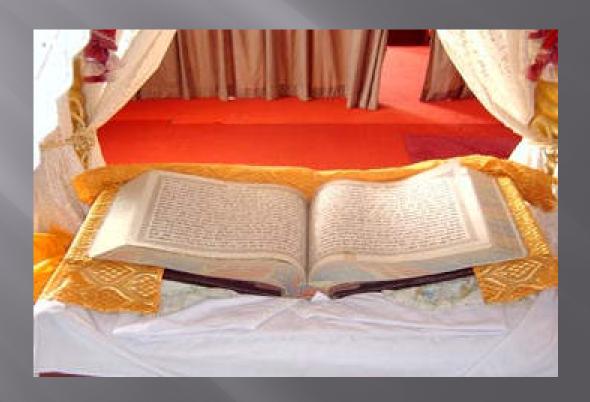
SIKH WEDDINGS



The Guru Granth Sahib gives guidance on how Sikhs should live their life.



- □ Grown-up Sikh boys and girls get married when they are fully able to take on the responsibilities of married life.
- What do you think the responsibilities of marriage are?



Parents and family may help to 'arrange' a wedding but it doesn't always happen.

You don't choose a husband/wife based on how rich they are, what they look like or what race they are.





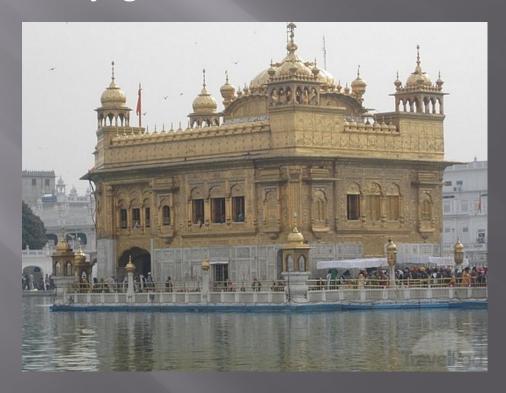
• An engagement may be done before the wedding but not always.

Sikhs aren't allowed to choose a date baany superstitions e.g "my star sign says it is a good date for us to get married on June 21st because then we will have a long happy marriage."

The Wedding

The couple get married in the presence of the Guru Granth Sahib.

Where might they get married?



- Shabads (Sikh hymns) are sung and the boy and the girl sit side by side facing Guru Granth Sahib.
- The girl sits on the left side of the boy.

The couple and their parents (or guardians) stand up and an *Ardaas (prayer)* is offered, seeking the Blessing of *Waheguru* (the Wondrous Giver of Knowledge) for the commencement of the Anand mai



- Any Amritdhari Sikh (man or woman who has practices the prescribed Sikh code in daily life) can perform a marriage ceremony.
- This person tells the couple of the duties of married life according to the Guru's teachings.

He explains what it is like to be husband and wife.



- They accept their obligations by bowing before Guru Granth Sahib.
- The Anand marriage is a sacrament and no document is necessary.
- In the UK we complete a marriage certificate.



- The main ceremony is very simple.
- The bridegroom wears a sash over his shoulder.
- The officiating person reads the four *lavan* (stanzas) from Guru Granth Sahib.

The end of this is placed (by the bride's father, guardian or any other responsible person) in the hands of the bride.



- Music is played.
- Hymns are sung.
- The couple walk slowly around the Guru Granth Sahib with the husband leading the bride.





• Men and women are seen as equal.

