

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days

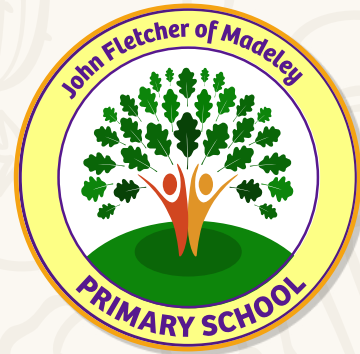


Protect, care and invest
to create a better borough

Let's Dine Primary School Menu

April 2025 to
March 2026

Download your copy at
www.telford.gov.uk/schoolmeals



Our menus



6 We Oven Bake in preference to Frying.

7 We offer a Vegetarian option as standard

and a Vegan option where possible. We

endeavour to cater for special dietary

requirements, medical or cultural.

8 All of our suppliers ensure full

traceability of our Food.

9 Some of our menu choices

are developed with children

through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



generation.

as vehicle fuel or for power and energy

5 We recycle our Rapeseed Oil. It is cleaned,

altered and processed into biofuel for use

4 Our recipes are low in Sugar and Fat,

supporting the national obesity strategy.

3 At our schools with a Sandwich Bar, we offer

a healthy sandwich choice as an alternative

to a hot meal, look out for the Sandwich Bar

symbol. Contact your school office for more info.

2 We provide a choice of Vegetables, Salad and

Fresh Fruit daily.

1 All our meals are freshly prepared in

our kitchens daily and comply with the

Government Food Standards.

Free School Meals DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support

- Income-based Jobseeker's Allowance

- Income-related Employment and Support Allowance

- Support under Part VI of the Immigration and Asylum Act 1999

- The 'Guarantee' element of State Pension Credit

- Child Tax Credit, provided they are not entitled to Working Tax Credit

- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit

- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

www.telford.gov.uk/freeschoolmeals

14 JUL	WK 3	14 JUL	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2	17 NOV	WK 3
9 JUN	WK 1	13 OCT	WK 1	10 NOV	WK 2
2 JUN	WK 3	6 OCT	WK 3	3 NOV	WK 1
26 MAY - HALF TERM		29 SEPT	WK 2	2 OCT - HALF TERM	
19 MAY	WK 1	22 SEPT	WK 1	16 FEB - HALF TERM	
12 MAY	WK 3	15 SEPT	WK 3	9 FEB	WK 3
5 MAY	WK 2	8 SEPT	WK 2	2 FEB	WK 2
28 APR	WK 1	1 SEPT	WK 1	26 JAN	WK 1
Summer Term 2025		Autumn Term 2025		19 JAN	WK 3
				12 JAN	WK 2
				5 JAN	WK 1
				Spring Term 2026	

Menu calendar

V Vegetarian
Ve Vegan
H Halal

1968-2018

Whatever you do,

work at it with all your heart

Week 1

Week 2

Week 3

Sandwich Bar

Monday

Pork Meatballs Farm Assured served with Gravy or Tomato Sauce

Quorn Balls served with Gravy or Tomato Sauce V

Pasta, Broccoli, Carrots, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Sandwich Bar

Tuesday

Jacket Potato served with a choice of filling **Beef Chili, Baked Beans V** or **Grated Cheese V**

Big Seasonal Salad Selection, Bread

Fruit Jelly with a Swirl of Cream

Sandwich Bar

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Vegetable Pie Roasted Seasonal Vegetables and Beans in a Pastry Flan V

Roast Potatoes, Creamed Potato, Sprouts, Carrots, Seasonal Salad Selection, Bread

Chocolate Sponge and Custard

Sandwich Bar

Thursday

Beef Burger Farm Assured Minced Beef Burger or **Hot Dog** Farm Assured Pork Sausage with Onions

Pasta Neapolitan Pasta Twists and Seasonal Vegetables in a Tomato Sauce V

Jacket Wedges, Big Seasonal Salad Selection, Bread

Fresh Fruit Selection

Sandwich Bar

Friday

Jumbo Fish Finger White fillet of fish coated in breadcrumbs or **Fish Cake**

Vegetarian Fingers V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Cake Selection

FUN FOOD FACTS

Potatoes were the first vegetable to be grown in space.

Sandwich Bar

Monday

Beef Bolognese Farm Assured Minced Beef in a Chef's Rich Tomato Sauce

Quorn Bolognese Quorn Mince in a Chef's Rich Tomato Sauce V

Pasta, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Arctic Roll

Sandwich Bar

Tuesday

Big Breakfast Farm Assured Sausage, Bacon, Free Range Scrambled Egg

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Oatcake Biscuits

Sandwich Bar

Wednesday

Traditional Roast of the Day Farm Assured Sliced Meat served with Rich and Tasty Gravy

Vegetable Crumble Seasonal Vegetables and Mixed Beans with a Savoury Crumb topping V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

Jacket Potato Bar

Available daily by pre order

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Sandwich Bar

Thursday

French Bread Pizza – Cheese and Tomato Pizza V with a selection of toppings including **Ham and Pineapple**

Diced Potatoes, Big Seasonal Salad Selection, Bread

Fresh Fruit Selection



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar

Friday

Battered Fish White fillet of fish coated in a light batter or **Fishcake**

Stuffed Jacket Potatoes Jacket Potato topped with Grated Cheddar Cheese V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Sandwich Bar

Available daily by pre order

Sandwich Bar

Monday

Beef Chili Taco's Farm Assured Minced Beef in a Chef's Mild Spiced Tomato Sauce served in a Taco Shell

Vegetable Chili Seasonal Vegetables and Mixed Beans in a Chef's Mild Spiced Tomato Sauce V

Boiled Rice, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Tuesday

BBQ Chicken Bake Farm Assured Chicken in a Chef's BBQ Sauce

BBQ Pulled Quorn Pulled Quorn in a Chef's BBQ Sauce V

Potato Wedges, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Carrot Cake

Sandwich Bar

Wednesday

Pork Sausage Farm Assured Pork Sausage with a Rich and Tasty Gravy

Vegetable Hot Pot Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato V

Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fresh Fruit Selection

Sandwich Bar

Thursday

Chicken Nuggets Farm Assured Chicken

Vegetable Lasagne V or **Quorn Dunkers V**

Diced Potatoes, Big Seasonal Salad Selection, Bread

Eve's Pudding and Custard

Chip Shop Friday

Jumbo Fish Finger White fillet of fish coated in breadcrumbs

Cheesey Potato Bake Creamed Potato and Cheddar Cheese topped with Sliced Tomato V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Sandwich Bar

Chips Fish

FUN FOOD FACTS

A pomegranate can hold up to 1400 seeds.

