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|--------------------|------|--------------------|------|--------------------|------|
| 14 JUL | WK 3 | 17 NOV | WK 3 | 15 DEC | WK 1 |
| 7 JUL | WK 2 | 10 NOV | WK 2 | 8 DEC | WK 3 |
| 30 JUN | WK 1 | 3 NOV | WK 1 | 1 DEC | WK 2 |
| 23 JUN | WK 3 | 27 OCT - HALF TERM | | 24 NOV | WK 1 |
| 16 JUN | WK 2 | 20 OCT | WK 2 | | |
| 9 JUN | WK 1 | 13 OCT | WK 1 | 16 FEB - HALF TERM | |
| 2 JUN | WK 3 | 6 OCT | WK 3 | 9 FEB | WK 3 |
| 26 MAY - HALF TERM | | 29 SEPT | WK 2 | 2 FEB | WK 2 |
| 19 MAY | WK 1 | 22 SEPT | WK 1 | 26 JAN | WK 1 |
| 12 MAY | WK 3 | 15 SEPT | WK 3 | 19 JAN | WK 3 |
| 5 MAY | WK 2 | 8 SEPT | WK 2 | 12 JAN | WK 2 |
| 28 APR | WK 1 | 1 SEPT | WK 1 | 5 JAN | WK 1 |
| Summer Term 2025 | | Autumn Term 2025 | | Spring Term 2026 | |

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2025

TO

MARCH

2026

Our menus



All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals

- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.



- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Big Breakfast Farm Assured Sausage, Bacon, Free Range Scrambled Egg
Vegetarian Sausage, Free Range Scrambled Egg
Hash Browns, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread
Fruit Muffins

Tuesday

Cheese and Ham Pizza
Cheese and Tomato Pizza
Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Angel Delight

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy
Vegetarian Pastie
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Flapjack

Thursday

B.B.Q Chicken Farm Assured Chicken with a Chef's BBQ Sauce
Pasta Bake
Sauté Potato, Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Iced Sponge with Custard

Friday

Battered Fish White fillet of fish coated in a light batter or Jumbo
Fish Finger White fillet of fish coated in breadcrumbs
Mac and Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Jelly with a Swirl Cream

Monday

Cheese and Ham Pizza
Cheese and Tomato Pizza
Diced Potatoes, Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Cookie Selection

Tuesday

Hot Dog Farm Assured Sausage in a Soft Bread Roll
Vegetarian Sausage in a Soft Bread Roll or Cauliflower and Broccoli Bake
Potato Smiles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Raspberry Buns

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy
Vegetarian Pastie
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Fruit Cheesecake

Thursday

Meatballs Farm Assured Meatballs with Tasty Gravy or Tomato Sauce
Vegetarian Lasagne
Noodles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Iced Sponge and Custard



eatwell
The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish White fillet of fish coated in a light batter or Jumbo
Fish Finger White fillet of fish coated in breadcrumbs
Pasta Bake
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate Crunch

Monday

Chicken Dunkers Farm Assured Chicken coated in Natural Breadcrumbs
Quorn Nuggets Tender Quorn pieces in Light Batter and Oven Baked
Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Strawberry and Vanilla Swirl Mousse or Chocolate and Vanilla Swirl Mousse

Tuesday

Spaghetti Bolognaise Farm Assured Minced Beef in a Chef's Rich Tomato Sauce or Beefburger Farm Assured Minced Beef Burger
Vegetarian Burger or Cheese and Egg Flan
Pasta, Sauté Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Honey and Oat Cookies

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy
Vegetarian Toad in the Hole
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Rice Pudding or Rice Crispy Cake

Thursday

Sausage Roll Farm Assured Sausage meat encased in Puff Pastry
Vegetarian Roll
Smiley Potato Faces, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate Sponge and Custard

Friday

Battered Fish White fillet of fish coated in a light batter or Jumbo
Fish Finger White fillet of fish coated in breadcrumbs or Fishcake
Mac 'n' Cheese
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Vanilla Ice Cream

FUN FOOD FACT

Potatoes were the first vegetable to be grown in space.

Sandwich Option
Packed lunch available

FUN FOOD FACT

A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.