

14 JUL	WK 2	15 DEC	WK 2
7 JUL	WK 1	8 DEC	WK 1
30 JUN	WK 2	1 DEC	WK 2
23 JUN	WK 1	24 NOV	WK 1
16 JUN	WK 2	17 NOV	WK 2
9 JUN	WK 1	10 NOV	WK 1
2 JUN	WK 2	3 NOV	WK 2
26 MAY - HALF TERM		27 OCT - HALF TERM	
19 MAY	WK 2	20 OCT	WK 2
12 MAY	WK 1	13 OCT	WK 1
5 MAY	WK 2	6 OCT	WK 2
28 APR	WK 1	29 SEPT	WK 1
21 APR	WK 2	22 SEPT	WK 2
14 APR	WK 1	15 SEPT	WK 1
7 APR	WK 2	8 SEPT	WK 2
31 MAR	WK 1	1 SEPT	WK 1
24 MAR	WK 2	25 AUG	WK 2
17 MAR	WK 1	18 AUG	WK 1
10 MAR	WK 2	11 AUG	WK 2
3 MAR	WK 1	4 AUG	WK 1
26 FEB	WK 2	27 JUL	WK 2
19 FEB	WK 1	20 JUL	WK 1
12 FEB	WK 2	13 JUL	WK 1
5 FEB	WK 1	6 JUL	WK 2
29 JAN	WK 2	30 JUN	WK 1
22 JAN	WK 1	23 JUN	WK 2
15 JAN	WK 2	16 JUN	WK 1
8 JAN	WK 1	9 JUN	WK 2
1 JAN	WK 2	2 JUN	WK 1
25 DEC	WK 1	19 MAY	WK 2
18 DEC	WK 2	12 MAY	WK 1
11 DEC	WK 1	5 MAY	WK 2
4 DEC	WK 2	28 APR	WK 1
27 NOV	WK 1	21 APR	WK 2
20 NOV	WK 2	14 APR	WK 1
13 NOV	WK 1	7 APR	WK 2
6 NOV	WK 2	31 MAR	WK 1
30 OCT	WK 1	24 MAR	WK 2
23 OCT	WK 2	17 MAR	WK 1
16 OCT	WK 1	10 MAR	WK 2
9 OCT	WK 2	3 MAR	WK 1
2 SEPT	WK 1	26 FEB	WK 2
26 AUG	WK 2	19 FEB	WK 1
19 AUG	WK 1	12 FEB	WK 2
12 AUG	WK 2	5 FEB	WK 1
5 AUG	WK 1	29 JAN	WK 2
28 JUL	WK 2	22 JAN	WK 1
21 JUL	WK 1	15 JAN	WK 2
14 JUL	WK 2	8 JAN	WK 1
7 JUL	WK 1	1 JAN	WK 2

Menu calendar

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Free School Meals

DID YOU KNOW?

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Download your copy at www.telford.gov.uk/schoolmeals



- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

Our menus



Protect, care and invest to create a better borough



Primary School Menu

April 2025 to March 2026



“Individuals working to potential with God”



Let's Dine

V Vegetarian
Ve Vegan
H Halal

Week 1



Week 2



Musical, creative and the arts – Food glorious food!



Monday

Meatballs *served with a Sauce*
Vegetarian Lasagna V
Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Sponge and Custard

Tuesday

Build a Burger – Beef Burger *Farm Assured Beef Burger*
Vegetarian Nuggets V
Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Oat and Honey Cookies

Wednesday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*
Vegetarian Sausage, Free Range Scrambled Egg V
Hash Browns, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread
Vanilla Ice Cream

Thursday

Minced Beef lightly Spiced Tacos *Farm Assured Minced Beef in a Chef's Mild Spiced Sauce*
Mac 'n' Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V
Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Red Velvet Muffin

Friday

Battered Fish *White fillet of fish coated in a light batter*
Cheese and Tomato Pizza V
Chips, Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Bread
Chocolate Crunch

Monday

Chicken Dunkers *Farm Assured Chicken coated in Breadcrumbs*
Vegetarian Sausage Roll V
Jacket Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Cherry and Coconut Cookie

Tuesday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*
BBQ Quorn *Quorn pieces in a Chef's BBQ Sauce* V
Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Chocolate and Orange Sponge and Custard

Wednesday

Sausage Roll *Farm Assured Sausage meat encased in Puff Pastry*
Garlic Pasta Bake V
Diced Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread
Carrot Cake

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Thursday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce* **or Chicken Sweet and Sour** *Farm Assured Chicken in a Chef's Sweet and Sour Sauce*
Quorn Sweet and Sour *Quorn pieces in a Chef's Sweet and Sour Sauce* V
Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Naan Bread
Fruit Salad or Jelly

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* **or Fishcake**
Cheese and Tomato Pizza V
Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread
Bakewell Tart

Respect, Resilience
and Responsibility



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

