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Bed Equipment

Equipment to assist with transfers from bed

Bed Lever

What is it for? Used to assist someone in and out of bed, something to use for support when turning in bed and used to stabilise someone to stand from their bed.

Warning

In recent years, there has been a warning surrounding this equipment following injuries and deaths recorded. Consequently, careful consideration is made by OT about whether to provide these, whether we can seek an alternative and a risk assessment and ongoing reviews are completed when they are issued.

The main risks with bed levers is an entrapment risk and those with a cognitive impairment have been highlighted as a significant risk.

The fitting of the bed lever is important to the risk, as is ensuring that the bed lever is compatible with the bed frame. The bed lever needs fitting **MORE THAN 318mm or less than 60mm** away from the headboard and there should be no gap between the mattress and bed lever.

Furniture next to the bed can also increase the entrapment risk and is also advised to be moved away from the bed.

It is important to follow the manufacturer's instructions

Considerations?

- This is not a piece of equipment to stop someone from falling out of bed.
- There are different models depending on whether it is a divan or a slatted bed.
- Needs securing to the bed.
- Need to be mindful where this is fitted to avoid entrapment.
- Weight limit of the product.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- Various outlets online

How much is it? £20-£80



What is it for? Used to assist someone from lying down to sitting up and to assist with transfer out of bed.

Considerations?

- This is not used to keep someone propped up for sleeping, but to assist with the transfer.
- Can be noisy so may disturb other occupants in the bedroom.
- Needs charging.
- Weight limits of the product.

Where can I get it from?

Various outlets, may wish to consider trying:

- [Electric Pillow Lifter - Complete Care Shop](#)
- [Mangar Handy Pillowlift - Air-Filled Pillow Lifter without Compressor](#)

How much is it? £300-£750



Leg Lifter

What is it for? Foot slides into the looped end and is held at the other end then used to lift the foot into bed.

Considerations?

- Should not be used if the person has poor skin on their feet or legs.
- It can be difficult to get the foot into the loop.
- Requires good upper body strength.

Where can I get it from?

Various outlets, may wish to consider trying:

- Ableworld (Online or in store at Newport or Shrewsbury)
- [Search: 150 results found for "leg lifter" – Complete Care Shop](#)
- [Leg Lifters, Moving & Handling Aids - Essential AidsSearch: 80 results found for "leg lifter" – Manage At Home](#)
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How much is it? £3 - £10

If you would like an assessment or a conversation about the right equipment for you, please contact the **Family Connect on telephone: 01952 385385 (option 2)** who will take a referral for the Occupational Therapy Team. This may take place at our Independent Living Centre or at home.

The Occupational Therapy Team will not assess for a hospital bed, mattresses or for rails to stop someone from falling out of bed. If you need assistance with this you will need to speak to your GP about a nursing assessment.

We will only assess and provide equipment to assist with the transfer and not for sleeping position, again you will need a health assessment if you are medically required to sleep propped up.

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