



Outreach Activities

Accompanying adults roles and responsibilities

An Outreach experience for a child will give them the opportunity to develop their independence, provide decision making opportunities and present them with challenges to overcome. Within the team they will develop social skills of trust and reliance as well as developing resilience and experiencing success. The degree of independence that you give the children in your care will vary with age, ability and attitude, but wherever feasible, they should be encouraged to take on responsibility and do their own decision making and organising.

The adult should have a valid DBS, and it is best if they know the students.

Before Session;

- Ensure you have a copy of the group list of names, as well as, medical and contact details.
- Check the group have relevant medicines, clothing and food for the day.
- Check you have relevant medicines, clothing and food for the day.
- Collect any mobile phones, either leave at school or give to your instructor for secure storage.

During session; the instructor will be in charge of the adventure activity session, we do value your presence and supporting role

- Communicate any medical or behavioural information to the instructor.
- Monitor behaviour and effort, if these fall below the expected norm. bring it to the instructor's attention.
- You are the face that children know, and your support can be very effective when they are facing difficult or frightening challenges, to enable them to achieve their potential.
- Try not to get too drawn into the group- they are learning to depend on each other- not us.
- Do not compromise your own safety during activities, for example by trying to assist rock climbers, getting a better photograph, or lifting a canoe alone!
- Assist supervising the students returning the equipment, let them do as much as possible as this is good a learning opportunity, even if it is painful to watch!

After the session;

- Running a review session allows the students more opportunities to learn from the session making the experience a more powerful learning opportunity
- Share observations about the student's strengths, interests etc. with other members of staff on return. There is lots to learn about these young people on these days which is rarely seen in their everyday lives.
- Pass any comments back to us, we are always keen to hear how individuals have benefited, artwork and letters brighten our notice boards. We are also keen to hear about things that we can try to improve for the future.

Child Protection Issues

- We follow T&W policies.
- Raise concerns with your instructor or designated person within your organisation

Personal Protection Issues

- It is often necessary and appropriate to have physical contact with children, but bear in mind any touching of children should be in full view of other adults, with caution and explanation.
- Children should not be alone with an adult for any length of time.
- Be aware of compromising photos, especially from mobile phones.
- Do not give children your phone number.