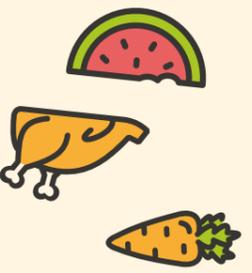


Menu calendar

14 DEC	WK 1	13 JUL	WK 2
7 DEC	WK 3	6 JUL	WK 1
30 NOV	WK 2	29 JUN	WK 3
23 NOV	WK 1	22 JUN	WK 2
16 NOV	WK 3	15 JUN	WK 1
9 NOV	WK 2	8 JUN	WK 3
2 NOV	WK 1	1 JUN	WK 2
26 OCT - HALF TERM		25 MAY - HALF TERM	
19 OCT	WK 2	18 MAY	WK 3
12 OCT	WK 1	11 MAY	WK 2
5 OCT	WK 3	4 MAY	WK 1
28 SEPT	WK 2	27 APR	WK 3
21 SEPT	WK 1	20 APR	WK 2
14 SEPT	WK 3	13 APR	WK 1
7 SEPT	WK 2	Summer Term 2026	
1 SEPT	WK 1	Autumn Term 2026	
15 FEB - HALF TERM		4 JAN	
8 FEB	WK 3	11 JAN	
1 FEB	WK 2	18 JAN	
25 JAN	WK 1	27 APR	
18 JAN	WK 3	4 MAY	
11 JAN	WK 2	13 APR	
4 JAN	WK 1	20 APR	
Spring Term 2027		27 APR	
		29 JUN	
		6 JUL	
		13 JUL	



Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Our menus

All the good stuff

Download your copy at www.telford.gov.uk/schoolmeals



- 1 We Oven Bake in preference to Frying.
- 2 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 3 All of our suppliers ensure full traceability of our Food.
- 4 Some of our menu choices are developed with children through the Eatwell Project.

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council
Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Chicken in Tomato Sauce *Farm Assured Diced Chicken in a Chef's Tomato Sauce*

Roasted Vegetables and Mixed Beans *Seasonal Roasted Vegetables and Mixed Beans in a Chef's Tomato Sauce* V

Pasta Twists, Garden Peas, Baked Beans, Seasonal Salad, Wholemeal Bread and White Bread

Fresh Fruit Salad or Fresh Fruit or Cheese and Crackers, Yoghurt and Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Filled Yorkshire Pudding *Seasonal Vegetables and Mixed Beans in a Yorkshire Pudding served with Rich and Tasty Gravy* V

Creamed Potato, Carrots, Cauliflower, Seasonal Salad, Wholemeal Bread and White Bread

Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Pasta Neapolitan *Pasta Twists and Lentils in Chef's Tomato Sauce* V

Green Beans, Sweetcorn, Seasonal Salad, Wholemeal Bread and White Bread

Banana Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Thursday

Chicken Curry *Farm Assured Diced Chicken pieces Served in Chef's Korma Sauce*

Vegetable Curry *Roasted Vegetables and Lentils served in a Chefs Korma* V

Boiled Rice, Broccoli, Green Beans, Seasonal Salad, Wholemeal Bread and White Bread, Naan Bread

Peach and Yoghurt Cake or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Fish Finger *Fillet of Fish coated in crispy Breadcrumbs* or **Battered Fish** *Fillet of Fish coated in crispy Breadcrumbs*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Vegetable Couscous, Sweetcorn, Garden Peas, Mushy Peas, Seasonal Salad, Wholemeal Bread and White Bread

Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Week 2

Monday

Beef Bolognese *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Tomato Pasta Bake *Seasonal Vegetables, Lentils and Pasta Twists in a Chef's Tomato Sauce topped with Cheese* V

Pasta Twists, Sweetcorn, Peas, Seasonal Salad, Wholemeal Bread and White Bread, Garlic Bread

Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Thursday

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce*

Vegetable Hot Pot *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato* V

Diced Potatoes, Sweetcorn, Broccoli, Seasonal Salad, Wholemeal Bread and White Bread

Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Chicken Pie *Farm Assured Chicken in a Rich and Tasty Gravy topped with Short Crust Pastry*

Vegetarian Pie *Seasonal Roasted Vegetables and Mixed Beans in Rich and Tasty Gravy topped with Short Crust Pastry* V

Potato Wedges, Peas, Sweetcorn, Seasonal Salad, Wholemeal Bread and White Bread

Apple Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Oven Roasted Vegetables in a Yorkshire Pudding *Seasonal Roasted Vegetables and Mixed Beans served with Rich and Tasty Gravy* V

Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Seasonal Salad, Wholemeal Bread and White Bread

Fresh Fruit Salad or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Battered Fish *Fillet of Fish coated in Crispy Breadcrumbs* or **Salmon Star Fish** *MSC Salmon and Creamed Potato seasoned with a Crispy Crumb*

Roasted Vegetables and Mixed Bean Parcels *Seasonal oven Roasted Vegetables and Mixed Beans in a Puff Pastry Parcel*

Chips, Couscous, Garden Peas, Beans, Seasonal Salad, Wholemeal Bread and White Bread

Red Velvet Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Fresh Fruit available daily. All items subject to availability.

Week 3

Monday

Pork Sausage *Farm Assured Pork Sausage Pattie served with a Rich and Tasty Gravy*

Quorn Sausage *Served with a Rich and Tasty Gravy* V

Creamed Potatoes, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Tuesday

Cottage Pie *Farm Assured Minced Beef in a Rich and Tasty Gravy topped with Creamed Potato*

Shepherdess Pie *Seasonal Vegetables and Mixed Beans topped in a Rich and Tasty Gravy topped with Creamed Potato* V

Green Beans, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Banana Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Frittata *A selection of Fresh Vegetables and Potatoes baked in a Savoury Egg Custard* V

Roast Potatoes, Creamed Potato, Carrots, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Thursday

Handmade Chicken Goujons *Farm Assured Chicken Strips coated in Natural Breadcrumbs served with BBQ or Tomato Sauce*

Sweet Potato and Roasted Pepper Bake V

Pasta Twists, Green Beans, Cauliflower, Seasonal Salad Selection, Wholemeal Bread and White Bread

Carrot Cake Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

Friday

Fish Finger *Fillet of Fish coated in Crispy Breadcrumbs* or **Battered Fish** *Fillet of Fish coated in Crispy Breadcrumbs*

Macaroni Cheese *Macaroni Pasta in a Chef's Creamy Cheese Sauce* V

Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Peach and Yoghurt Cake, Fresh Fruit or Cheese and Crackers or Yoghurt and Fruit

FUN FOOD FACT

Ripe cranberries bounce like rubber balls

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!