

15 JUL	WK 3	16 DEC	WK 1
8 JUL	WK 2	9 DEC	WK 3
1 JUL	WK 1	2 DEC	WK 2
24 JUN	WK 3	25 NOV	WK 1
17 JUN	WK 2	18 NOV	WK 3
10 JUN	WK 1	11 NOV	WK 2
3 JUN	WK 3	4 NOV	WK 1
27 MAY - HALF TERM		28 OCT - HALF TERM	
20 MAY	WK 1	21 OCT	WK 2
13 MAY	WK 3	14 OCT	WK 1
6 MAY	WK 2	7 OCT	WK 3
29 APR	WK 1	30 SEPT	WK 2
22 APR	WK 3	23 SEPT	WK 1
15 APR	WK 2	16 SEPT	WK 3
8 APR	WK 1	9 SEPT	WK 2
Summer Term 2024		2 SEPT	WK 1
13 JAN	WK 2	6 JAN	WK 1
20 JAN	WK 3	Spring Term 2025	
27 JAN	WK 1		
3 FEB	WK 2		
10 FEB	WK 3		
17 FEB - HALF TERM			
24 FEB	WK 2		
3 MAR	WK 3		
10 MAR	WK 1		
17 MAR	WK 2		
24 MAR	WK 3		
31 MAR	WK 1		
7 APR	WK 2		

Menu calendar



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
- Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL

2024

to

MARCH

2025

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Beef Bolognaise *Farm Assured Mincd Beef in a Chef's Bolognaise Sauce*

Vegetarian Bolognaise V

Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Golden Shortbread

Tuesday

Chicken Dunkers *Farm Assured Chicken coated in Natural Breadcrumbs*

Quorn Dunkers *Quorn pieces coated in a light batter and baked* V

Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Muffin Selection

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat*

Oven Roasted Vegetables and Mixed Beans with a Yorkshire Pudding V

Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Crunch

Thursday

Big Breakfast *Farm Assured Pork Sausage, Bacon*

Vegetarian Sausage V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Friday

Jumbo Fish Finger *Fillet of Fish coated in a Crispy Breadcrumb or Battered Fillet of Fish White Fillet coated in a light batter*

Vegetarian Quiche V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Week 2

Monday

Pizza Bar *Cheese and Tomato Pizza with various toppings*

Jacket Potato V

Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Strawberry Jelly

Tuesday

Gluten Free Meatballs *served with appropriate Sauce*

Vegetarian Balls V

Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge with Sprinkles and Custard

Wednesday

Pork Sausage *Farm Assured Pork Sausage*

Vegetarian Sausage V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread Selection

Strawberry and Vanilla Swirl Mousse or Chocolate and Vanilla Swirl Mousse

Thursday

Wrap Day *A selection of filled floured wraps with various fillings including a Vegetarian option* V

Pasta Twists, Diced Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Muffin Selection

Friday

Battered Fillet of Fish *White Fillet coated in a light batter* or Fish Cake

Cheese and Potato Pie V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Golden Shortbread



eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Week 3

Monday

BBQ Chicken *Farm Assured Chicken*

BBQ Quorn Pieces or Quorn Dunkers *Quorn pieces coated in a light Batter and baked* V

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Muffin Selection

Tuesday

Pizza Bar *Cheese and Tomato Pizza with various toppings* V

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Fudge Cake

Wednesday

Traditional Roast with Rich and Tasty Gravy *Farm Assured Sliced Meat*

Oven Roasted Vegetables and Mixed Beans with a Yorkshire Pudding V

Creamed Potato, Roast Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly and Cream

Thursday

Big Breakfast *Farm Assured Pork Sausage, Bacon*

Vegetarian Sausage V

Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Angel Delight Dessert

Friday

Battered Fillet of Fish *White Fillet Coated in a light Batter or Jumbo Fish Finger*

Vegetable Quiche V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Golden Shortbread



Lemons float, but limes sink...
and ripe cranberries bounce like rubber balls.



RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.