

We Will

- Ensure that you have regular health reviews;
- Embed and monitor a new Initial Health Assessment process to improve the quality of health assessments;
- Ensure that Strengths and Difficulties Questionnaires (SDQs) are completed and are available at your health reviews;
- Promote the uptake of health passports for Care Leavers;
- Ensure that the adults you live with understand you by offering appropriate training, to include supporting them to understand that behaviours can be a different way of trying to communicate;
- Continue to develop our placement sufficiency to ensure that you have the right home during your time in care and also as a care leaver;
- Ensure that children in care reviews are held in a timely way with your voice at the centre;
- Ensure that we work with external agencies to ensure you feel safe in your community.



How we will know we have made a difference:

- All children we care for will have a regular health and dental check;
- All children new into care will have a timely initial health check;
- Strength and Difficulties Questionnaires will be available to inform health reviews;
- All care leavers will have access to a health passport and there will be more take up;
- High uptake of training for foster carers to support emotional health and wellbeing;
- More of you will feedback that you like where you live, and will share any concerns to help support change;
- You will have timely reviews and your voice will be visible within the meeting records.

What is Going Well?

- We largely feel safe in our local communities, especially at certain times of day (i.e. in the daytime);
- I feel safe at home so that makes me feel safe in the community too;
- Where I live has CCTV to help ensure the safety of the people who live there;
- Shared lives placement, it's great, like a family home;
- I know there are people there who I can talk to if I don't feel safe. This might differ depending on the situation, e.g. police, friends, staff members, social workers, my PA, Virtual School, Leaving Care team etc.
- I have had some positive interactions with local police in the community – now I am older I can reflect on the reasons why they need to 'stop and search' so I am able to deal with this well, and as a result, I have always been treated with respect.

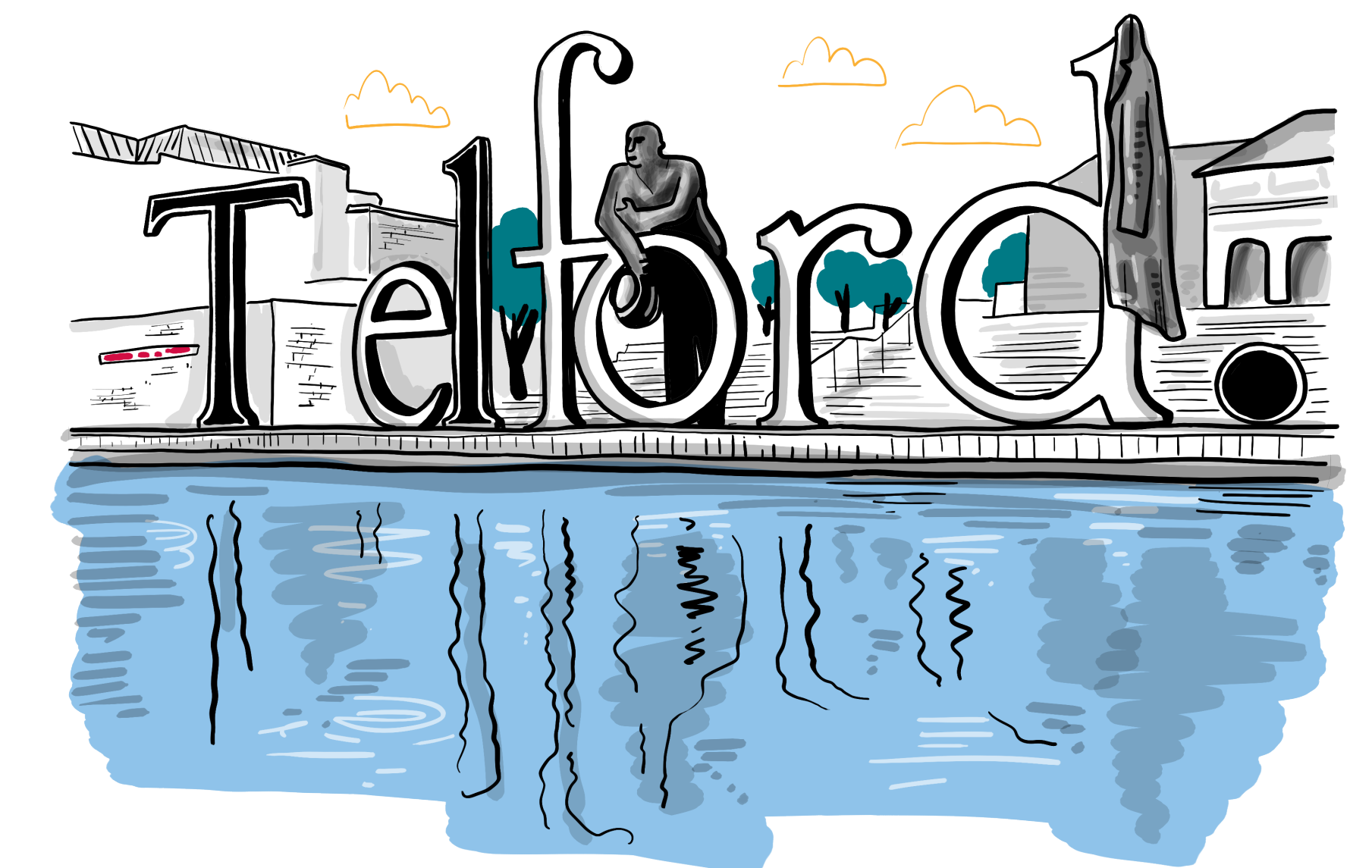
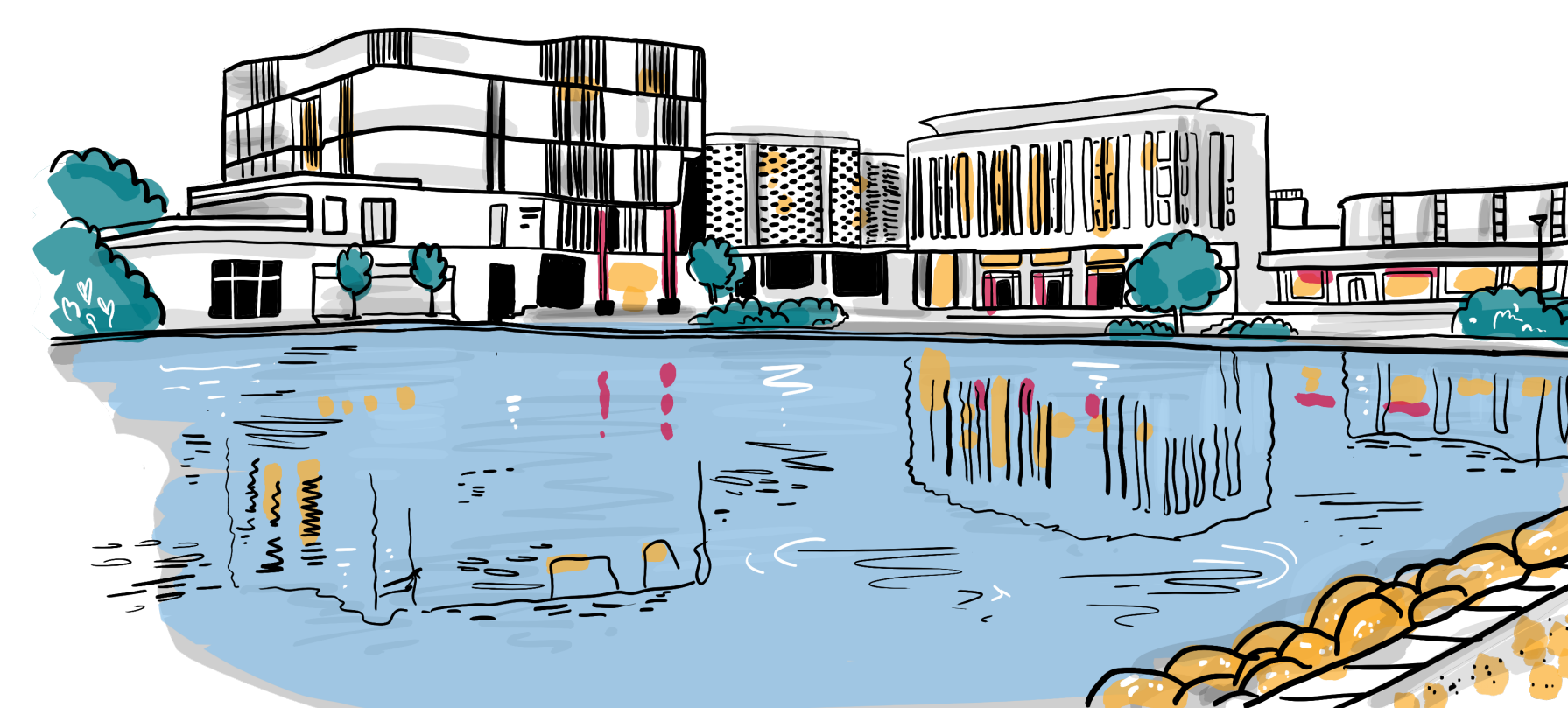
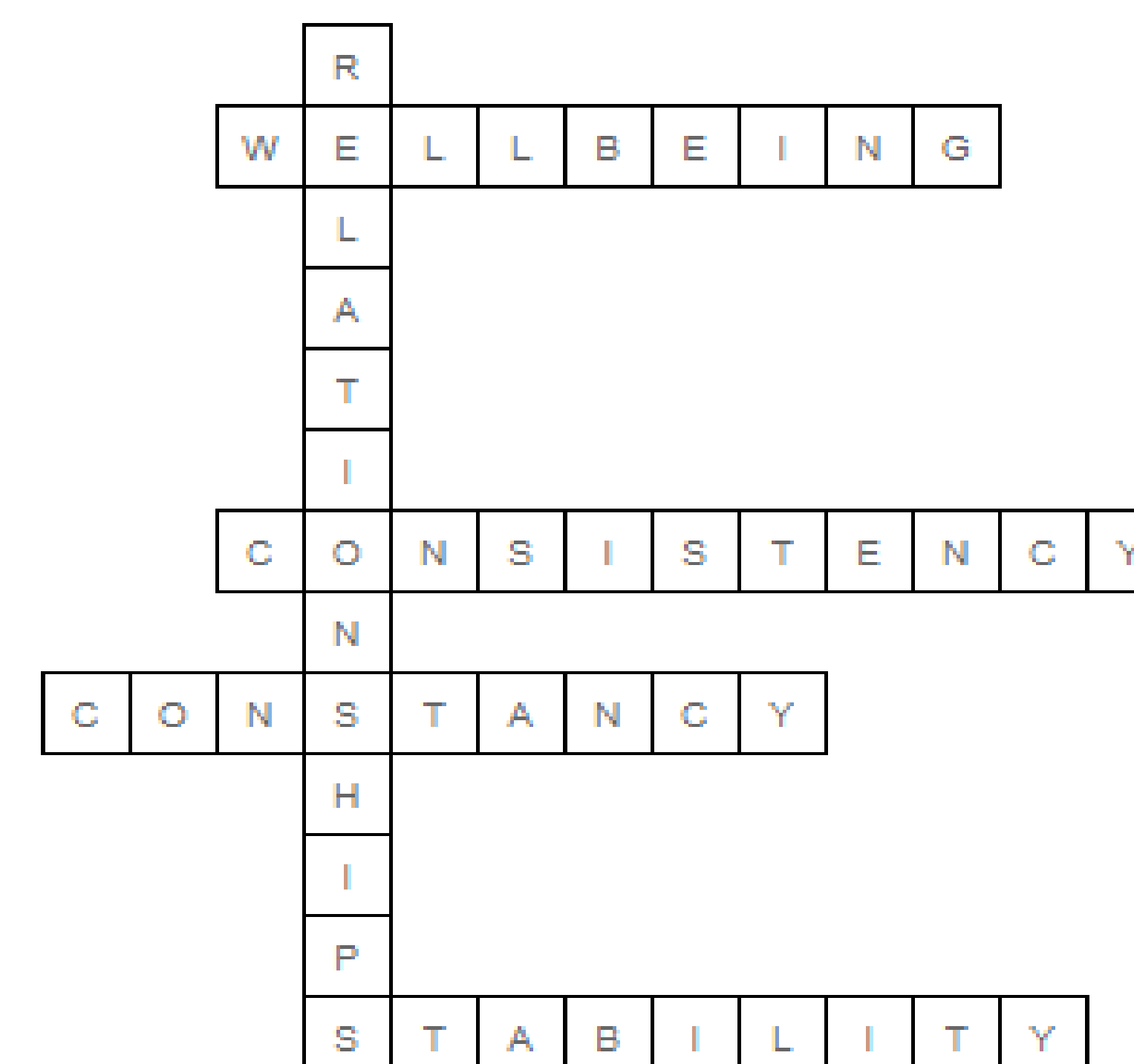


What Messages Do You Want to Pass on to Other Young People?

- Don't be afraid to speak up, if things aren't going well, for example speak to your social worker, PA, VS caseworker, staff members to share any concerns so that things can change for the good – all feedback is welcomed as it helps to drive change!

What Could be Even Better If ...?

- Some areas require more safety measures, e.g. Silkin Way is an area we feel wary of and generally unsafe. There is no CCTV and it is quite sheltered so people can't see what is happening;
- Ensure CCTV in all independent living placements;
- Continue to have CCTV and police presence in areas where there are pubs etc. as people who are intoxicated can be intimidating;
- More discussion around how to stay safe online, and the use of apps such as Life360;
- Police to have more of an understand of trauma and care experience young people – my experience was negative with the police before coming into care, which has made me feel intimidated by them and not supportive;
- Police to take on a supportive, respectful and 'easy-going' approach – to listen to us and show compassion.



What Actions need to be added to the Action Plan?

- To continue to work alongside professionals both with the LA and wider to ensure safety;
- Keep open communication with local police regarding the views of our young people to support them too when it comes to their own training.



What are the Key Messages for The Corporate Parenting Strategic Group?

You've come a long way, support now is better than it used to be, but don't stop at second best, keep developing and making our lives even better.