

15 JUL	WK 3	16 DEC	WK 1
8 JUL	WK 2	9 DEC	WK 3
1 JUL	WK 1	2 DEC	WK 2
24 JUN	WK 3	25 NOV	WK 1
17 JUN	WK 2	18 NOV	WK 3
10 JUN	WK 1	11 NOV	WK 2
3 JUN	WK 3	4 NOV	WK 1
27 MAY - HALF TERM		28 OCT - HALF TERM	
20 MAY	WK 1	21 OCT	WK 2
13 MAY	WK 3	14 OCT	WK 1
6 MAY	WK 2	7 OCT	WK 3
29 APR	WK 1	30 SEPT	WK 2
22 APR	WK 3	23 SEPT	WK 1
15 APR	WK 2	16 SEPT	WK 3
8 APR	WK 1	9 SEPT	WK 2
Summer Term 2024		2 SEPT	WK 1
13 JAN	WK 2	6 JAN	WK 1
20 JAN	WK 3	Spring Term 2025	
27 JAN	WK 1		
3 FEB	WK 2		
10 FEB	WK 3		
17 FEB - HALF TERM			
24 FEB	WK 2		
3 MAR	WK 3		
10 MAR	WK 1		
17 MAR	WK 2		
24 MAR	WK 3		
31 MAR	WK 1		
7 APR	WK 2		

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The 'Guarantee' element of State Pension Credit
 - Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190
 - Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
 - Universal Credit – your household income must be less than £7,400
- All information correct at the time of going to print

our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

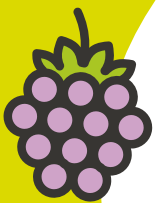
Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2024

to

MARCH

2025

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Pork Meatballs served with a Rich Gravy

Quorn Balls served with a Tasty Gravy **V**

Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Tuesday

Chicken Pieces served in a Sweet and Sour Sauce

Quorn Pieces served in a Sweet and Sour Sauce **V**

Boiled Rice, Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Ice Cream

Wednesday

Roast of the Day Farm Assured Sliced Meat

Vegetable and Bean Bake Seasonal Vegetables and Mixed Beans Pasta Baked in a Rich Tomato Sauce **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fresh Fruit or Yoghurt

Thursday

Macaroni Cheese Macaroni Pasta Baked in a creamy Cheese Sauce

Pasta Neapolitan Pasta Baked in a Rich Tomato Sauce **V**

Sweetcorn, Green Beans, Seasonal Salad Selection, Bread, Garlic Bread

Chocolate Sponge and Custard

Friday

Jumbo Fish Finger White fillet of Fish coated in Breadcrumbs

Vegetarian Fingers **V Ve**

Chips, Creamed Potatoes, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Cookie Selection and Custard

Week 2

Monday

Beef Bolognese Farm Assured Minced Beef in a Rich Tomato Sauce

Vegetarian Bolognese **V**

Pasta Twists, Garden Peas, Carrots, Seasonal Salad Selection, Garlic Bread

Vanilla Ice Cream

Tuesday

Chicken in Tomato Sauce Farm Assured Diced Chicken in a Rich Tomato Sauce

Quorn in Tomato Sauce **V**

Boiled Rice, Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Shortbread Biscuit Selection

Babies - Custard with Banana

Wednesday

Roast of the Day Farm Assured Sliced Meat served with a Tasty Gravy

Vegetable and Mixed Bean Crumble **V Ve**

Creamed Potato, Roast Potatoes, Broccoli, Carrots, Seasonal Salad Selection, Bread

Iced Sponge Cake

Thursday

Cottage Pie Farm Assured Minced Beef in a Rich Gravy topped with Creamy Mash

Shepherdess Pie Seasonal Vegetables served in a Rich Gravy topped with Creamy Mash **V Ve**

Sweetcorn, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Bread

Fruit Crumble and Custard



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Battered fillet of Fish White fillet of Fish coated in a Light Batter served with Parsley Sauce

Vegetarian Fingers **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Fruit Topped Cheesecake

Week 3

Monday

Mild Beef Chilli Farm Assured Minced Beef in a Rich and Mild Chili Sauce

Vegetable and Bean Mild Chilli Seasonal vegetables and Mixed Beans in a Mild Chilli Sauce **V**

Boiled Rice, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Tuesday

Chicken Pie Farm Assured Diced Chicken in Tasty Gravy

Quorn Pie Quorn pieces in a Tasty Gravy topped with Puff Pastry **V**

Baby New Potatoes, Green Beans, Sweetcorn, Seasonal Salad Selection, Bread

Carrot Cake

Wednesday

Roast of the Day Farm Assured Sliced Meat served with a Tasty Gravy

Vegetable and Bean Hotpot **V**

Creamed Potato, Roast Potatoes, Carrots, Broccoli, Seasonal Salad Selection, Bread

Fruit Sponge and Custard

Thursday

Beef Lasagne Farm Assured Minced Beef in a Rich tomato Sauce

Vegetarian Lasagne Seasonal Vegetables in a Rich Tomato Sauce **V**

Sweetcorn, Farmhouse Vegetables, Seasonal Salad Selection, Garlic Bread

Selection of Cookies

Friday

Jumbo Fish Finger White fillet of Fish coated in Breadcrumbs or Fishcake

Cheese and Potato Bake Creamed Potato, Grated Cheese topped with Sliced Tomato **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

FUN FOOD FACT

Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.

FUN FOOD FACT

RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.