



FREE SCHOOL MEALS

DID YOU KNOW?

MENU CALENDAR

Summer Term 2025			Autumn Term 2025		
5 MAY	WK 2	12 JAN	1 SEPT	WK 1	5 JAN
12 MAY	WK 3	19 JAN	15 SEPT	WK 3	12 JAN
19 MAY	WK 1	26 JAN	22 SEPT	WK 1	26 JAN
26 MAY - HALF TERM		2 FEB	29 SEPT	WK 2	2 FEB
2 JUN	WK 3	9 FEB	6 OCT	WK 3	16 FEB - HALF TERM
9 JUN	WK 1	16 JUN	13 OCT	WK 1	23 FEB
16 JUN	WK 2	23 JUN	20 OCT	WK 2	2 MAR
23 JUN	WK 3	30 JUN	27 OCT - HALF TERM	WK 1	9 MAR
30 JUN	WK 1	7 JUL	3 NOV	WK 1	16 MAR
7 JUL	WK 2	14 JUL	10 NOV	WK 2	23 MAR
14 JUL	WK 3		17 NOV	WK 3	
Autumn Term 2025			Spring Term 2026		
1 SEPT	WK 1	5 JAN	1 SEPT	WK 1	5 JAN
8 SEPT	WK 2	12 JAN	8 SEPT	WK 2	12 JAN
15 SEPT	WK 3	19 JAN	15 SEPT	WK 3	19 JAN
22 SEPT	WK 1	26 JAN	22 SEPT	WK 1	26 JAN
29 SEPT	WK 2	2 FEB	29 SEPT	WK 2	2 FEB
6 OCT	WK 3	9 FEB	6 OCT	WK 3	9 FEB
13 OCT	WK 1	16 FEB - HALF TERM	13 OCT	WK 1	16 FEB - HALF TERM
20 OCT	WK 2	23 FEB	20 OCT	WK 2	23 FEB
27 OCT - HALF TERM		2 MAR	27 OCT - HALF TERM		2 MAR
3 NOV	WK 1	9 MAR	3 NOV	WK 1	9 MAR
10 NOV	WK 2	16 MAR	10 NOV	WK 2	16 MAR
17 NOV	WK 3	23 MAR	17 NOV	WK 3	23 MAR
24 NOV	WK 1		24 NOV	WK 1	
1 DEC	WK 2		1 DEC	WK 2	
8 DEC	WK 3		8 DEC	WK 3	
15 DEC	WK 1		15 DEC	WK 1	

www.telford.gov.uk/freeschoolmeals

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!



- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print



Protect, care and invest to create a better borough



Let's Dine

PRIMARY SCHOOL MENU

Be Ready

Be Respectful

Be Safe

April 2025 TO March 2026



- OUR INGREDIENTS** Where our food comes from
- Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.
 - The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.
 - Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.
 - Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.
 - Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.
 - Meat** - our meat is Red Tractor sourced in the UK.
 - Cheese** - produced in Nantwich, Cheshire.
 - Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

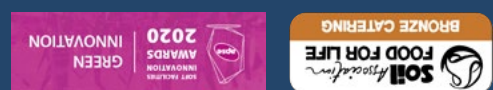
THANK YOU to our suppliers for their continued support and helping us with our special event days



- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Download your copy at www.telford.gov.uk/schoolmeals



V Vegetarian
Ve Vegan
H Halal

WEEK 1

WEEK 2

WEEK 3

Monday

Pork Sausages *Farm Assured Pork Sausages with a Rich and Tasty Gravy*

Vegetarian Sausage V

Creamed Potato and a Mini Yorkshire Pudding

Green Beans, Cauliflower, Seasonal Salad Selection, Bread

Golden Shortbread

Wednesday

Traditional Roast Chicken *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Cheese and Potato Bake V

Roast Potatoes, Creamed Potato, Broccoli, Sweetcorn, Seasonal Salad Selection, Bread

Rice Crispy Cake

Monday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Strawberry and Vanilla Swirl Mousse

Thursday

Hot Dog *Farm Assured Pork Sausage served in a Soft White Bread Roll*

Cheese and Tomato Pizza V

Diced Potatoes, Sweetcorn, Beans, Seasonal Salad Selection, Bread

Iced Sponge Finger with Sprinkles

Monday

Beef Burger *Farm Assured Minced Beef Burger*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Cheesey Cream Sauce* V

Potato Wedges, Pasta, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Thursday

Chicken Dunkers *Farm Assured Chicken*

Cheese and Tomato Pizza V

Herby Diced Potatoes, Green Beans, Peas, Seasonal Salad Selection, Bread

Cornflake Cake

Tuesday

Cheese and Tomato Pizza V

Vegetarian Curry V

Boiled Rice, Potato Wedges, Carrots, Garden Peas, Seasonal Salad Selection, Bread

Muffin Selection

Thursday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Mac 'n' Cheese *Macaroni Pasta in a Chef's Cheesey Cream Sauce* V

Pasta Twists, Creamed Potato, Carrots, Baked Beans, Seasonal Salad Selection, Bread

Chocolate Brownie

Tuesday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Quorn Neapolitan *Quorn with a Chef's Neapolitan Sauce* V

Boiled Rice, Pasta Twists, Sweetcorn, Garden Peas, Seasonal Salad Selection, Naan Bread

Chocolate Sponge and Sauce

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs or Fishcake*

Quorn Nuggets V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Selection of Cookies and Biscuits

Wednesday

Traditional Roast Turkey *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetarian Wedge Bake V

Roast Potatoes, Creamed Potato, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Fruit Cookie Selection

Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs*

Quorn Nuggets V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream



How many smiley faces can you find?

Be Ready

Be Safe

Be Respectful

SANDWICH OPTION

Packed lunch available by preorder

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.