

Spring Term 2026		Autumn Term 2025		Summer Term 2025	
15 DEC	WK 1	1 SEPT	WK 1	28 APR	WK 1
8 DEC	WK 3	8 SEPT	WK 2	5 MAY	WK 2
1 DEC	WK 2	15 SEPT	WK 3	12 MAY	WK 3
24 NOV	WK 1	22 SEPT	WK 1	19 MAY	WK 1
17 NOV	WK 3	29 SEPT	WK 2	26 MAY	HALF TERM
10 NOV	WK 2	6 OCT	WK 3	2 JUN	WK 3
3 NOV	WK 1	13 OCT	WK 1	9 JUN	WK 1
23 JUN	WK 3	20 OCT	WK 2	16 JUN	WK 2
16 MAR	WK 2	27 OCT - HALF TERM		23 JUN	WK 3
9 MAR	WK 1	3 NOV	WK 1	30 JUN	WK 1
2 MAR	WK 3	10 NOV	WK 2	7 JUL	WK 2
16 FEB - HALF TERM		17 NOV	WK 3	14 JUL	WK 3
9 FEB	WK 3	24 NOV	WK 1		
2 FEB	WK 2	1 DEC	WK 2		
26 JAN	WK 1	15 DEC	WK 3		
19 JAN	WK 3				
12 JAN	WK 2				
5 JAN	WK 1				

**Menu calendar**



# Free School Meals

## Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

- If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).
- Free School Meals (FSM) also provides extra funding to your school; you can register your child for FSM if you receive any of these benefits:
  - Income Support
  - Income-based Jobseeker's Allowance
  - Income-related Employment and Support Allowance
  - Support under Part VI of the Immigration and Asylum Act 1999
  - The 'Guarantee' element of State Pension Credit
  - Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
  - Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get)
  - Universal Credit – your household income must be less than £7,400

All information correct at the time of going to print

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU** to our suppliers for their continued support and helping us with our special event days



# Our menus



## All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



- 1 We Oven Bake in preference to Frying.
- 2 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 3 All of our suppliers ensure full traceability of our Food.
- 4 Some of our menu choices are developed with children through the Eatwell Project.

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biodiesel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council  
Protect, care and invest to create a better borough

# Let's Dine

## Primary School Menu

APRIL 2025 TO MARCH 2026



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

# Week 2

# Week 3

**Monday**  
Ham and Pineapple Pizza  
Cheese and Tomato Pizza **V**  
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Muffin Selection

**Wednesday**  
Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*  
Roasted Vegetables and Mixed Beans *served with a Yorkshire Pudding* **V**  
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Golden Shortbread

**Tuesday**  
Beef and Tomato Meatballs *served with a Sauce*  
Vegetarian Balls *served with a Sauce* **V**  
Spaghetti, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Fruit topped Cheesecake

**Thursday**  
Big Breakfast *Farm Assured Sausage, Bacon*  
Vegetarian Sausage, Scrambled Egg **V**  
Hash Browns, Plum Tomatoes, Mushrooms, Baked Beans, Seasonal Salad Selection, Bread  
Fruit Salad

**Friday**  
Battered Fish *White fillet of fish coated in a light batter or White Fillet of Fish coated in breadcrumbs*  
Cheese and Potato Pie **V**  
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Flapjack

**Monday**  
Chicken Dunkers *served with Tomato Sauce*  
Quorn Dunkers *Tender Quorn pieces in a Light Batter* **V**  
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Chocolate Cake and Chocolate Custard

**Tuesday**  
Minced Beef and Onion Pie *Farm Assured Minced Beef and Onion in Gravy topped with Puff Pastry*  
Quorn Mince Pie *Minced Quorn in a Rich Gravy topped with Puff Pastry* **V**  
New Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Jelly with a Swirl of Cream

**Wednesday**  
Traditional Roasted Ham *Farm Assured Sliced Ham*  
Roasted Vegetables and Mixed Beans *served with a Yorkshire Pudding* **V**  
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Golden Shortbread

**Thursday**  
Big Breakfast *Farm Assured Sausage, Bacon*  
Vegetarian Sausage, Scrambled Egg **V**  
Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Bread  
Strawberry and Vanilla Swirl Mousse



**eatwell**  
The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

**Friday**  
Battered Fish *White fillet of fish coated in a light batter or Fishcake*  
Vegetable Quiche **V**  
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Muffin Selection

**Monday**  
Ham and Pineapple Pizza  
Cheese and Tomato Pizza **V**  
Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Fresh Fruit Salad

**Tuesday**  
Chicken Chasseur *Farm Assured Chicken in a Chef's Chasseur Sauce*  
Quorn Chasseur *Quorn pieces in a Chef's Chasseur Sauce* **V**  
Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Jelly with a Swirl of Cream

**Wednesday**  
Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*  
Quorn pieces and Seasonal Vegetables in a Sauce *served with a Yorkshire Pudding* **V**  
Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Apple Crumble and Custard

**Thursday**  
Big Breakfast *Farm Assured Sausage, Bacon*  
Vegetarian Sausage, Scrambled Egg **V**  
Hash Browns, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread  
Flapjack

**Friday**  
Battered Fish *White fillet of fish coated in a light batter or Jumbo Fish Finger*  
Cheese and Egg Flan *Grated Cheese and Egg in a Shortcrust Pastry Crust* **V**  
Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread  
Chocolate Shortbread



Potatoes were the first vegetable to be grown in space.



A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.