MONDAY

Chicken Balti

Chicken pieces cooked in a rich balti sauce.finished with fresh coriander

Sweet Potato & Spinach Dhal

Sweet potato & lentils cooked in a light curry sauce with fresh spinach

Turmeric Flavoured Rice Carrots with Coriander Tender Sweet corn

> Jam Sponge Served with custard

TUESDAY

Minced Beef & Onion Pie

Locally sourced minced beef in a onion gravy finished with a short crust pastry lid

Roasted Vegetable Lasagne

Roasted vegetables cooked in a rich tomato sauce with pasta sheets & a creamy cheese sauce

Local New Potatoes Saute Vegetables & Spinach Steamed Savoy Cabbage

Orange & Cranberry Muffin Served with custard

WEDNESDAY

Roast Pork

Roast Pork Joint served with seasoning, apple sauce & gravy

Cheese & Red Onion Quiche

Free range eggs, red onions & cheddar cheese baked in shortcrust pastry

Crispy Roast Potatoes Garden Peas **Steamed Cauliflower**

Apple & Blackberry Crumble Served with custard

THURSDAY

Fish in a Crispy Batter

Sustainable white fish in a crispy batter served with fresh tartar sauce

Roasted Vegetable Pasta

Roasted vegetables cooked in a tomato sauce bound with pasta topped with cheese

> Steak Cut Chips Tender Sweetcorn **Baked Beans**

Chocolate Chip Sponge Served with custard

FRIDAY

Chicken Fajita's

Cajun chicken pieces cooked with peppers, onions, tomato wrapped in a flour tortilla

Mixed Bean Chilli Casserole

Mixed Beans cooked in a tomato sauce with flavoured rice & chillies

Crispy Potato Wedges Roasted Vegetables Steamed Broccoli Florets

Bread & Butter Pudding Served with custard

Also available daily

Deli-Bar

Step One

Choose one of these

Baquette's

Wraps

Deli Rolls

Step Two

Add fillings

Seasonal Salad **Dressings**

Step Thre

Choose from various fillings

including

Line & Pole Caught Tuna

Flavoured Chicken of the Day

Sliced Meat Selection

Cheddar Cheese

Step Four Pay & enjoy your meal

Jacket Potatoes, Fresh Fruit,

Sandwiches, Pasta Salads

Please see Snack Menu for more choices



