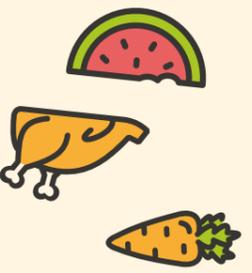


Menu calendar

14 DEC	WK 1	13 JUL	WK 2
7 DEC	WK 3	6 JUL	WK 1
30 NOV	WK 2	29 JUN	WK 3
23 NOV	WK 1	22 JUN	WK 2
16 NOV	WK 3	15 JUN	WK 1
9 NOV	WK 2	8 JUN	WK 3
2 NOV	WK 1	1 JUN	WK 2
26 OCT - HALF TERM		25 MAY - HALF TERM	
19 OCT	WK 2	18 MAY	WK 3
12 OCT	WK 1	11 MAY	WK 2
5 OCT	WK 3	4 MAY	WK 1
28 SEPT	WK 2	27 APR	WK 3
21 SEPT	WK 1	20 APR	WK 2
14 SEPT	WK 3	13 APR	WK 1
7 SEPT	WK 2	Summer Term 2026	
1 SEPT	WK 1	Autumn Term 2026	
15 FEB - HALF TERM		4 JAN	
8 FEB	WK 3	11 JAN	
1 FEB	WK 2	18 JAN	
25 JAN	WK 1	25 JAN	
18 JAN	WK 3	1 FEB	
11 JAN	WK 2	8 FEB	
4 JAN	WK 1	15 FEB - HALF TERM	
Spring Term 2027		22 FEB	
		1 MAR	
		8 MAR	
		15 MAR	
		22 MAR	



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027



V Vegetarian
Ve Vegan
H Halal

Week 1

Week 2

Week 3

Monday

Pizza Bar – Cheese and Tomato Pizza **V** with a selection of toppings including **Ham, Pineapple V, Sliced Onions V, Peppers V, Sweetcorn V**

Diced Potatoes, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal and White Bread,

Fruit Cake Selection

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Tuesday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Veggie Bolognese Pasta Bake *Pasta Twists, Seasonal Vegetables and Mixed Beans in a Chef's Rich Tomato Sauce* **V**

Pasta Twists, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Roasted Vegetables and Mixed Beans served in a Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Carrots, Green Beans, Cauliflower, Seasonal Salad Selection, Wholemeal and White Bread

Carrot Cake

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Thursday

Big Breakfast *Farm Assured Sausage, Scrambled Egg, Baked Beans*

Quorn Sausage, Scrambled Egg **V**

Potato Waffles, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Friday

Battered Fish *White fillet of Fish coated in a Light Batter*

Cheese and Egg Quiche *Grated Cheese and Egg in a Shortcrust Pastry Crust* **V**

Chips, Couscous, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal and White Bread

Apple and Raisin Muffins

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Monday

Big Breakfast *Farm Assured Sausage, Scrambled Egg, Baked Beans*

Quorn Sausage, Scrambled Egg **V**

Potato Waffles, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Wholemeal and White Bread

Fruit Muffin Selection

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Tuesday

Pasta Bar *Pasta twists with a selection of sauces including Chicken in Chef's Rich Tomato Sauce, Tuna and Sweetcorn V, Seasonal Vegetables and Mixed Beans V*

Crusty Bread, Cauliflower, Green Beans, Seasonal Salad Selection, Wholemeal and White Bread, Garlic Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Cauliflower and Broccoli Bake *Cauliflower and Broccoli in a Creamy Cheese Sauce* **V**

Roast Potatoes, Creamed Potato, Green Beans, Carrots, Seasonal Salad Selection, Wholemeal and White Bread

Chocolate and Pear Cake and Custard

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Thursday

Pizza Bar – Cheese and Tomato Pizza **V** with a selection of toppings including **Ham, Pineapple V, Sliced Onions V, Peppers V, Sweetcorn V**

Vegetarian Sausage, Scrambled Egg **V**

Diced Herby Potatoes, Broccoli, Sweetcorn, Seasonal Salad Selection, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Salmon Fish Star *Salmon Star Shape coated in Golden Breadcrumbs*

Cheese and Potato Puffs *Cheese and Creamed Potato in Puff Pastry* **V**

Chips, Roasted Vegetable Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal and White Bread

Carrot Cake

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Monday

Beef Chilli *Farm Assured Minced Beef in a Mild Chilli Sauce*

Vegetable Bolognese *Seasonal Vegetables in a Chef's Tomato Sauce* **V**

Savoury Rice, Pasta Twists, Garden Peas, Sweetcorn, Big Salad Bar, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Tuesday

Macaroni Cheese with Ham *Macaroni Pasta with a Creamy Cheese Sauce*

Vegetable Parcels *Roasted vegetables and Beans in a Chef's Tomato Sauce wrapped in Puff Pastry* **V**

New Potatoes, Green Beans, Carrots, Seasonal Salad Selection, Wholemeal and White Bread

Lemon Cake

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Wednesday

Traditional Roasted Gammon *Farm Assured Sliced Ham*

Quorn pieces and Seasonal Vegetables in a Gravy served with Yorkshire Pudding **V**

Roast Potatoes, Creamed Potato, Broccoli, Cauliflower, Seasonal Salad Selection, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Thursday

Chicken Goujons *Farm Assured Chicken strips in Golden Breadcrumbs*

Quorn Dippers *Quorn in a Tempura Batter* **V**

Jacket Wedges, Garden Peas, Carrots, Seasonal Salad Selection, Wholemeal and White Bread

Banana Cake

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

Friday

Jumbo Fish Finger *Filet of Fish in Golden Breadcrumbs*

Cheese and Potato Pie *Cheese and Creamed Potato in a Short Crust Pastry Base* **V**

Chips, Couscous, Sweetcorn, Baked Beans, Seasonal Salad Selection, Wholemeal and White Bread

Cheese and Crackers or Fruit Yoghurt or Fresh Fruit



Ripe cranberries bounce like rubber balls



Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!

● Fresh Fruit available daily. All items subject to availability. ●