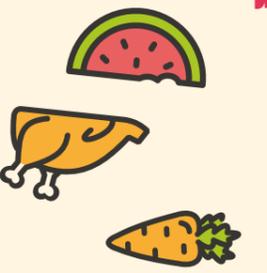


Menu calendar

14 DEC	WK 1	13 JUL	WK 2
7 DEC	WK 3	6 JUL	WK 1
30 NOV	WK 2	29 JUN	WK 3
23 NOV	WK 1	22 JUN	WK 2
16 NOV	WK 3	15 JUN	WK 1
9 NOV	WK 2	8 JUN	WK 3
2 NOV	WK 1	1 JUN	WK 2
26 OCT - HALF TERM		25 MAY - HALF TERM	
19 OCT	WK 2	18 MAY	WK 3
12 OCT	WK 1	11 MAY	WK 2
5 OCT	WK 3	4 MAY	WK 1
28 SEPT	WK 2	27 APR	WK 3
21 SEPT	WK 1	20 APR	WK 2
14 SEPT	WK 3	13 APR	WK 1
7 SEPT	WK 2	Summer Term 2026	
1 SEPT	WK 1	Autumn Term 2026	
15 FEB - HALF TERM		4 JAN	
8 FEB	WK 3	11 JAN	
1 FEB	WK 2	18 JAN	
25 JAN	WK 1	27 APR	
18 JAN	WK 3	4 MAY	
11 JAN	WK 2	11 MAY	
4 JAN	WK 1	18 MAY	
Spring Term 2027		25 MAY	
		1 JUN	
		13 JUN	
		20 JUN	
		27 JUN	
		4 JUL	
		11 JUL	
		18 JUL	
		25 JUL	
		1 AUG	
		8 AUG	
		15 AUG	
		22 AUG	
		29 AUG	
		5 SEP	
		12 SEP	
		19 SEP	
		26 SEP	
		3 OCT	
		10 OCT	
		17 OCT	
		24 OCT	
		31 OCT	
		7 NOV	
		14 NOV	
		21 NOV	
		28 NOV	
		5 DEC	
		12 DEC	
		19 DEC	
		26 DEC	
		1 JAN	
		8 JAN	
		15 JAN	
		22 JAN	
		29 JAN	
		5 FEB	
		12 FEB	
		19 FEB	
		26 FEB	
		5 MAR	
		12 MAR	
		19 MAR	
		26 MAR	
		2 APR	
		9 APR	
		16 APR	
		23 APR	
		30 APR	
		7 MAY	
		14 MAY	
		21 MAY	
		28 MAY	
		4 JUN	
		11 JUN	
		18 JUN	
		25 JUN	
		2 JUL	
		9 JUL	
		16 JUL	
		23 JUL	
		30 JUL	
		6 AUG	
		13 AUG	
		20 AUG	
		27 AUG	
		3 SEPT	
		10 SEPT	
		17 SEPT	
		24 SEPT	
		1 OCT	
		8 OCT	
		15 OCT	
		22 OCT	
		29 OCT	
		5 NOV	
		12 NOV	
		19 NOV	
		26 NOV	
		3 DEC	
		10 DEC	
		17 DEC	
		24 DEC	
		31 DEC	



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Gluten Free Meatballs *Farm Assured Meatballs served with Rich Tomato Sauce or Rich and Tasty Gravy*

Vegetarian Balls *served with Rich and Tasty Tomato Sauce or Rich and Tasty Gravy* V

Pasta Twists, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Cookie Selection

Early Years options: Apple and Raisin Muffin or Cheese and Crackers Yoghurt with Fruit Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Filled Yorkshire Pudding *Oven Roasted Vegetables and Mixed Beans Served with Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Baton Carrots, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Flapjack

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Tuesday

Pizza Bar – Cheese and Tomato Pizza V *with a selection of toppings including Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V, Gerkins V*

Cheese Puffs *Creamed Potato and Grated Cheese in Light Puff Pastry* V

Jacket Wedges, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Muffin

Early Years options: Banana Muffin or Cheese and Crackers Yoghurt with Fruit or Fresh Fruit

Thursday

Handmade Chicken Goujons *Farm Assured Chicken Strips served with a Sweet and Sour or Tomato Sauce*

Tomato Pasta Bake *Seasonal Vegetables, Lentils and Pasta Twists in a Chef's Tomato Sauce topped with Cheese* V

Boiled Rice, Sliced Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate Sponge and Custard

Early Years options: Chocolate and Pear Cake and Custard or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Friday

Battered Fish *White fillet of Fish coated in a Light Batter or Salmon Star Fish MSC Salmon and Creamed Potato seasoned with a Crispy Crumb*

Quorn Dunkers V

Chips, Couscous, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry Mousse

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Week 2

Monday

Big Breakfast *Farm Assured Sausage, Free Range Scrambled Egg, Baked Beans*

Vegetarian Sausage, Free Range Scrambled Egg V

Potato Smiles, Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal Bread and White Bread

Rice Pudding With Fruit

Early Years options: Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Tuesday

Pizza Bar – Cheese and Tomato Pizza V *with a selection of topping including Ham V, Pineapple V, Peppers V, Sliced Onions V, Sweetcorn V*

Quorn Parcel *Roasted Vegetables and Diced Quorn encased in Puff Pastry* V

Diced Potatoes, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Muffin

Early Years options: Carrot Cake Muffin or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Filled Yorkshire Pudding *Oven Roasted Vegetables and Mixed Beans Served with a Yorkshire Pudding* V

Roast Potatoes, Creamed Potato, Sliced Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Shortbread

Early Years options: Apple and Rasin Muffin or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Thursday

Chicken Curry *Farm Assured Diced Chicken in a Chef's Curry Sauce*

Cheese Puffs *Cheese and Creamed Potato encased in Puff Pastry* V

Boiled Rice or Jacket Wedges, Cauliflower, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Iced Sponge and Custard

Early Years options: Banana Cake and Custard or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered Fish *White fillet of Fish coated in a Light Batter or Jumbo Fish Finger White fillet of Fish coated in Breadcrumbs*

Vegetable Nuggets V

Chips, Couscous, Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry and Vanilla Swirl Mousse

Early Years options: Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Fresh Fruit available daily. All items subject to availability.

Week 3

Monday

Beef Burger *Farm Assured Beef Burger served in a Soft Burger Bun*

Quorn Burger *served in a Soft Burger Bun* V

Jacket Wedges, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Golden Shortbread

Early Years options: Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Tuesday

Pizza Bar – Cheese and Tomato Pizza V *with a selection of toppings including Ham, Pineapple V, Peppers V, Sliced Onions V, Sweetcorn V*

Diced Potatoes, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Muffin

Early Years options: Red Velvet Muffins or Fresh Fruit Salad or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Roasted Vegetable Parcel *Seasonal Vegetables and Mixed Beans encased in Puff Pastry* V

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrot Battons, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Jelly and Cream

Early Years options: Fresh Fruit Salad or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Thursday

Beef Lasagne *Farm Assured Minced Beef Chef's Tomato Sauce layered with Pasta Sheets and a Creamy Sauce topped with Cheese*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Crusty Bread, Sliced Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Swiss Crumble and Custard

Early Years options: Peach and Yoghurt Cake and Custard or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Friday

Battered Fish *White fillet of Fish coated in a Light Batter or Salmon Star Fish MSC Salmon and Mashed Potato seasoned in a Crispy Crumb*

Quorn Dunkers *Tender Quorn pieces in a Light Batter* V

Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream

Early Years options: Cheese or Fruit Scones or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

FUN FOOD FACT

Ripe cranberries bounce like rubber balls

Sandwich Option
Packed lunch available

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!