of trapping fingers between the frame and the wall. In these situations, grab rails fitted to the walls are often a safer option. We can assess for and arrange these where appropriate.
- Consider the amount of space available and whether there is sufficient room for a carer to provide assistance if this is needed now or in the future.

We can assess you for the equipment described above. However, there may be a wait for an assessment during periods of high demand. Requests for commodes are usually prioritised due to the urgency of need.

If you are unsure which equipment may be suitable, or if equipment you have purchased no longer meets your needs, we can assess you for equipment or adaptations.

If you would like an assessment or advice about the most appropriate equipment for your needs, please contact Family Connect on 01952 385385 (Option 2). Assessments may take place either at our Independent Living Centre or in your own home.

Aids to assist with toileting

There are a range of products available that may help with toileting, including aids to assist with personal hygiene after using the toilet and clips that help keep clothing off the floor, making it easier to get dressed afterwards.

If you are experiencing urinary frequency, urgency, or continence difficulties, please discuss this with your GP, who can advise on or refer you to the most appropriate health service.

Adaptations

We can assess your toilet access if you are struggling to get to the toilet, or if the only toilet in your home is on one level (either upstairs or downstairs).

Wherever possible, we will look at solutions that help you access your existing toilet facilities rather than creating a new toilet. The assessment will be carried out by a member of the Occupational Therapy Team.

If an adaptation is recommended, we will make a referral to the Home Improvement Agency for consideration of a Disabled Facilities Grant for the recommended works. A financial assessment (means test) may be necessary for a DFG.

If you live in rented accommodation, any proposed adaptation will also be subject to your landlord's approval.