

Spring Term 2027			Autumn Term 2026			Summer Term 2026		
4 JAN	WK 1	13 APR	WK 1	13 APR	WK 1			
11 JAN	WK 2	20 APR	WK 2	20 APR	WK 2			
18 JAN	WK 3	27 APR	WK 3	27 APR	WK 3			
25 JAN	WK 1	4 MAY	WK 1	4 MAY	WK 1			
1 FEB	WK 2	11 MAY	WK 2	11 MAY	WK 2			
8 FEB	WK 3	18 MAY	WK 3	18 MAY	WK 3			
15 FEB - HALF TERM		25 MAY - HALF TERM		25 MAY - HALF TERM				
22 FEB	WK 2	1 JUN	WK 2	1 JUN	WK 2			
1 MAR	WK 3	8 JUN	WK 3	8 JUN	WK 3			
8 MAR	WK 1	15 JUN	WK 1	15 JUN	WK 1			
15 MAR	WK 2	22 JUN	WK 2	22 JUN	WK 2			
22 MAR	WK 3	29 JUN	WK 3	29 JUN	WK 3			
		6 JUL	WK 1	6 JUL	WK 1			
		13 JUL	WK 2	13 JUL	WK 2			
		20 JUL	WK 3	20 JUL	WK 3			
		27 JUL	WK 1	27 JUL	WK 1			
		3 AUG	WK 2	3 AUG	WK 2			
		10 AUG	WK 3	10 AUG	WK 3			
		17 AUG	WK 1	17 AUG	WK 1			
		24 AUG	WK 2	24 AUG	WK 2			
		31 AUG	WK 3	31 AUG	WK 3			
		7 SEP	WK 1	7 SEP	WK 1			
		14 SEP	WK 2	14 SEP	WK 2			
		21 SEP	WK 3	21 SEP	WK 3			
		28 SEP	WK 1	28 SEP	WK 1			
		5 OCT	WK 2	5 OCT	WK 2			
		12 OCT	WK 3	12 OCT	WK 3			
		19 OCT	WK 1	19 OCT	WK 1			
		26 OCT - HALF TERM		26 OCT - HALF TERM				
		2 NOV	WK 1	2 NOV	WK 1			
		9 NOV	WK 2	9 NOV	WK 2			
		16 NOV	WK 3	16 NOV	WK 3			
		23 NOV	WK 1	23 NOV	WK 1			
		30 NOV	WK 2	30 NOV	WK 2			
		7 DEC	WK 3	7 DEC	WK 3			
		14 DEC	WK 1	14 DEC	WK 1			

## Menu calendar

# Free School Meals DID YOU KNOW?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get) until the end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Download your menu at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

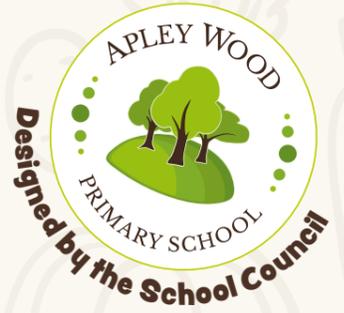
**THANK YOU** to our suppliers for their continued support and helping us with our special event days



Telford & Wrekin Co-operative Council | Protect, care and invest to create a better borough

# Let's Dine Primary School Menu

April 2026 to March 2027



# Our menus

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.



# Week 1



# Week 2



# Week 3

## Sandwich Bar Monday

**Pork Meatballs** *Gluten free Pork Meatballs served in a Tomato Sauce or Lamb meatballs* **H**

**Quorn Meatballs** **V**

**Spaghetti, Green Beans, Mixed Vegetables, Seasonal Salad Selection, Wholemeal and White Bread**

Banana Muffin

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Tuesday

**Taco Bar** *Taco Shell served with a selection of Fillings* **Mild Chilli Beef, Mild Spicy Beans and Cheese** **V**, **BBQ Mix Bean and Roasted Vegetables** **V**, **Tuna and Sweetcorn**

**Boiled Rice, Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal and White Bread**

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Wednesday

**Traditional Roast of the Day** *Sliced meat served with a Rich and Tasty Gravy* or **Chicken** **H**

**Roasted Vegetables and Mixed Beans** *Served in a Yorkshire pudding* **V**

**Roasted New Potatoes, Cauliflower, Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal and White Bread**

Fresh Fruit Salad

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

'TRY ME I'm delicious'



## Sandwich Bar Thursday

**Mince Beef Hot Pot** *served in a Gravy topped with Sliced Potatoes or Lamb Hot Pot* **H**

**Vegetable Parcels** *Roasted Vegetables and Beans in a Chef's Tomato Sauce wrapped in Puff Pastry* **V**

**Sliced Potatoes, Broccoli, Sweetcorn, Cauliflower, Seasonal Salad Selection, Wholemeal and White Bread**

Red Velvet Cake

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Friday

**Salmon Fish Star** *MSC Salmon and Mashed Potato seasoned within a Crispy Crumb* or **Battered Fish** *White fillet of fish coated in Light Crispy Batter*

**Macaroni Cheese** *Macaroni Pasta with a Creamy Cheese Sauce* **V**

**Chips and Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal and White Bread**

Blueberry Yoghurt Cake

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit



## Sandwich Bar Monday

**Cottage Pie** *Minced Beef served in Gravy topped with Creamed Potato* or **Lamb Cottage pie** **H**

**Savoury Muffin** *A Light and Fluffy Muffin with Vegetables, Cheese and a hint of Herbs* **V**

**Creamed Potato, Cauliflower, Carrots, Seasonal Salad Selection, Wholemeal and White Bread**

Carrot Cake Muffins

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Tuesday

**BBQ Chicken** *Farm assured Chicken served in a BBQ sauce* or **Chicken** **H**

**Vegetable and Mixed Bean Parcel** *Roasted Vegetables and Beans in a Chef's Tomato Sauce wrapped in Puff Pastry* **V**

**Boiled Rice, Sweetcorn, Peas, Seasonal Salad Selection, Wholemeal and White Bread**

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Wednesday

**Traditional Roast of the day** *Farm assured sliced meat served with a Tasty gravy* or **Chicken** **H**

**Quorn and Vegetable Stew** *Quorn and Seasonal Vegetable in a Tasty Gravy* **V**

**Roasted New Potatoes, Green Beans, Carrots, Cauliflower, Seasonal Salad Selection, Wholemeal and White Bread**

Chocolate and Pear Cake served with Custard

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Thursday

**Beef Bolognese** *Minced Beef served in a Chef's Tomato Sauce* or **Lamb Bolognese** **H**

**Vegetable and Mixed Bean Lasagne** *Vegetable and Mixed Bean in Tomato Sauce layered with Pasta Sheets and a Creamy Sauce* **V**

**Pasta Twists, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal and White Bread**

Apple Cake

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit



## Sandwich Bar Friday

**Jumbo Fish Finger** *White fillet of Fish coated in Breadcrumbs*

**Roasted Vegetable and Mixed Bean Wrap** *Roasted Vegetable and Bean in a Chef's Tomato Sauce served in Soft Tortilla Wrap* **V**

**Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal and White Bread**

Peach and Yoghurt Cake

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Monday

**Pizza Bar – Cheese and Tomato Pizza** **V** *with a choice of toppings* **Ham, Pineapple** **V**, **Peppers** **V**, **Sliced Onions** **V**, **Sweetcorn** **V**

**Potato Wedges, Sweetcorn, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection**

Selection of Fruit Muffins

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Tuesday

**Chicken Curry** *Tender pieces of Chicken in a Curry Sauce* or **Chicken Curry** **H**

**Vegetable and Mixed Bean Bake** **V**

**Boiled Rice, Green Beans, Sweetcorn, Seasonal Salad Selection, Homemade Bread Selection and Pitta Bread**

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Wednesday

**Traditional Roast of the Day** *Red Tractor Sliced meat served with gravy* or **Chicken** **H**

**Shepherdess Pie** *Seasonal Vegetables and Mixed Beans in a Tasty Gravy topped with Creamed Potato* **V**

**Creamed Potato, Roast Potatoes, Broccoli, Cauliflower, Carrots, Seasonal Salad Selection, Homemade Bread Selection**

Lemon Cake and Custard

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Sandwich Bar Thursday

**Spaghetti Bolognese** *Minced Beef served in a Tomato Sauce* or **Lamb Bolognese** **H**

**Quorn Balls** *served in a Tomato Sauce* **V**

**Spaghetti, Sweetcorn, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection**

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit

## Chip Shop Friday

**Battered Fish** *White Fish Fillet coated in a Tempura Batter*

**Vegetable Pasta Bake** *Vegetables, Mixed Beans and Pasta Twists in a Chef's Tomato Sauce* **V**

**Chips and Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection**

Homemade Fruit Scone

Cheese and Crackers or Fresh Fruit or Natural Yogurt served with Fruit



'We like sausages and bacon'