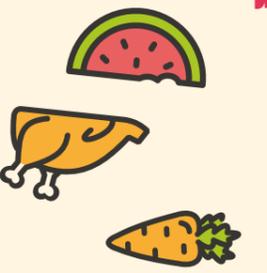


**Menu calendar**

Summer Term 2026	13 APR	WK 1	13 APR	WK 1
Autumn Term 2026	14 SEP	WK 1	4 JAN	WK 1
	15 SEP	WK 2	11 JAN	WK 2
	16 SEP	WK 3	18 JAN	WK 3
	20 SEP	WK 1	25 JAN	WK 1
	21 SEP	WK 2	1 FEB	WK 2
	22 SEP	WK 3	8 FEB	WK 3
	26 OCT	WK 1	15 FEB	HALF TERM
	19 OCT	WK 2	22 FEB	WK 2
	26 OCT	HALF TERM	1 MAR	WK 3
	2 NOV	WK 1	8 MAR	WK 1
	9 NOV	WK 2	15 MAR	WK 2
	16 NOV	WK 3	22 MAR	WK 3
	23 NOV	WK 1		
	30 NOV	WK 2		
	7 DEC	WK 3		
	14 DEC	WK 1		
Summer Term 2025	13 JUL	WK 2		
	6 JUL	WK 1		
	29 JUN	WK 3		
	22 JUN	WK 2		
	15 JUN	WK 1		
	8 JUN	WK 3		
	1 JUN	WK 2		
	25 MAY	HALF TERM		
	18 MAY	WK 3		
	11 MAY	WK 2		
	4 MAY	WK 1		
	27 APR	WK 3		
	20 APR	WK 2		
	13 APR	WK 1		
Spring Term 2027	4 JAN	WK 1		
	11 JAN	WK 2		
	18 JAN	WK 3		
	25 JAN	WK 1		
	1 FEB	WK 2		
	8 FEB	WK 3		
	15 FEB	HALF TERM		
	22 FEB	WK 2		
	1 MAR	WK 3		
	8 MAR	WK 1		
	15 MAR	WK 2		
	22 MAR	WK 3		



# Free School Meals

## Did you know?

**School Meals are FREE** to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need to re-apply to the following eligibility criteria regardless of whether they were previously protected.

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

[www.telford.gov.uk/freeschoolmeals](http://www.telford.gov.uk/freeschoolmeals)

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

# Our menus



All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)



- We Oven Bake in preference to Frying.
- We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- All of our suppliers ensure full traceability of our Food.
- Some of our menu choices are developed with children through the Eatwell Project.

- All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.



Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

# Let's Dine

# Primary School Menu

APRIL 2026 TO MARCH 2027

V Vegetarian  
Ve Vegan  
H Halal

# Week 1

## Monday

**Chicken Curry or Sweet and Sour** *Farm Assured Chicken served with a Chefs Curry or Sweet and Sour Sauce*

**Vegetable and Bean Pasta Bake** *Mixed Beans and Vegetables in a Chefs Tomato sauce topped with Cheese V*

**Boiled Rice, Broccoli, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread, Naan Bread**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Tuesday

**Beef Bolognese** *Farm Assured Mincd Beef Served with a Chef's Tomato Sauce*

**Vegetarian Lasagna** *Layers of pasta, Mixed Beans and Vegetables in Tomato sauce, with white sauce topped with Cheddar Cheese V*

**Pasta Twists, Green Beans, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Chocolate Brownie or Fruit Yoghurt**

**Early Years options:** Red Velvet Cake or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat with a Rich and Tasty Gravy*

**Cauliflower and Broccoli Bake** *Cauliflower and Broccoli in a Creamy Cheese Sauce V*

**Roast Potatoes, Creamed Potato, Carrots, Cabbage, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Ice Cream or Cheese and Crackers**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Thursday

**Chicken Goujons** *Farm Assured Chicken in Golden Breadcrumbs served with BBQ Sauce*

**Quorn Nuggets** *served with BBQ Sauce V*

**Diced Potatoes, Baked Beans, Broccoli, Big Salad Bar inc Colelaw, Potato Salad, Wholemeal Bread and White Bread, Tortilla Wrap**

**Iced Sponge or Fruit Yoghurt**

**Peach and Yoghurt Cake or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit**

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter*

**Cheese and Potato Bake** *Cheddar Cheese and Creamed Potato topped with Sliced Tomatoes V*

**Chips, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Jelly and Cream or Cheese and Crackers**

**Apple and Raisin Muffin or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit**

# Week 2

## Monday

**Pork Sausage** *Farm Assured Pork Sausage with Rich and Tasty Gravy*

**Vegetarian Sausage** *with Rich and Tasty Gravy V*

**Creamed Potato, Garden Peas, Batton Carrot, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Cheese and Crackers or Fruit Yoghurt or Fresh Fruit**

## Tuesday

**Jacket Potato** *served with either Beef Bolognese, Tuna Mayonnaise V, Grated Cheese V, Baked Beans V*

**Maccaroni Cheese** *Maccaroni Pasta in a Chef's Creamy Cheese Sauce V*

**Pasta Twists, Broccoli, Sweetcorn, Big Salad Bar, Wholemeal Bread and White Bread**

**Chocolate Cake and Custard**

**Early Years options:** Chocolate and Pear Cake and Custard or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat with a Rich and Tasty Gravy or Farm Assured Sliced Meat in a Bap*

**Cauliflower and Broccoli Bake** *Cauliflower and Broccoli in a Creamy Cheese Sauce V*

**Roast Potatoes, Creamed Potato, Carrots, Cabbage, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Strawberry or Chocolate Mousse or Cheese and Crackers**

**Early Years options:** Peach Yoghurt Cake or Cheese and Crackers or Fresh Fruit

## Thursday

**Handmade Chicken Goujons** *Farm Assured Chicken Strips with a Chef's Curry or BBQ Sauce*

**Savoury Muffin** *A light and fluffy Muffin with Cheese, Vegetables and a hint of Herbs V*

**Boiled Rice, Roasted Vegetables, Green Beans, Seasonal Salad Selection, Homemade Bread Roll**

**Fruit Muffin or Fruit Yoghurt**

**Early Years options:** Fruit Muffin or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Salmon Star Fish** *MSC Salmon and Creamed Potato seasoned in a Crispy Crumb or Jumbo Fish Finger* *White fillet of Fish coated in Breadcrumbs*

**Quorn Nuggets V**

**Chips, Vegetable Couscous, Baked Beans, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Homemade Ice or Cream Bun or Cheese and Crackers**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

**Fresh Fruit available daily. All items subject to availability.**

# Week 3

## Monday

**Chicken Pasta Bake** *Farm Assured Diced Chicken and Pasta Twists in a Creamy Sauce*

**Vegetable and Bean Parcel** *Roasted Vegetables and Mixed Beans and peppers in a Puff Pastry Case V*

**Baby Potatoes, Crusty Bread, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Cheese and Crackers or Fruit Yoghurt or Fresh Fruit**

## Tuesday

**Cheese and Tomato Pizza V** *with a selection of toppings Ham, Sliced Peppers V, Pineapple V, Mushrooms V, Sliced Onions V, Sweetcorn V*

**Herby Diced Potatoes or Pasta Twists in Tomato Sauce, Sweetcorn, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Lemon Short Bread or Fruit Yoghurt**

**Early Years options:** Lemon and Mandarin Cake or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Meat with a Rich and Tasty Gravy*

**Cauliflower and Broccoli Bake** *Cauliflower and Broccoli in a Creamy Cheese Sauce V*

**Roast Potatoes, Creamed Potato, Cauliflower, Carrots, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Ice Cream or Cheese and Crackers**

**Early Years options:** Banana Muffin or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Thursday

**Chicken Burger** *served in a Burger Bun*

**Quorn Burger** *served in a Burger Bun V*

**Jacket Wedges, Garden Peas, Baked Beans, Big Salad Bar, Burger Bun**

**Chocolate Cake or Fruit Yoghurt**

**Early Years options:** Chocolate and Pear Cake with Custard or Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

## Friday

**Battered Fish** *White fillet of Fish coated in a Light Batter*

**Cheese and Potato Pie** *Creamed Potato and Cheddar Cheese in a pastry base topped with Sliced Tomato V*

**Chips, Lemon Couscous, Sweetcorn, Broccoli, Seasonal Salad Selection, Wholemeal Bread and White Bread**

**Fruit or Chocolate Mousse or Cheese and Crackers**

**Early Years options:** Cheese and Crackers or Fruit Yoghurt or Fresh Fruit

**FUN FOOD FACT**

**Ripe cranberries bounce like rubber balls**

**FUN FOOD FACT**

**Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!**