

14 JUL	WK 3	17 NOV	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2		
9 JUN	WK 1	13 OCT	WK 1	16 FEB - HALF TERM	
2 JUN	WK 3	6 OCT	WK 3	9 FEB	WK 3
26 MAY - HALF TERM		29 SEPT	WK 2	2 FEB	WK 2
19 MAY	WK 1	22 SEPT	WK 1	26 JAN	WK 1
12 MAY	WK 3	15 SEPT	WK 3	19 JAN	WK 3
5 MAY	WK 2	8 SEPT	WK 2	12 JAN	WK 2
28 APR	WK 1	1 SEPT	WK 1	5 JAN	WK 1
Summer Term 2025		Autumn Term 2025		Spring Term 2026	

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

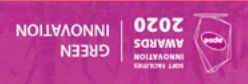
Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Pork Meatballs *Farm Assured Meatballs served with Gravy or Tomato Sauce*

Quorn Balls *served with Gravy or Tomato Sauce* **V**

Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Pie *Roasted Seasonal Vegetables and Beans in a Pastry Flan* **V**

Roast Potatoes, Creamed Potato, Sprouts, Carrots, Seasonal Salad Selection, Bread

Chocolate Sponge and Custard

Tuesday

Sweet and Sour Chicken *Farm Assured Chicken in a Chef's Sweet and Sour Sauce*

Quorn Sweet and Sour *Tender pieces of Quorn in a Sweet and Sour Sauce* **V**

Rice, Sweetcorn, Farmhouse Vegetables, Seasonal Salad Selection, Bread

Fruit Jelly with a Swirl of Cream

Thursday

Pasta Neapolitan *Pasta and Seasonal Vegetables in a Chef's Tomato Sauce*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

Sweetcorn, Green Beans, Seasonal Salad Selection, Bread

Fresh Fruit Selection

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* or **Fish Cake**

Vegetarian Fingers **V**

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Cookie Selection

Week 2

Monday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Vegetarian Bolognese *Seasonal Vegetables and Lentils in a Chef's Rich Tomato Sauce* **V**

Pasta, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Bread, Garlic Bread

Arctic Roll or Vanilla Ice Cream

Thursday

Cottage Pie *Farm Assured Minced Beef in a Tasty Gravy and topped with Creamed Potato*

Shepherdess Pie *Seasonal Vegetables and Mixed Beans in a Tasty Gravy and topped with Creamed Potato* **V**

Farmhouse Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Fresh Fruit Selection

Tuesday

Chicken in a Tomato Sauce *Farm Assured Chicken in a Chef's Rich Tomato Sauce*

Quorn in a Chef's Rich Tomato Sauce *Tender Quorn pieces in a Chef's Rich Tomato Sauce* **V**

Rice, Green Beans, Swede, Seasonal Salad Selection, Bread

Oatcake Biscuits



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of fish coated in a light batter* or **Fishcake**

Fishless Fingers **V**

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Crumble *Seasonal Vegetables and Mixed Beans with a Savoury Crumb topping* **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

Week 3

Monday

Mild Beef Chili *Farm Assured Minced Beef in a Chef's Mild Spiced Tomato Sauce*

Vegetable Chili *Seasonal Vegetables and Mixed Beans in a Chef's Mild Spiced Tomato Sauce* **V**

Boiled Rice, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Thursday

Beef Lasagne *Farm Assured Minced Beef, layered with Pasta Sheets and topped with a Chef's Bechamel Sauce*

Vegetable Lasagne **V**

Sweetcorn, Farmhouse Vegetables, Seasonal Salad Selection, Bread

Eve's Pudding and Custard

Tuesday

Chicken Pie *Farm Assured Chicken topped with Pastry and served with a Rich and Tasty Gravy*

Quorn Pie *Tender Quorn pieces topped with Pastry and served with a Rich and Tasty Gravy* **V**

New Potatoes, Green Beans, Sweetcorn, Seasonal Salad Selection, Bread

Carrot Cake

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs*

Cheesey Potato Bake *Creamed Potato and Cheddar Cheese topped with Sliced Tomato* **V**

Chips, Creamed Potato, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Hot Pot *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato* **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fresh Fruit Selection

FUN
FOOD
FACT

Potatoes were the first vegetable to be grown in space.

FUN
FOOD
FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.