

# Sikhism

Founded in the Punjab, India in the  
15<sup>th</sup> Century – about 500 years ago.

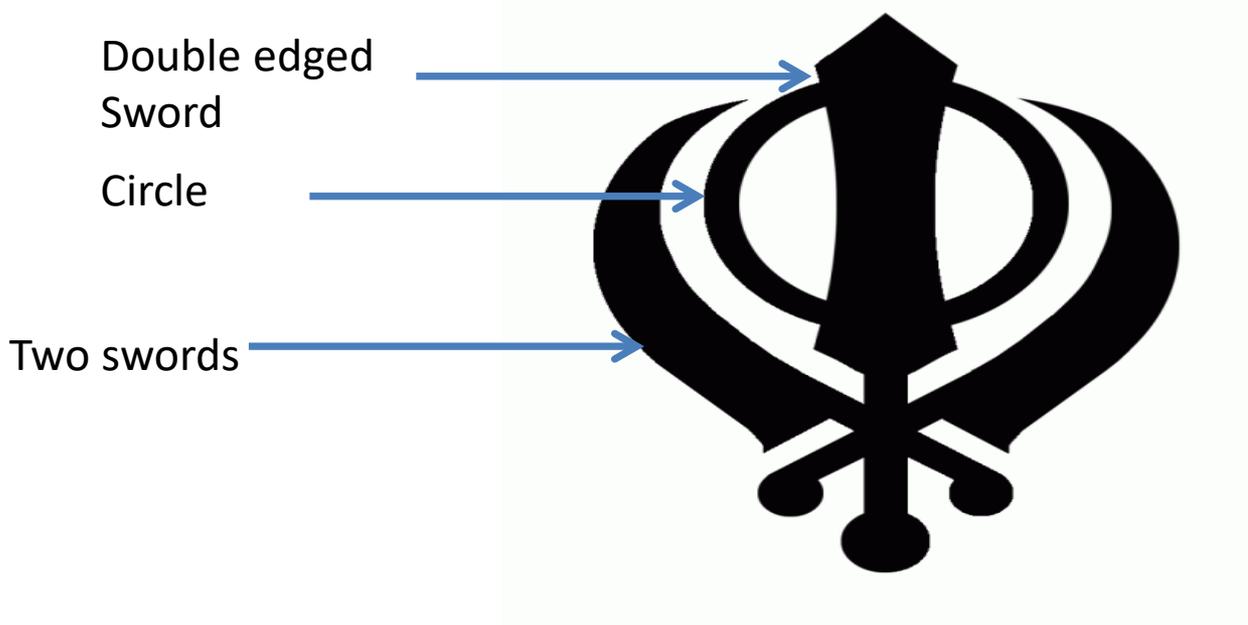
30 Million Sikhs

Sikh means: disciple/follower

# Sikhs believe

- There is only one God
- God is without form, or gender
- Everyone has direct access to God
- Everyone is equal before God
- A good life is lived as part of a community, by living honestly and caring for others
- Empty religious rituals and superstitions have no value

# Sikhs symbol: The Khanda



A circlet represents unity, a sense of being at one with infinity.

Two swords, signify the spiritual and secular forces influencing the soul.

A double edged sword symbolizes the ability of truth to cut through the duality of illusion.

# Sikh Gurus

- Guru means teacher.
- First Guru was Guru Nanak.
- There were 9 others.
- There are no living Gurus now but the Sikhs call their Holy Scriptures, Gurū Granth Sāhib. This is their only Guru.

# 5 K's of Sikhism

- Kesh – not cutting hair.



# 5 K's of Sikhism

- Kara – a steel bracelet



# 5 K's of Sikhism

- Kanga – a comb.



# 5 K's of Sikhism

- Kaccha – shorts



# 5 K's of Sikhism

- Kirpan – ceremonial dagger.



# Sikhism

- Pray
- Work
- Give