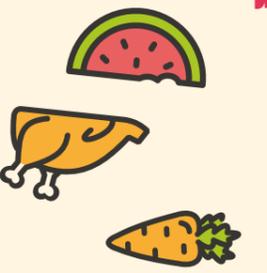


**Menu calendar**

Summer Term 2026	13 APR	WK 1	13 APR	WK 1
Autumn Term 2026	14 SEP	WK 1	4 JAN	WK 1
	15 SEP	WK 2	11 JAN	WK 2
	16 SEP	WK 3	18 JAN	WK 3
	20 SEP	WK 1	25 JAN	WK 1
	21 SEP	WK 2	1 FEB	WK 2
	22 SEP	WK 3	8 FEB	WK 3
	26 OCT	WK 1	15 FEB	HALF TERM
	19 OCT	WK 2	22 FEB	WK 2
	26 OCT	HALF TERM	1 MAR	WK 3
	2 NOV	WK 1	8 MAR	WK 1
	9 NOV	WK 2	15 MAR	WK 2
	16 NOV	WK 3	22 MAR	WK 3
	23 NOV	WK 1		
	30 NOV	WK 2		
	7 DEC	WK 3		
	14 DEC	WK 1		
Summer Term 2025	13 JUL	WK 2		
	6 JUL	WK 1		
	29 JUN	WK 3		
	22 JUN	WK 2		
	15 JUN	WK 1		
	8 JUN	WK 3		
	1 JUN	WK 2		
	25 MAY	HALF TERM		
	18 MAY	WK 3		
	11 MAY	WK 2		
	4 MAY	WK 1		
	27 APR	WK 3		
	20 APR	WK 2		
	13 APR	WK 1		
Spring Term 2027	4 JAN	WK 1		
	11 JAN	WK 2		
	18 JAN	WK 3		
	25 JAN	WK 1		



# Free School Meals

## Did you know?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

[www.telford.gov.uk/freeschoolmeals](http://www.telford.gov.uk/freeschoolmeals)

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

# Let's Dine

## Primary School Menu

APRIL 2026 TO MARCH 2027

# Our menus

## All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Mild Beef Chilli** *Farm Assured Minced Beef in a Mild Chilli Sauce*

**Cheese and Tomato Pizza** *Cheese and Tomato on a Thin and Crispy Base* **V**

Boiled Rice or Potato Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream or Cheese and Crackers

**Early Years options:** Peach and Yoghurt Cake or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

## Tuesday

**Pork Meatballs** *Farm Assured Pork Meatballs served with Gravy*

**Macaroni Cheese** *Macaroni Pasta in a Chef's Creamy Cheese Sauce* **V**

Spaghetti, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Muffins or Fruit Yoghurt

**Early Years options:** Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Shepherdess Pie** *Seasonal Vegetables and Mixed Beans topped in a Rich and Tasty Gravy topped with Creamed Potato* **V**

Roast Potatoes, Creamed Potato, Carrots, Cauliflower, Cabbage, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate Cake and Custard or Cheese and Crackers

**Early Years options:** Chocolate and Pear Cake and Custard or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

## Thursday

**Handmade Chicken Dippers** *Farm Assured Chicken coated in Natural Breadcrumbs served with BBQ or Tomato Sauce*

**Quorn Dippers** **V**

Boiled Rice or New Potatoes, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Flapjack or Fruit Yoghurt

**Early Years options:** Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

## Friday

**Salmon Star Fish** *MSC Salmon and Mashed Potato seasoned in a Crispy Crumb* or **Battered Fish** *White fillet of Fish coated in a Light Batter*

**Vegetable and Bean Parcel** *Roasted Vegetables and Mixed Beans in a Puff Pastry Case* **V**

Chips, Lemon Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Strawberry or Chocolate Mousse or Cheese and Crackers

**Early Years options:** Banana Cake or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

# Week 2

## Monday

**BBQ Chicken** *Farm Assured Chicken served with BBQ Sauce*

**Cheese and Tomato Pizza** *Cheese and Tomato on a Thin and Crispy Base* **V**

Jacket Wedges, Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate Crunch or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Tuesday

**Big Breakfast** *Farm Assured Sausage, Free Range Scrambled Egg, Baked Beans*

**Vegan Sausage** **V Ve**, Free Range Scrambled Egg **V**

Potato Smiles, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream or Fruit Yoghurt

**Early Years options:** Red Velvet Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Sweet Potato and Red Pepper Bake** **V**

Roast Potatoes, Creamed Potato, Cabbage, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Lemon Cake and Custard or Cheese and Crackers

**Early Years options:** Lemon and Mandarin Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Thursday

**Chicken Curry** *Farm Assured Chicken in a Chef's Mild Curry Sauce*

**Cheese and Tomato Pasta Bake** *Pasta Twists in a Chef's Tomato Sauce topped with Grated cheese* **V**

Boiled Rice, Carrots, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Strawberry or Chocolate Mousse or Fruit Yoghurt

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter* or **Jumbo Fish Finger** *White fillet of Fish coated in Breadcrumbs*

**Homemade Vegetable and Mixed Bean Roll** *Mixed Bean, Butternut Squash, Mushrooms and Onions wrapped in Puff Pastry* **V**

Chips, Lemon Couscous, Sweetcorn, Mushy Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Raspberry Buns or Cheese and Crackers

**Early Years options:** Apple and Raisin Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

# Week 3

## Monday

**Beef Bolognese** *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

**Cheese and Tomato Pizza** *Cheese and Tomato on a Thin and Crispy Base* **V**

Pasta Twists, Carrots, Broccoli, Seasonal Salad Selection, Homemade Bread Selection

Biscuit Selection or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Tuesday

**Beef Burger** *Farm Assured Minced Beef Burger served in a Soft Bap*

**Quorn Burger** *served in a Soft Bap* **V**

Jacket Wedges, Garden Peas, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection

Banana Muffin or Fruit Yoghurt

**Early Years options:** Banana Muffins or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

**Pasta Neapolitan** *Pasta Twists in a Chef's Rich Tomato Sauce topped with Cheese* **V Ve**

Roast Potatoes, Creamed Potato, Cabbage, Carrots, Cauliflower, Seasonal Salad Selection, Homemade Bread Selection

Fruit Crumble and Custard or Cheese and Crackers

**Early Years options:** Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Thursday

**Handmade Chicken Goujons** *Farm Assured Chicken served BBQ Sauce or Curry Sauce*

**Quorn Dippers** *served BBQ Sauce or Curry Sauce* **V**

Boiled Rice or Diced Potatoes, Sweetcorn, Broccoli, Seasonal Salad Selection, Homemade Bread Selection

Strawberry or Chocolate Mousse

**Early Years options:** Fruit Yoghurt or Scones – Fruit or Cheese or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter* or **Jumbo Fish Finger** *White fillet of Fish coated in Breadcrumbs*

**Cheese Flan** *Grated Cheese, Milk and Egg in a short crust Pastry Base* **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection

Fruit Muffins or Cheese and Crackers

**Early Years options:** Carrot Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

**FUN FOOD FACT**

**Ripe cranberries bounce like rubber balls**

**Sandwich Option**  
Packed lunch available

**FUN FOOD FACT**

**Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!**

Fresh Fruit available daily. All items subject to availability.