Download your copy at www.telford.gov.uk/schoolmeals

# to create a better borough **Co-operative Council**

# Let's Dine Primary School Menu April 2024 to March 2025

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JJ9W169

Protect, care and invest

## DID XON KNOMS Free School Meals

orreater

Fish - our fish is MSC accredited

Council, we only use fish from a

sustainable source.

sourced in the UK.

Cheshire.

in line with the Marine Stewardship

Yoghurt - supplied by Village Dairy,

made from wholesome Welsh milk

in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor

Cheese - produced in Nantwich,

Where our food comes from

producers.

Quorn

Knor

Loungs

LLAETH Y LLAN

#### child may also be entitled after Year 2! in Reception, Year 1 and Year 2. Your School Meals are FREE to all children Menu calendar

#### they're in on 31 March 2025. until they finish the phase of schooling (primary or secondary) If your child is eligible for free school meals, they'll remain eligible

you can register your child for FSM if you receive any of these benefits: Free School Meals (FSM) also provides extra funding to your school,

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance

Dried, frozen and chilled goods -

THANK YOU

to our suppliers for their continued

support and helping us with

our special event days

**FAIRTRADE** 

- Rainforest Alliance

HELLMANN'S

Free

Range

sourced locally from Bikold in

Ludlow from a network of local

- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- Customs) that does not exceed £16,190 and have an annual income (as assessed by HM Revenue and
- a further four weeks after they stop qualifying for Working Tax Credit Working Tax Credit 'run-on' - the payment someone may receive for
- a year (after tax and not including any benefits you get) Universal Credit – your household income must be less that £7,400

All information correct at the time of going to print

		MK 3	6 DEC	MK 3	19 1NF
MK 2	ЯЧА Т	MK 5	5 DEC	MK 2	8 <b>1</b> 0F
WK 1	AAM IE	WK 1	25 NOV	WK 1	ו יחר
MK 3	24 MAR	MK 3	18 NOV	MK 3	5 <b>†                                    </b>
MK 2	AAM 71	MK 5	ΛΟΝ ΙΙ	MK 2	NUL 71
MK 1	AAM 01	WK 1	4 NOV	WK 1	
MK 3	AAM 8	MABT AJAH	28 OCT - I	MK 3	NUL 8
MK 2	54 EEB	MK 5	21 OCT	MAAT AJAH - YAM 72	
MABT AJAH	1 - 833 71	WK 1	14 OCT	WK 1	YAM 02
MK 3	40 EEB	MK 3	7 OCT	MK 3	YAM EI
MK 2	3 EEB	MK	30 SEPT	MK 2	YAM 8
MK 1	NAL 72	WK 1	23 SEPT	WK 1	29 APR
MK 3	NAL 02	MK 3	16 SEPT	MK 3	22 APR
MK 2	NAL EF	MK 5	1d3S 6	MK 2	APR
MK 1	NAL 9	MK ↓	2 SEPT	MK ↓	<b>ЯЧА</b> 8
Spring Term 2025		4202 mrəT nmutuA		Summer Term 2024	
	WK 1 WK 3 WK 3 WK 3 WK 3 WK 3 WK 3 WK 3 WK 3	31 МК 3 WK 3   32 JAW WK 3   3 FEB WK 3   3 FEB WK 3   3 FEB WK 3   3 MAR WK 3   3 MAR WK 3	WK12 13.JAN WK2   WK2 13.JAN WK2   WK3 20.JAN WK3   WK3 10 FEB WK2   WK1 10 FEB WK2   WK2 27.JAN WK2   WK3 10 FEB WK2   WK1 10 FEB WK2   WK3 10 FEB WK2   WK3 10 FEB WK2   WK3 10 FEB WK2	SDEC   MK 2     16 SEBL   MK 3     11 NOV   MK 3     14 OCL   MK 3     14 OCL   MK 3     14 OCL   MK 3     153 SEBL   MK 1     10 EEB   MK 3     10 LEB   MK 3     14 NOX   MK 3     153 SEBL   MK 1     16 EEB   MK 3     17 NOX   MK 3     18 NK 3   SO NAM     19 SEBL   MK 4     10 MK 3   MK 3     10 MK 3   MK 3     10 MK 3   MK 3     10 MK 3   MK 4     10 MK 3   MK 3     10 MK 3   MK 3     10 MK 3   MK 3     10 MK 3   MK 4     10 MK 3   MK 3     10 MK 3   MK 4     10 MK 3   MK 3     10 MK 3   MK 3	WK1   2 SEPT   WK 1   2 SEPT   WK 1   3 SEPT   WK 2     WK1   25 DEC   WK 3   31 MAR   WK 3     WK1   25 DEC   WK 3   31 MAR   WK 3     WK1   25 SEPT   WK 3   31 MAR   WK 3     WK3   11 NOV   WK 3   31 MAR   WK 3     WK3   10 OCT   WK 3   31 MAR   WK 3     WK3   10 OCT   WK 3   31 MAR   WK 3     WK3   10 OCT   WK 3   31 MAR   WK 3     WK3   10 FEB   WK 3   WK 3   WK 3     WK4   10 OCT   WK 3   10 FEB   WK 3     WK4   14 OCT   WK 4   10 MAR   WK 3     WK4   14 OCT   WK 4   10 MAR   WK 3     WK4   14 OCT   WK 4   WK 3   WK 3     WK4   14 OCT   WK 4   WK 3   WK 3     WK4   10 DEE   WK 4   WK 3   WK 3     WK4   14 OCT   WK 4   WK 3   WK 3     WK4   10 DEE

Fresh Fruit, Salads and Vegetables -

selected by Rowlands in Shrewsbury.

based in Welshpool make our award

winning sausages, gluten free meat

balls and 70% natural Beef Burgers.

They are reduced fat, reduced salt

flavourings.

coloured yolk.

and free from artificial colourings and

**Eggs** - we only use Free Range eggs

Eggs a family run business. The hens

sourced locally to give a rich golden

We're working with our schools to

sandwiches and wraps are plant

based and fully compostable.

increase our use of sustainable items. All of our disposable packaging for

which are supplied by Clun Farm

are fed high quality food which is

The Welsh Sausage company -

#### www.telford.gov.uk/freeschoolmeals

16 DEC WK 1

## We Oven Bake in preference to Frying.

requirements, medical or cultural. endeavour to eater for special dietary and a Vegan option where possible. We We offer a Vegetarian option as atandard 4

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through the Eatwell Project. are developed with children esone of our menu choices

vnane and hospices throughout the country. to improve the quality of life of sick children in Our Wallace and Gromit pasta meals raise funds

## STUBUI ANO

Wood Primary

Government Food Standards. our kitchens daily and comply with the ni bərsqərq yldsərf ərs zlsəm ruo IIA 🚺

Fresh Fruit daily. Me provide a choice of Vegetables, Salad and

symbol. Contact your school office for more info to a hot meal, look out for the Sandwich Bar a healthy sandwich choice as an alternative At our schools with a Sandwich Bar, we offer

supporting the national obesity strategy. ,tsY bus reguS ni wol ərs zəqiəər 1uO 🚹

.noitsreneg vehicle fuel or for power and energy filtered and processed into biofuel for use , We recycle our Rapeseed Oil. It is cleaned, 🐻

S020 | INNOVATION





Vegetarian Ve Vegan Halal

MEEZ

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## 'Aiming high, growing dreams'

## Monday

**Cheese and Tomato Topped Pizza** with chef choice of Meat selection on a Thin Crispy Base

Cheese and Tomato Topped Pizza with Vegetables on a Thin Crispy Base V H

Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

**Chocolate Shortbread** 

## Tuesday

Chicken Tikka Massala Farm Assured Chicken or Chicken Tikka Massala Tender pieces of Chicken in a Chef's Massala Sauce H

Macaroni Cheese Macaroni Pasta in a Chef's Creamy Cheese Sauce V H

Savoury Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Garlic Bread

Fruit Crumble and Custard

## Wednesday

Traditional Roast with a Rich and Tasty Gravy Farm Assured Sliced Meat or Roast Chicken H

**Oven Roasted Vegetables and** Beans served in a Yorkshire Pudding VН

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Chocolate and Vanilla Swirl Mousse or Strawberry and Vanilla Swirl Mousse

## Thursday

Hotdog Sausage served in a Soft White Finger Roll or Lamb Sausage

#### Vegetarian Sausage V H

Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Lemon Drizzle Cake

#### Sandwich Friday

Fish Finger Fillet of Fish Coated in Crispy Breadcrumbs H or Salmon Fishcake H

#### Quorn Nuggets V H

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection. Bread Selection

Fruit Jelly with a Swirl of Cream



## Monday

Big Breakfast Farm Assured Pork Sausage, Middle Back Bacon or Lamb Sausage H

Vegetarian Sausage V H

Potato Waffles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread Selection

**Cookie Selection** 

#### Sandwich luesdav

Taco Day - a Taco with a choice of filling including Spicy Minced Beef H, Creamy Chicken H, BBQ Mixed Bean and Roasted Vegetables V. Cheesy Beans V

**Diced Potatoes, Seasonal** Vegetable Selection, Seasonal Salad Selection, Bread Selection

Strawberry Sponge and Custard

## Wednesday

Traditional Roast with a Rich and Tasty Gravy Farm Assured sliced Meat or Roast Chicken H

Quorn and Vegetable Parcel Diced Quorn and Roast Vegetables encased in Puff Pastry V H

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, **Bread Selection** 

Ice Cream

## Sandwich Bar

#### Available daily by pre order

## Thursday

Chicken Goujons Farm Assured Chicken Strips coated in Breadcrumbs served with BBQ or Chilli Sauce or Chicken Goujons H

#### Quorn Burgers V H

Savoury Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Fruit Topped Cheesecake

### **Designed by**



#### We hope you enjoy our new menu!

## Friday

Fish Finger Fillet of Fish Coated in Crispy Breadcrumbs H or Battered Fillet of Fish White Fillet coated in a light Batter

Cheese Flan Savoury filled Shortcrust Pastry Flan V H

Sandwich

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Fruit Muffin Selection

## Monday

'eech

Beef Bolognaise Farm Assured Minced Beef or Lamb cooked in a Rich Tomato based Sauce H or Lamb Bolognaise H

Quorn Bolognaise Seasonal Vegetables and Quorn Mince cooked in a Rich Tomato based Sauce V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

**Cookie Selection** 

#### Sandwich Tuesday

Chicken Nuggets Individual Shaped Chicken Pattie coated in Crispy Batter H

Veggie Nuggets Individual Shaped Pattie coated in Breadcrumbs V

**Diced Potatoes, Seasonal** Vegetable Selection, Seasonal Salad Selection, Bread Selection

Chocolate Sponge and Custard

#### Sandwich Wednesday

Toad in the Hole Sausage or Sausage H served in a Yorkshire Pudding with a Rich and Tasty Gravy

Vegetarian Sausage served in a Yorkshire Pudding with a Rich and Tasty Gravy V

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Jelly with a Swirl of Cream

#### **FUN FOOD FACTS**

emons float, but limes sink ... and ripe ranberries bounce like rubber balls

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Frida Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

#### Sandwick **Thursday**

Chicken Balti Farm Assured Chicken in a Chef's Balti Sauce or Chicken Balti Tender pieces of Chicken in a Chef's Balti Sauce H

Quorn Dippers Quorn pieces coated in a light batter and baked V

Savoury Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Jam Tart and Cream

Sandwich Bar

## Pridav

Battered Fillet of Fish H White Fillet coated in a light Batter or Fish Finger H Fillet of Fish Coated in Crispy Breadcrumbs

Cheese Flan Savoury filled Shortcrust Pastry Flan V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Ice Cream



FUN FOOD FACTS

Rhubarb grows so quickly that you can hear it.