

V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Monday

Pork Sausage *Farm Assured Pork Sausage served with a Tasty Gravy*
Vegetarian Sausage *Vegetarian Sausage served with a Tasty Gravy* **V**
Creamed Potato, Carrots, Garden Peas, Seasonal Salad Selection, Bread Selection
Fruity Muffin
TEA Filled Pitta Pockets and Fresh Fruit

Tuesday

Bolognaise Pasta Bake *Minced Beef, Pasta Twists and Tasty Tomato Sauce*
Quorn Bolognaise Bake *Quorn Mince in a Tasty Tomato Sauce with Pasta and topped with Cheese* **V**
Pasta Twists, Farmhouse Vegetables, Seasonal Salad Selection, Bread Selection
Marble Sponge with Custard
TEA Sandwich Selection and Fruit Jelly

Wednesday

Traditional Roast served with a Rich and Tasty Gravy *Farm Assured Sliced Meat*
Vegetable and Pasta Bake *Pasta, Mixed Beans and Vegetables in a Rich Tomato Sauce* **V Ve**
Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Carrots, Seasonal Salad Selection, Bread Selection
Vanilla Ice Cream
TEA Crackers and Soft Cheese and Fruit Yoghurt

Thursday

Tender Chicken Pieces *Farm Assured Chicken Strips served with Curry or Sweet and Sour Sauce*
Quorn Dunkers *Quorn Pieces coated in a light batter and oven baked served with Curry or Sweet and Sour Sauce* **V**
Rice or Jacket Potato Wedges, Sweetcorn, Seasonal Salad Selection, Bread Selection
Fruit Jelly with a Swirl of Cream
TEA Tomato Pasta with Salad and Biscuit Selection

Friday

Battered Fillet of Fish *White Fillet coated in a light Batter or Salmon Fishcake*
Fishless Fish Fingers **V Ve**
Chips, Lemon Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection
Shortbread Selection
TEA Bread with Fruit Preserve and Fresh Fruit

Monday

Pork Meatballs *Farm Assured Gluten Free Pork Meat Balls served with a Tasty Gravy*
Quorn Balls **V**
Pasta Twists, Green Beans, Carrots, Seasonal Salad Selection, Bread Selection
Fruity Flapjack
TEA Filled Pitta Pockets and Fresh Fruit

Tuesday

Pizza *with a selection of toppings including Ham, Pineapple* **V**, *Peppers* **V**, *Mushrooms* **V**
Diced Potatoes, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection
Fruit Sponge and Custard
TEA Sandwich Selection and Fruit Jelly

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat*
Vegetarian Toad in the Hole *Vegetarian Sausage in a Yorkshire Pudding Served with a Tasty Gravy* **V**
Roast Potatoes, New Potatoes, Carrots, Cauliflower, Garden Peas, Seasonal Salad Selection, Bread Selection
Lemon Muffins
TEA Crackers and Soft Cheese and Fruit Yoghurt

Thursday

Big Breakfast *Farm Assured Pork Sausage, Back Bacon, Free Range Scrambled Egg*
Vegetarian Sausage, Free Range Scrambled Egg **V**
Potato Smiles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread Selection
Angel Delight *choose from Strawberry, Banana or Chocolate*
TEA Tomato Pasta with Salad and Biscuit Selection



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Fish Finger *Fillet of Fish coated in a Crispy Breadcrumb or Battered Fillet of Fish* *White Fillet coated in a light batter*
Vegetable Pasta Bake *Pasta, Mixed Beans and Vegetables in a Rich Tomato Sauce* **V**
Chips, Couscous, Garden Peas, Sweetcorn, Seasonal Salad Selection, Bread Selection
Cookie Selection
TEA Bread with Fruit Preserve and Fresh Fruit

Fresh Fruit available daily.
All items subject to availability.

FUN FOOD FACT

RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.

FUN FOOD FACT

Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.